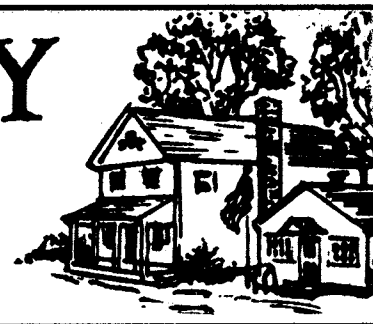


MONTEREY NEWS

August 2019
Est. 1970 Vol. XLVIII · Number 8



Pick up at: the library (in and outside), town hall, community center, Roadside Cafe, Bracken-Brae farm stand, Swap Shop, Church foyer



Welcome Back!!!—is the first exhibition in the new Knox Gallery space, formerly the library. An opening celebration for the library will be held on August 17. See page 2.

Find a body of water to explore. Note its depth or shallowness, movement or stillness—check out its sound. Step in or splash a bit...

Christmas in August page 16

Scientific studies highlight the beneficial impact of dancing. It's fun, good for the mind and body, while the brains of elderly dancers resemble those of teens

Moving Arts Exchange page 8

The US Census is looking to hire local people to help with the upcoming census.

Library News page 6



New habitat? page 6



Remembrances pages 11, 13, and 18

Because of their long-term support for the Monterey Library, the book will be donated to the library in the names of Dick and Barbara Tryon.

Arbor Quest page 14

Having once led lives tightly scheduled, what is it that fills their days now that they are free of most ongoing obligations?

Day Breaks page 12

Anyone in need of a bountiful harvest of wild-crafted medicinal knotweed roots? They're free! U pick 'em.

Invaders at the Gate page 23

Celebrate the next chapter of our town's vital space for learning, exploration, and gathering—made possible by the generous support of every single person in Monterey.

Library Celebration page 2

So maybe it was there that my father gave me this excellent advice: "You should grab that *MAD Magazine*."

From the Meetinghouse page 10

Join our local licensed acupuncturist, Peter Goldberg, for a fascinating discussion of how to look and feel younger in just minutes each day via knowledge from ancient Chinese medicine.

Acupuncture and Aging page 7

That is why, with only a few exceptions, every town in the Berkshires has hired an appropriately prepared town administrator or town manager.

Town Government Reform page 4

You don't have to be a great singer to join in, but if you are up for harmonizing, you will be encouraged to let it happen. The spirit will be moving!

Vikki True page 3

We have also purchased seventy-five safety vests for pedestrians and bicyclists.

Council on Aging page 5

"The sensitive persons who ordinarily shudder at the sight of an insect make an exception here."

Beetles Elegant, Attractive page 17

Greek seafaring mariners in 1500 B.C., judging by art work and designs of the period, were known to fear the octopus as a terrifying denizen of the deep.

Miraculous Octopus page 20

Monterey Library Opening Celebration

The Monterey Library board of trustees and the Friends of the Monterey Library invite you to the grand opening of our beautiful new library, Saturday, August 17, from noon to 2 p.m.

Come join in the ribbon-cutting ceremony, followed by a light lunch buffet, and tours of the renovated and brand new library spaces—including the popular reading deck. As an added bonus, there will be a community art show in the new Knox Gallery, now set within the Multi-purpose room, which once was the entire original library.

Celebrate the next chapter of our town's vital space for learning, exploration, and gathering—made possible by the generous support of every single person in Monterey.

—Friends of the Monterey Library

We're Doing It Again Tag Sale for the Library

Owing to the success of our past Monterey Tag Sales, we are planning another one for Saturday, August 10, to be held at the Monterey Community Center, between 10 a.m. and 2 p.m., rain or shine. All proceeds will once again go to our beautiful new Monterey Library.

The success of our past tag sales was largely due to all of you who contributed so generously with your items. So please check out that attic or basement that may contain the throw-away that may become someone's treasure.

Please bring your items to the community center on Friday, August 9, between 10 a.m. and 1 p.m., or call Carole Clarin at 528-2679, or Myrna Rosen at 528-9090.

And don't forget to stop by!

—Mayra Rosen

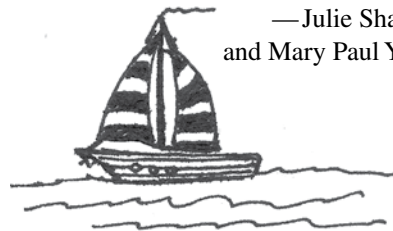
Knox Gallery Welcome Back!!!

We are thrilled to inaugurate the new Knox Gallery with an exhibition that opened in mid-July and hopefully will remain on view into mid-September. The exhibit features the work of eighteen Montereyans: Joe Baker, Maureen Banner, William Carlson, Midori Curtis, Mark Furnham, Christine Brunoski Goldfinger, Ron Goldfinger, Ellen Grenadier, Julie Kern, Tasja Keetman, Michael Marcus, Kit Patton, Nancy Richards-Marcus, Arrie Setiawati, Julie Shapiro, Anne Shatas, Marc Simmons, and Katherine Ryan Waiveris. Many of these artists have shown at the Knox previously. This show focuses on wall pieces and includes oil and acrylic paintings, watercolors, prints, photographs, ceramics, and sculpture. Although it may take us a while to really get a feel for this space, we find it full of potential. We loved our old Knox Gallery, but we look forward to presenting a wide variety of exciting exhibitions and artist talks in the renewed Monterey Library.

If you haven't yet seen the new library, come check it out! And make sure you stop by the Knox gallery in the multi-purpose room (the old library) and see Welcome Back!!! Most of the work is for sale. We ask artists to donate 25% of a sale price to The Friends of the Monterey Library. Because we will be part of the larger celebration for the renovated Monterey Library's grand opening, we will not offer a separate opening reception for this particular exhibition.

We look forward to seeing you all at the grand opening. Thanks to everyone for supporting the Knox Gallery and the Monterey Library.

—Julie Shapiro
and Mary Paul Yates



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"Pop-Up" Library Fundraiser

About thirty library supporters gathered at the home of George and Susan Cain on July 19 for the first of what is hoped to be many small gatherings to raise money for the new Monterey Library. On one of the hottest days this summer, everyone was able to enjoy their air-conditioned home for a fun-filled wine and cheese tasting event. Mark Makuc spoke about the many positive reactions of the community, especially the children. Early indications are that the library usage patterns are dramatically increasing.

This Monterey Library pop-up fundraiser was able to provide the library with \$1350 to help meet its on going financial needs, e.g., to buy a generator. Every dollar counts. If you are willing to host any type of event, large or small, please email Franny Huberman, chair of the Friends of Monterey Library, at frannyhuberman@gmail.com.

—Susan Cain

Monterey Cultural Council Members Needed

The Monterey Cultural Council (MCC) is hoping to interest Montereyans in joining the council. We are fortunate to live in a state that supports the arts in our community. Artists, musicians, theater, local school projects, and others are supported by the MCC. Each year, we receive numerous applications from people in hope we can support their projects. That is the goal and joy of the MCC. We work on a specific calendar with help and support from the Massachusetts Cultural Council. The Town of Monterey also provides annual funding for cultural council events.

Every local cultural council must have at least five members, and currently Monterey needs new members to join before September. We hope you will join and support our cultural council. Please let us hear from you.

Vikki True

This August the cultural council is sponsoring Vikki True, our local vocalist and queen of the blues, soul, spirituals, and more.

Vikki will be accompanied by the very talented Peter Schneider on keyboard for three sessions—"Vikki Spiritsings." She will be leading us in spirituals on three Thursday nights, August 1, 8, and 15, from 7 to 8.30 p.m., at the Monterey Community Center, 468 Main Road. A freewill offering will be accepted. You don't have to be a great singer to join in, but if you are up for harmonizing, you will be encouraged to let it happen. The spirit will be moving!

—Monterey Cultural Council



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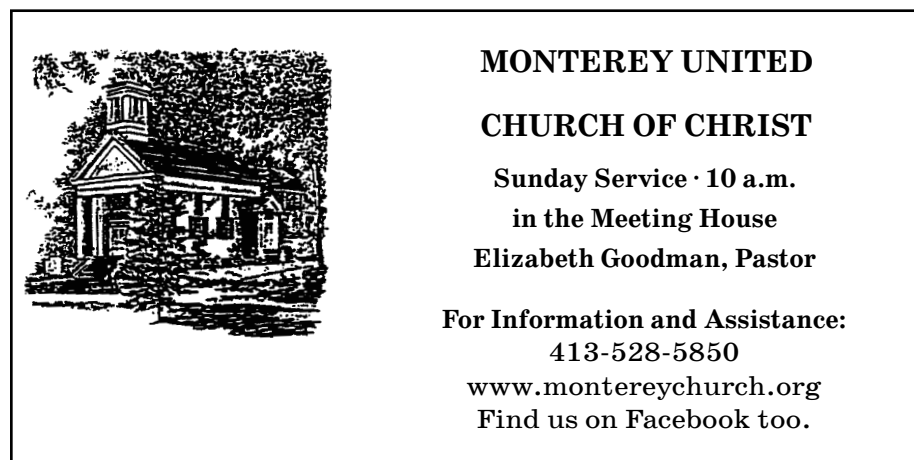


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In My View. Town Government Reform



Although my main topic today is reform of the Monterey government, I really can't turn to that without first expressing my deep appreciation

to Mark Makuc, library director, and to the Monterey Library Trustees, Ann Canning, Mary Paul Yates, Mickey Jervas, Lisa Smyle, John Higgins, and Shannon Amidon Castille. What an inestimable service you have done for this town. Our new library, brought to life by your dedication and incredibly hard work, is a great contribution to the life of our town. We and generations to come will be your grateful beneficiaries. We are happily in your debt.

Now to reform. Over four years ago, the Monterey restructuring committee determined that our local form of government was seriously defective. The central point advanced was that the town needed an effective chief executive—a town administrator. That conclusion was not based on a finding that members of the select board were not doing their best. Rather, the committee found that the select board was not adequately performing its role as chief executive because this system of government was inadequately designed for resolution of

the complexities of modern life. When life was simpler, a three-person executive was a workable management solution. But, as I can confirm from my service on the board, that is no longer the case. The committee was right. Far too many mistakes have been made, mistakes that I believe would not have occurred if we had a single executive working under the guidance and control of the select board.

When this nation's founding fathers met to create the Constitution of the United States, they seriously considered and then, of course, rejected the concept of a three-person executive. Their concern was that having one person in that job might overly consolidate power and even lead to governance by a king. But then reason won out because they understood that a single executive was needed for the executive department to be energetic and capable. The founding fathers rejected a three-person presidency even though those executives would doubtless have worked daily. In our system, the three members of the select board typically meet only twice a month. As some may not know, when we are not at a public meeting we can neither act nor even deliberate. In short, one member can do nothing alone unless the act was first approved by the board. Isn't it fair to ask: why would anyone hire an executive responsible for a \$4 million operation who only came to work for a couple of hours twice a month?

That is why, with only a few exceptions, every town in the Berkshires has left behind reliance on an administrative assistant to the select board and instead hired an appropriately prepared town administrator or town manager.

Because I believe action is long past due, on July 17 I moved that the select board immediately create a citizen search committee for a prompt hiring of a town manager. Selectboard members Kenn Basler and Steven Weisz disagreed, expressly relying on the prospective Collins Center Report. We had contracted with Collins Center to study all of our government operations. Although that action was authorized and funded by the town meeting, the expenditure is no more required than is almost every other budget authorization. In any case, by July 17, the study no longer made sense because we had begun considering a change of accountant and treasurer, two obviously key positions in any local government. I pointed that out, and Basler and Weisz agreed to put the the Collins Center contract on hold. If we hire a new accountant and a new treasurer, a study would make no sense until a fair number of months had passed for full incorporation of those roles in the fabric of town government. But that is no reason to delay hiring of an administrator, which is based not on who will be performing the underlying operations of government but rather on a long recognized and eminently sound philosophy of government.

At the July 17 meeting Basler said as far as hiring a town administrator went, he was "on the fence." Perhaps he'd rather



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not be involved in the hiring process again, having had a bad experience with our first effort. But I say when you are on the right track, don't give up. Try and try again.

By the way, Basler has less than a year to go in his second select board term, and he has been telling others that this is or may be his last term on the select board. Some might be surprised to learn that I would very much prefer he run for re-election. Why? Because although he does things from time to time that I think are inappropriate and contrary to the good of the town, most of the time he is extraordinarily effective, and he always has what he believes to be the town's interests at heart. His knowledge of the town, its people, this area, and the various institutions and political players with whom we must work, is vast and extraordinarily useful. During select board debates he reasons carefully and is always open to reason from what at first may be the other side. I wish he, and Steven Weisz as well, would get off the fence on the issue of hiring the town administrator. Reform of our government is long overdue. I've put this here because I hope that the residents of Monterey will take time from their busy lives to press both of them on reform and on standing for re-election.

Editor's Note: Steven Weisz's term on the select board runs until May 2022.

I can't resist returning to the subject of our new library. As those who read our select board minutes know, at our last meeting I suggested to Mickey Jervas that it would be fitting for the library trustees to consider naming the library after Mark Makuc. He was present and firmly demurred. But although many worked on bringing our new library to life, no one did more to achieve that goal than Mark. I think he deserves the honor. So I urge you to express your views on this to the library trustees.

—Don Coburn
Select Board Member

Editor's Note: In My View is an opportunity for select board members to communicate their thoughts about town affairs—reflections, opinions, and updates on topics of their choice. The views expressed are solely those of the writer, and are not meant to reflect the views of the full select board.

Council on Aging

The Monterey Council on Aging has had a busy, productive beginning of the summer. We purchased an automatic defibrillator for the community center, which Fire Chief Shawn Tryon was instrumental in obtaining and installing—many thanks to him and the fire company.

We have also purchased seventy-five safety vests for pedestrians and bicyclists. We have presented several jackets to the Police Chief Gareth Backus, which they will keep in the police cars to give out when they see someone who needs one. We adopted the slogan "It's better to be seen than viewed!"

We had a good time at the Pittsfield Suns' baseball game and picnic, though they did lose the game. Joe (Wyoming Cowboy) and Cora Baker and Bonner McAllester (Sunshine) came in costume (it was a "Halloween in July" theme night). Cora was a one-eyed, one-horned flying purple people eater (at right).

We held an AARP Safe Driving course, which was well attended and much appreciated. Some of the comments were "Great course—should be offered to high school kids," "Very informative, very interesting, covered everything," and "Jay was a perfect instructor." We are hoping to repeat the program next year.

Tuesday, August 13, at 7 p.m., at town hall, is our monthly movie. This month's



selection is *Quartet*, a dramatic comedy with Maggie Smith and Dustin Hoffman directing. It takes place at a home for retired opera singers.

We have plans for the fall. We hope that on October 23, there will be a bus trip to Val-Kill, Eleanor Roosevelt's home at Hyde Park, plus lunch at the Culinary Arts institute. We are also working on a cannabis lecture.

Our regular council on aging board meetings are on the second and fourth Mondays, August 12 and 26, at 10 a.m., at town hall. We'd like to welcome JoAnn Bell who just joined the Board.

—Kyle Pierce

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Library News

Stop in and see the new library. We are open and set to serve all of you. The hours are the same as they have been for years, and can be found on the back cover of the *Monterey News*, on the website, Monterey-masslibrary.org, and on the sign in front of the building. We've expanded some areas of the collection and hope everyone will find things that interest them. We'll be glad to help you connect with the larger library system which includes items that can be downloaded and accessing databases. Adam Chait and Fiber Connect have set us up with high speed internet connectivity from one of our desktop computers or iPads, or your own device.

I need to thank those who helped move the library back, and just as importantly, those who offered. The move back was very different from the move out. So many people offered to help, but since we did it more or less one book at a time and not the whole library, it would not have worked to have large crews. The number of people who offered was simply amazing.

There will be some more volunteer opportunities as we finish projects. The best way to know about them is to join the Friends of the Monterey Library email list. The Friends made this project possible in many ways. A special thank you to Sue and George Cain who hosted a fundraising party at their house. (See the notice on page 3.) The Friends are working hard at planning the celebration for the new building. To join the Friends, go to montereymasslibrary.org/friendsofthelibrary.

Census Workers

The US Census is looking to hire local people to help with the upcoming census. There will be a representative to help with explaining what is available and with the application process over the next few weeks.

A recruiter from the Census Bureau will be here at the Monterey Library to assist and help our patrons in applying for 2020 Census positions on Tuesday, August 20, from 9:30 a.m. to noon, and on Wednesday, August 21, from 2 to 4:30 p.m.

Church and Fire Company

This project required moving the essential library services three times, since for a short while we operated out of the church basement. We need to say a big thank you to Liz Goodman and her congregation, and to the Monterey Coffee Club, who put us up while we waiting for the fire station to be finished. They were very welcoming, and we were able to function with holds and delivery. A huge thank you to the Monterey Fire Company for their fully accessible space. It was a great size and we had most of our collection available as well as great internet access thanks to Fiber Connect.

—Mark Makuc
Library Director

MONTEREY LIBRARY CHILDREN'S PROGRAMS

Saturdays at 10:30 am

Saturday, August 3

Live Animals from Leahey Farm

Saturday, August 10

Jeff Boyer as the Bubble Man

Saturday, August 17

Aliens: Escape from Earth with the Science Tellers



The Monterey Library
452 Main Road Monterey, MA 01245 (413) 528-3795
www.montereymasslibrary.org



In a development sure to please the conservation commission and animal lovers, a box turtle seems to have found a warm spot by the back basement door of the library.

—Photos by Mark Makuc



Having a Good Day

- Rushing to get out the door for an appointment only to check your calendar again and find it's tomorrow!
- You're running late, and you hit a series of well timed green lights.

Sorry, a sawyer beetle escaped from page 23.



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Events to Come

Acupuncture: The Healing Art of Aging Gracefully will be held on Saturday, August 17, from 11 a.m. to 12.30 p.m. Is it possible to slow down our aging process? Improve our brain function? Reduce or even eliminate chronic pain? Join our local licensed acupuncturist, Peter Goldberg, for a fascinating discussion of how to look and feel younger in just minutes each day via knowledge from ancient Chinese medicine. No need to preregister. Suggested \$5 donation.

Canasta lessons for men and women: Come learn how to play America's fastest growing card game. Barbara Cohen will teach Canasta from 7 to 9 p.m., on Thursday nights in September (Sept. 5, 12, 19, and 26). Preregistration is required. Please email Barbara at bcdance@aol.com. There is a one-time \$10 fee for supplies. Please bring your cash or check (made out to the Town of Monterey).

Amber Chand—Refugee Storyteller

Amber Chand is a gifted storyteller, author, and visionary entrepreneur whose mission is to inspire people to live from a place of enlivened authenticity and fearless imagination. Especially now as we face the challenges of our world, her one-woman show ignites hope with her inspired words of courage, resilience and love.

Searching for the Moon: A Story of Love, Despair, Faith, and Forgiveness is a personal memoir that has resonated deeply with audiences both in the United States and internationally, and been described as "spell-binding, riveting and powerful."

It is a global story of an Indian woman born in Uganda who takes us on an evocative journey into a world of Indian arranged marriages, British boarding schools, African military coups, encounters with Indian holy men and Rwandan genocide survivors, and the meteoric rise and fall of her multimillion dollar business.

Through her powerful stage presence, theatricality, and skillful ability to weave in the sensuous and brutal, the comedic and the tragic, Amber offers her audiences an extraordinary experience of raw, courageous vulnerability in the face of life's triumphs and defeats and penetrates into the heart of each story—tapping into the universal themes of love, despair, faith, and forgiveness.

Friday, September 20, 7 to 8:30 p.m.
(Doors open at 6:30 p.m.)

Tickets: \$20, available at bit.ly/searchingmoon. Tickets also available at the door, but seating is limited.

New Program Possibilities


- Interested in gluten-free cooking and living? We do not have a full-size kitchen but we could be a space if people want to gather for a celiac support group or to share recipes, coupons, or tips on shopping. Let community center coordinator Mary Makuc know if you are interested in joining or leading such a group.

- We are also dreaming up a coordinated effort with the library for a cookbook book group.
- Chess club? Your move. Let us know if you're interested!

Kudos to all those who are caring for the raised bed right near the front door. Libby Wolf and Wendy Jensen kindly acquired the flowering plants and did the planting. It looks gorgeous. We are grateful for all those who volunteer their time to make the MCC a welcoming place.

Thanks so much to all who have already made donations of time or money to the Monterey Community Center. Anyone may go to the website ccmonterey.org and click on "Make a donation," if you feel so inclined. Please direct all mail to PO Box 302, Monterey, MA 01245. If you have questions about a program please email calendar@ccmonterey.org, or call 413-528-3600.

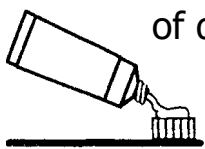
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Event Coordinator



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Moving Arts Exchange Dancing Is for Everyone

About fifteen years ago, needing to lose weight, I started a serious exercise program, including a cardio kick boxing class. Next up on the schedule was Mimi Rosenblatt's Cardio Groove (Zumba style) dance class. Lynne Leavitt persuaded me to go with her. It was fun. First, I thought of it as my reward for doing the tough but boring classes, but gradually I dropped them, stuck with dance and lost more than forty pounds, which I have not regained. Eighteen months ago, Mimi's classes moved to a new studio with a great dance floor, Moving Arts Exchange (MAX), conveniently located in the plaza across Route 7 from Price Chopper in Great Barrington—behind Athena's restaurant, near the nail salon and next to Catwalk. There we groove to a hot musical mix of current hits, world-beat, disco, soul, funk, and rock, sometimes add in light weights, and afterwards do Pilates or stretching exercises.

Some participants have never danced, or only in the distant past, and everyone is smiling. Mimi encouraged me and Monterey neighbors Linda Saul-Sena and Christine Goldfinger to also take classes with MAX cofounder Andrea Blacklow, a professional dancer. Of course, the best exercise is the one you keep on doing. Dancing is such great fun that I struggle through snow and ice to get to class. As Linda said, "No matter my mood when I start the class, I end it filled with joy. This time is so precious, I guard it in my calendar."



The little ones dance in a creative ballet arts class with MAX youth program director, Sarah Daunt.

Several scientific studies highlight the beneficial impact of dancing on brain functioning. It's fun, good for the mind and body, while the brains of elderly dancers resemble those of teens. Come join us—women and men. Mondays, Wednesdays, and Fridays, at 9 am; Tuesdays, Thursdays, Saturdays, at 8:30 am. For the full schedule, go to movingartsx.org.

The youngest participants in MAX classes are eighteen months old, and they really do offer classes for every age group. Almost-teenagers Madeline (Maddie) Rundle and Catherine Makuc love the classes they take at MAX with Sarah Daunt, and the performances they have created with her. In Maddie's words, "Sarah is so kind and supportive. I love that I could create some choreography and that we all work together as a team."

Maddie is reflecting what the MAX co-founders Andrea Blacklow and Ellen Gorman wanted in their youth programming: "As we become increasingly less connected physically and more superficially connected via phones and computers, we find ourselves, as educators, swimming upstream. That is why we are more excited and honored than ever to support these young artists. They come to this space and hone new skills, explore their self-expression, creativity, and sense of commitment and ownership of that magical thing called performing."

Catherine Makuc and Madeline Rundle (right) love MAX. Maddie's mother, Maria Rundle, commented, "Nathanial and I so appreciate the way Sarah and Ellen go above and beyond to make dance a meaningful and enriching part of Maddie's life."

Fall classes begin September 9, 2019 and run through January 18, 2020. Pre-register between August 1 and August 30 and pay no registration fee. An open house and opportunity to sample classes will be held between 10 a.m. to 2 p.m., on August 10. For more information, visit movingartsx.org.

MAX also has a professional dance company, Tandem, that showcases original works and collaborates with other artists. One example is a moving performance of Songs of the Soul—Sensual and Spiritual Renaissance Voices, at the St James Center in Great Barrington, in March 2018, where they danced while the Crescendo chorus, including Monterey's Eric Martin, sang. Soon to be announced are performances at MAX this Fall.

—Pam Johnson



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& Ellen Gorman
Youth Director:
Sarah Daunt



DANCE

YOUTH & TEEN

Sept 9 - Jan 18



Hillel and Janet Maximon, with their kids.

Who's Who in Monterey Hillel Maximon

Who knew this issue's "Who's Who" in Monterey would be a journey down memory lane? It was my pleasure to interview Hillel Maximon. The hour or so we spent in the Monterey Library not only gave me greater insight into Hillel, but was a trip back for us both to the Brooklyn that was. There were memories of trolley rides, schools with numbers such as 152, 165, 156, 183, and 252, as well as the great Brownsville Boys Club.

Hillel is a vocal member of the Monterey community. He has a great sense of justice and love for his home. He is to me a brother from another mother. Our common thread is Hillel's late mother Ruth. She was my mentor at P. S. 276 many moons

ago. Hillel and I had never met before, so how strange we should meet in Monterey so many years later?

For a person who was born in Manhattan, Hillel turned out to be a real Brooklyn boy. From Vanderveer Projects to Bedford Avenue, Hillel attended P.S. 152, Brooklyn Tech, and Brooklyn College. New York University can be added to his educational resume. At Brooklyn College, he majored in philosophy and mathematics, and at NYU earned a Masters in Business Administration.

What I loved talking with Hillel about were his memories of taking the trolley with his brother and cousins to camp at the Brownsville Boys Club. One can recall the sticky wicker seats very clearly.

Professionally, Hillel first taught accounting and real estate finance at NYU. He has published a number of books in the field of accounting, co-authored a textbook, and published books about his brother. This was co-authored with his father as a tribute to his brother's life. Hillel has taught "all over the world." With only a single job interview under his belt, he told me, "Jobs came to me."

I have to side step and to say each member of Hillel's family calls for their own story to be written.

I was curious how Hillel ended up in the Berkshires, and ultimately in Monterey. He has been in the area full time since 1986.

After leaving NYU, Hillel was invited to move to a friend's home in Egremont

Housatonic Heritage Walks

The brochure for this year's Housatonic Heritage Walks in Berkshire County and Litchfield County, CT, is now available. There are numerous hikes during all four weekends in September.

To download a brochure (pdf format) that details all the walks this fall, with maps and additional information, go to HousatonicHeritage.org, under the "Events" tab. The trips include hiking, biking, paddling, and visiting historic sites. You can also request a brochure to be sent, under their contact information at the bottom of the home page.

The *Monterey News* will list the Monterey hikes in the September issue.

and never left the area. He married his wife Janet in 1998 at their home in New Marlborough. They met earlier at N.Y.U. where Janet was a doctoral student in Anthropology. It was wonderful to learn that Michael Ballon of Castle Street fame catered their wedding and Ed Domaney supplied libations. Hillel still maintains a friendship with these two amazing and generous men.

Hillel and Janet moved to their house Monterey after getting married. It is an "idyllic spot just over the line from paradise." There is "not a day that we regret living here." Presently, they share their home with three boxer siblings, Pink, Blue and Rocky. They are the bomb.

People are attracted to Monterey for many reasons. There are full-time residents, second home owners and visitors. What does the future hold for those of us who have planted our roots here? This was my final question.

Hillel spoke very clearly and honestly about this and I quote, "As we get older, the isolation is getting greater. It will be a sad day when we have to move if connectivity does not come into the '20th century'."

We hope it does. Why would any of us want to go elsewhere?

—Cheryl Zellman

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From the Meetinghouse

In 1979, my father gave me some excellent advice.

I was nine years old, and we were in an airport, as we often were.

My father was a pilot, a once Navy officer who went on to work for Eastern Airlines and who, more and more over time, became a “union man,” even eventually bringing me to the picket line after Frank Lorenzo had bought Eastern, sold off its assets, and oversaw its collapse, thus bringing us all the middling movie *Wall Street*, and thus bringing my life in airports to an end.

Prior to that, I spent a lot of time there. We flew for the same amount of money most people would travel by bus, so we flew a lot, though always on “stand by,” meaning “space available,” which had us standing by, sitting around, sleeping on airport floors, and my sister and me entertaining ourselves on such things as the moving sidewalks when they were yet newly installed in Atlanta.

Wow!

Oh, the Atlanta airport. Eastern’s hub and home, the Atlanta airport is as mother’s

milk to me. I recently had to go to Atlanta and, describing the journey ahead, the person with whom I was speaking asked if I’d ever been to the Atlanta airport, probably to warn me of what dehumanizing circumstances awaited me, and I answered not anticipating the demented look I got back: “Oh, yeah. I grew up there.”

So maybe it was there that my father gave me this excellent advice. “You should grab that *MAD Magazine*,” probably from the news kiosk that provided most people with airplane reading but that would provide me with airport reading.

So I did. I exchanged the 75¢ I had in hand for this publication that my father had grown up with, and that I would now grow up with, and that my sons would eventually grow up with.

Almost.

Now fifteen and thirteen, they almost made it to “grown up” with *MAD*. Now, though, with *MAD* coming to an end, they will have to complete their education some other way.

My younger son, Jack, is the one who really took to it, with his own subscription but also with all my old issues of it—by which I mean all. I saved every one since,

and I kept my subscription alive through college, my post-college years, and divinity school. Though I eventually stopped reading it, I never stopped subscribing to it, which, incidentally, became one of those ice-breaker data points you rely on at orientations of all sorts. Mine were always, “I’ve never seen anything Star Trek, and I have every issue of *MAD Magazine* since 1979.”

The end of *MAD Magazine* is hardly a tragedy. Given what news we’re also facing these days, what developments in the world that are actually unfolding, the completion of *MAD*’s work among us is something you, dear reader, might not have even registered.

What’s more, it might be a matter of “good riddance.” The delighted mockery of all things “adult” and self-serious might indeed have run its course. The gleeful revealing of the ridiculous at work almost everywhere might not induce such glee anymore. Really, that might be a luxury we can no longer afford because jokers in our midst are no longer simply unmasking puffed up self-importance, they’re unmasking everything—but themselves. They’re now carrying water for some folks with very grim motivations. Making fun of reality is only fun when reality is powerful and compulsory. These days, it feels too negotiable, too malleable, too vulnerable to the whims of clownish nihilism. Alfred E. Newman is perhaps no longer a kid. What’s worse, he’s never managed fully to grow up and has now fallen in with some very irresponsible adults.

One wonders, did Alex Jones grow up reading *MAD Magazine* like I did?

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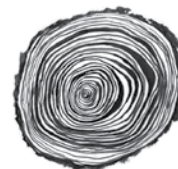
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That's the real grief in this end—that this one outpost of making fun has taken off like goutweed and taken over everything else. *MAD Magazine* used to be the pea-shooting response to cultural hegemonies like the evening news anchor, America's sweetheart at the box office, and titans of industry. But now everyone's a pea-shooting, or worse, a bomb-thrower, and once those hegemonies have crumbled, the pea-shooting is drained of urgency or insight or importance, is just sort of sad, and the bomb-throwing is exhausting and dangerous.

I will miss *MAD Magazine*. More than that, I will miss the world wherein making fun was actually fun. But we'll find other ways to have a laugh, and maybe those will be for the better.

It might surprise you to learn I grew up a church-goer and *MAD* lover—one the most earnest institution out there, the other a monkey on the back of all things earnest. But both realms insisted that what you see of the world is not necessarily the truth of the world. There's something more going on—and that "more" is both absurd and delightful. In the right dosage, *MAD*'s insight into the nature of reality is helpful. Really, it can even give way to some of the truth claims of the church—that what insists on its own importance is actually but provisional, what asserts itself as worthy of our attention is also passing away, that something else abides, some spirit of truth and wit and wisdom, some spirit of laughter by which life has been known to begin. Sarah laughed, she conceived a child even in her old age, and she named him laughter, Isaac.

It's ordinary time at church, the season when not much happens. The high holy days of Christmas, Epiphany, and Easter have passed, and we're amidst the twenty-five-week season of Pentecost, of "ordinary time." It always comes as something of a relief. Like when out for a run and you find your stride, ordinary time calls to mind the way God has ordained even the dailiest stuff with wonder, mystery, beauty. Come keep pace with the momentary and momentous passing of time. All is not what it seems. It's better than that.

—Pastor Liz Goodman



Alice loved the water, and loved the lake.

Remembrance Alice Allen

For the past fifty (or more) years, Alice and Dean Allen have been summer residents in their beloved lakeside cottage on Elephant Rock Road, named "Sommerhus" by Alice's mother, Edith Chamberlain, from whom it was inherited. Alice died peacefully in Amherst on June 28, just after celebrating her ninety-fifth birthday. She and Dean relished their summers with children, grandchildren, friends and relatives, entertaining and relaxing in Monterey. They were both active professionals in Amherst, MA (their winter home) and Alice was known particularly for her great passion in the field of early childhood education, particularly children with disabilities. Dean had been the clinical director of the UMass Mental Health Services prior to his death in 2005. After their retirements, Alice and Dean also regularly participated in Monterey community events at the fire house, the library, their local Elephant Rock Road community, the Bidwell House, and the Lake Garfield Association.

For the past eight months Alice had been lovingly cared for at Hospice of the Fisher Home, no more than a mile from the three homes she and Dean had occupied since moving to North Amherst in 1963.



Alice was the devoted grandmother of seven grandchildren, four step grandchildren and two great-grandchildren. She will be sorely missed by myriads of people whose lives she touched in so many ways, but none more so than her three children, Chris Allen, Rebecca Phelps, and Jane Allen, who along with their families are now steady summer occupants of Sommerhus, a home full of memories now in its fifth generation.

—Chris Allen, Rebecca Phelps, and
Jane Allen

Editor's Note: A more detailed story of Alice's life can be found on Legacy.com.

Day Breaks

For much of our lives daily patterns are largely prescribed, allowing little leeway, limiting choices. Infants know nothing more than to sleep and eat. Soon it's on to day care and pre-K, followed by years of formal schooling, often through college and beyond. Interspersed over the years are varying periods of leisure activity—sports, music, video games, social media, summer camps, etc. Then it's endless workdays for those fortunate enough to find full-time employment. Add commuting and much of each day is fully taken up. This makes weekdays, holidays, vacations, and Sunday social activities squeezed in, precious departures from the rigors of routine. Then add children to the mix and accept the reality that the range of unscripted activities become alarmingly narrow, your life's calendar largely filled.

This is by way of introducing a recent discussion among some two dozen retired active seniors reflecting upon their cur-

rent roles and choices of daily activities. Having once led lives tightly scheduled, what is it that fills their days now that they are free of most ongoing obligations? Predictably, the range of responses was extensive. Here, in no particular order, is what they offered to illustrate how they spend their time.

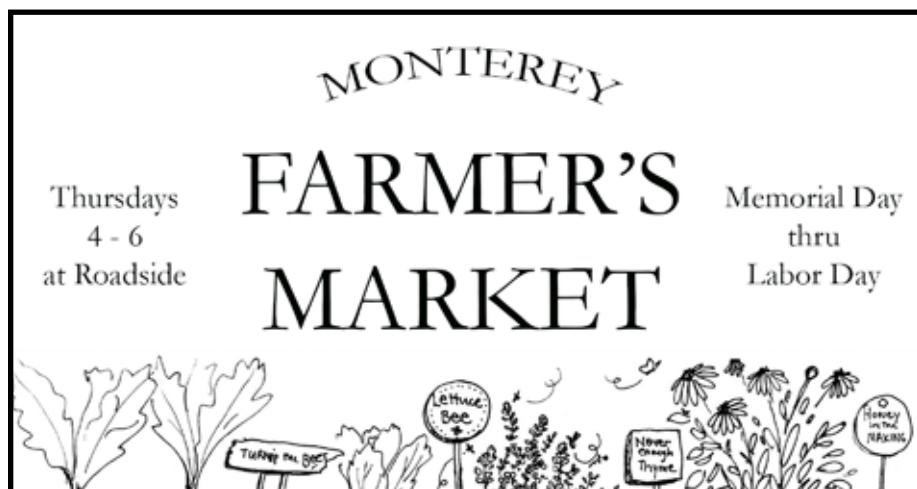
- They can, without guilt, sleep late (assuming they're able to sleep). No alarm clocks; leisurely breakfasts; read the papers.
- Endless doctor appointments for all manner of aches, pains, infirmities, exams, check-ups, tests, therapies, medications. "Waiting" rooms take up time.
- Ah, the grandchildren. Pictures prized, shared and continually replenished. Skype, Facebook for instant access; birthdays celebrated; gifts given; baby-sitting essential. Both parents working. Also attendance at Little League baseball games, school plays, performances, and dance recitals; unqualified love.
- Shopping can fill extended swaths of time. Even with "necessities" already

acquired, there's nothing like hunting down bargains, sorting through the latest gizmos and fashions, or simply navigating the aisles and racks along with other seekers. There's no rush—and most every store accepts returns—no questions asked.

- Consider relocation to the Sun Belt or to wherever the children and grandchildren are living.
- Eating out. Cooking can become an unwelcome burden. Restaurants beckon, are leisurely, affordable. Eat your favorite foods or be venturesome. Conviviality and conversation over long lunches.
- In-home entertainment choices are virtually unlimited. TV, podcasts, YouTube, Netflix, Amazon, etc., etc. A vast storehouse of information and entertainment awaits. Binging permitted.
- Travel. So many places to experience. Tours make it comfortable and convenient. Not so easy if you're single. Also destinations begin to look the same.
- Hobbies. Often mentioned, but few examples offered other than bird watching. Instead, some talk of bingo and much discussion of bridge and Mah Jong.
- Concerts, theater, operas. Increasingly the preserve of seniors, with reportedly few younger folks in attendance.
- Volunteering. Numerous opportunities at local hospitals, blood banks, public schools, churches, nursing homes, etc. Tutoring, shopping for and driving the homebound.
- The most moving statements were from those attesting to the supreme satisfaction derived from helping others; selfless efforts toward making the lives of others less isolated and lonely and more comfortable. Some offer companionship, provide meals or telephone regularly to let them know they've not been forgotten.

Overall, the sense was that retirement and advancing years represent a challenge to fill large blanks of free time, to be useful, feel needed and to discover meaning and purpose when there's no obvious script to follow. Advance preparation can only take you so far. The rest requires imagination, improvisation and a willingness to reach out and remain open to new paths and possibilities.

—Richard Skolnik



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Remembrance Valerie Gene Costas

Val Costas (March 13, 1954) passed away June 28 at her beloved home in her treasured forest and hills of Mt. Hunger. To all those fortunate to know her, whether for a moment or a lifetime, she was an inspiration of contagious delight, generosity, creativity, adventure, and compassion. From the day she and daughter Emily moved from Long Island to Monterey twenty-nine years ago, she embraced the town and South County, its people, places, creatures, and plants with love and energy, surprising those of us who knew her when we met those who didn't, compelling us to bring them into her circle. Despite many hardships she was charmed by life and charming in return as daughter, sister, wife, mother, artist, gardener, health store owner, professional clown, and, perhaps above all, teacher, formally but most importantly by example and an inspiration showing all of us the best of how to be. That she lived and thrived despite an



amazing struggle with cancer for the last thirteen years was huge, but paled against her spirit, only revealing how genuine and deep were the qualities that drew us to her and lead us to continue her legacy, which we invite you to join.

—Steve Snyder

"Berkshire Senior" Newspaper Editor Karen Shreefter Resigns

I want my Monterey friends and those elsewhere, to know that I have resigned as editor for Elder Services of Berkshire County's monthly newspaper, *Berkshire Senior*, as my landscape design business, which I started almost a decade ago, is expanding. I worked as the editor for almost thirty years.

Berkshire Senior reaches nearly eleven thousand Berkshire homes each month and about seven thousand copies are distributed to public locations countywide, and another four thousand are sent out as subscription copies. The paper seeks to provide seniors with important information about topics of interest to seniors, and also serves as outreach for the agency.

In addition to regular articles about nutrition, dementia, and finances, the paper helps inform readers about the services provided by the agency ranging from Meals on Wheels, SHINE (Serving the Health Information Needs of Everyone) to Caregiver Support and Money Management. With my departure the paper has temporarily suspended publication, but will resume.

I feel fortunate to have worked with so many caring and knowledgeable professionals at Elder Services. They remain an inspiration for me to this day.

—Karen Shreefter

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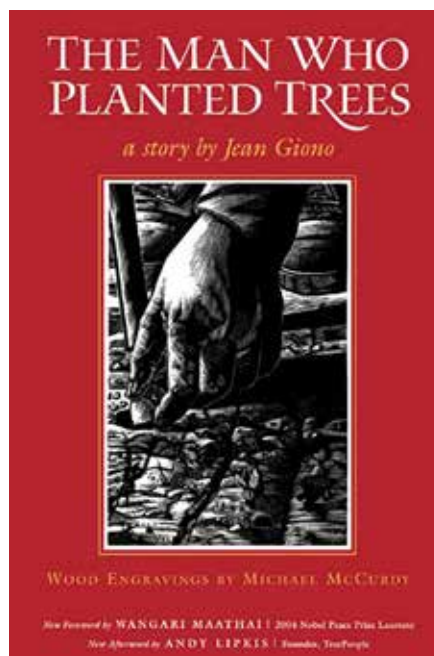
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How Old Is the Oldest Tree In Monterey?

Well, have you looked for the oldest tree yet? If you have, you played a part in the Monterey Arbor Quest which invited the public to hunt for the oldest living tree in town. Introduced by the *Monterey News* board, the Quest garnered fifty-one entries from twenty-five residents from April 28 to July 27, the date of the Monterey Steak Roast hosted by the fire company.

Among the entries, we have received the required measurements of circumference to help estimate the age of trees for northern red oaks, American beech, copper beech, white pines, larch, spruce, white ash, shagbark hickory, basswood, apple, and black cherry trees. The estimated age of the Quest entries ranged from 162 years to 321 Years. Some trees have been found and measured in densely forested areas, others in open fields and along the roadsides throughout the town. A full accounting of the entries will be published in the September issue of the *Monterey News* with some interesting historical information about the local and world events that have occurred during the life of these markers of time and place.

In the meantime, the winning entry for the oldest tree in town was submitted by Brett Road resident Lyman Thomson whose sugar maple was estimated to be 322 years old. The runner up is New Marlborough Road resident Dick Tryon whose Sugar Maple was estimated at 321 years old. (The Thompson sugar maple is one inch larger in circumference.) Both participants are lifetime residents of Monterey. Lyman will receive thanks from the *Monterey News* in the form of two tickets (donated)



to visit Chesterwood estate in Stockbridge, to view the amazing and thoughtful outdoor contemporary sculpture exhibit, “One Impulse from a Vernal Wood,” by artists Rick and Laura Brown. Dick will receive the engaging and informative book, *The Man Who Planted Trees*, by Jean Giono. Because of their long-term support for the Monterey Library, the book will be donated to the library in the names of Dick and Barbara Tryon.

The *Monterey News* Board would like to thank all the entrants for being a part of the arbor quest and we hope that the quest has rekindled a greater sense of place in this little piece of heaven that we call the Town of Monterey.

Stay tuned for the September issue of your *Monterey News* for a full listing of the trees and the folks who entered the Arbor Quest. —Dennis Lynch, *Monterey News* Board



Eagle Fund

2019 Catherine B. Miller Award

Anna Dupont was recently awarded the Catherine B. Miller Eagle Fund Award at Mount Everett Regional's 2019 commencement ceremony. Anna graduated with a 3.7 GPA and will be attending Clark University in the fall to study political science. Outside of high school, Anna has been a photographer since her sophomore year at Mount Everett and has had her work displayed at multiple locations in Berkshire County, including the Berkshire Money Management mansion. Anna is a boxer who has trained under Geneve Brossard for the past three years. She is an instructor at the Berkshire Boxing Club as well as a Railroad Street Youth Project Youth Operational Board Member.

The Catherine B. Miller Eagle Fund Award, in the amount of \$2,000, is presented at commencement to a student who exemplifies a commitment to learning and adventure as well as a passion for giving to others. It is the Eagle Fund Board's hope that the award will be used for a new or adventurous experience for the recipient that will make a positive impact on the Mount Everett community, either through educational advancement or a personally selected objective.

For more information about the Eagle Fund, please visit eagle-fund.net.

—Melissa Zdziarski

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Bidwell House Museum

The Bidwell House Museum has been a hub of activity in 2019 and before we talk about August events, we need to say thank you! On July 6 the museum hosted our annual free community event, the Bidwell Country Fair. Visitors young and old enjoyed a great afternoon, despite the rain, with wonderful live music, charming re-enactors, great food and drink, historical craft demonstrations, a pie contest, friendly goats, and fun crafts and games. The museum could not do these events alone and so we need to say thank you to:

- The Adams brothers (Steve and Pete) and Mountain Laurel (Joe Baker and Bonner McAllester) for entertaining us with great music all afternoon,
- The Butler's Rangers re-enactors for teaching visitors about life in eighteenth century New England,
- The Berkshire Hills and Dales Spinning Guild for wool spinning demonstration,
- Brian Puntin for his forging demonstration,
- Maureen and Michael Banner for their exquisite silver creations,
- The Herb Society at Berkshire Botanical Garden for presenting their herbal blends,
- Lou Meyerdierts for her lovely wool applique creations,
- Brad Morse for leading an exciting timber framing demonstration,
- Adam Paul Heller for introducing visitors to stonecarving,
- Roger Tryon for thrilling hayrides,
- Maria Rundle from Flying Cloud Institute for a fun art project for kids,
- Melanie Brandston from Gould Farm who brought delicious goodies to sell and arranged for the adorable goat visitors,
- Jen Salinetti of Woven Roots Farm with a tasty selection of their vegetables,
- Local forester Tom Ryan, with forestry information from the MA Department of Conservation and Recreation,
- Kenn Basler for grilling hot dogs,
- SoCo Ice Cream for providing a freezer at no charge so we could sell ice cream,
- And the Monterey Library for lending us their tents.

We also need to thank all of the volunteers who worked so hard in the weeks leading up to both events and whose help was invaluable on the day of: Maggie Barkin,

Delight and Paul Dodyk, Elisabeth Enoch, Charlie Flint, Greg and Paula Gimblette, Linnea Grealish, Richard Greene, Cory Hines, Rob Hoogs, Jane Johnson, Nancy Jones, Frank Kern, Catharine Kowalski, Kathryn Roberts, Jamie Roberts, Tom Ryan, and Rick Wilcox. Thank you all so much. Grants from the Monterey and Tyringham Cultural Councils, local agencies of the Massachusetts Cultural Council, and Salisbury Bank also made the day possible for us all. Thank you!

Once again the country fair pie baking contest was a great success. First place ribbon and Bidwell House Apron went to Ilana Pergram for her paprika peach pie; second place went to Isabella and Ben's blueberry lemon pie; and third place was taken by Mary and Marya Makuc for their pecan maple pie (adult category) and Anabel Previdi for her blueberry strawberry American flag Pie (Under 16 category). Our thanks to Michele Miller, creator of Bola Granola; Rachel Portney, co-owner and pastry chef at Chez Nous Restaurant in Lee; and Clayton Hambrick, former chef at the Church Street Café in Lenox.

History Talk

Saturday, August 24, Allegra DiBonaventura will tell the remarkable story of Edward and Hannah Lane in 1650s Boston. Hannah, at only seventeen, married Edward, a merchant twenty years her senior. It only took a few disastrous days in the marital bed for her to realize that her marriage simply would not work. In a world where wives were expected to be obedient "help-mates" with few legal rights exclusive of their husbands, Hannah had the audacity to sue for annulment. Seeking domestic bliss would lead her to take on the puritan legal establishment, and her ultimate triumph would be as improbable as it was extraordinary. Allegra di Bonaventura is the Associate Director for Graduate Programs at Yale Law School. She received a Ph.D. in history from Yale and a J.D. from Yale Law School. Her 2013 book, *For Adam's Sake: A Family Saga in Colonial New England* won the New England Historical Association's James P. Hanlan Book Award and the Association for the Study of Connecticut History's Homer D. Babbidge Award. This talk will be held at 10 a.m. at the Tyringham Union Church,

Main Road, Tyringham. Members: \$10. Non-members: \$15.

Tracing Native Histories

On Saturday, August 31, at 1 p.m., Rob Hoogs will lead a guided walk, "Tracing Native Histories on the Landscape." In this third guided walk of the season, you will explore an interpretive trail on the grounds of the museum as you retrace the steps of the Native Americans—specifically the local Stockbridge band of the Mohican Tribe—who lived and hunted in this area for thousands of years. This walk is \$10 for non-members. Children and members are free. A guided tour of the house can be added before or after the guided walk. The price for the walk and tour together will be \$15 for non-members. Tickets for the walk and both history talks can be purchased in advance on the museum website.

The museum, located at 100 Art School Road, is open Thursdays to Mondays, from 11 a.m. to 4 p.m., with tours on the hour, Memorial Day through October. The museum grounds—192 acres of woods, fields, historic stonewalls, trails and picnic sites—are open all year free of charge. The program of events can be found on the museum's website at bidwellhousemuseum.org.

—Heather Kowalski
Executive Director

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Here's A Thought... Christmas In August

I can still hear the music. In my childhood world, we started singing Christmas carols the moment Santa arrived at Macy's at the end of the Thanksgiving Day parade. If the Christmas season was something outside your cultural or personal experience, or if Christmas carols set your teeth on edge for any reason, bear with me for a moment.

One of my favorite carols referred to the tree itself and had the added allure of lyrics in a foreign tongue. I felt very exotic and very grown up, singing in another language. I already sang and read Latin (in our house that was a definite, of course), but German was one of the real, alive-in-the-world languages that actual other people used outside of church. When I sang, or heard, "O Tannenbaum!" I was an armchair-traveler to Europe.

January 6 was always the day our Christmas tree came down. The lights and decorations were put away—the carols stopped, too. Life became ordinary again. Maybe that's why I was so delighted when I first heard the phrase "Christmas in July." But it means something more to me now—otherwise the photo caption above should read, "O Nostalgia!"



Mary Kate Jordan

O Christmas Tree! No matter what month it is, no matter what year it is now, no matter whether all the lights match, the childhood beauty still lingers.

Christmas in August doesn't leave me leaning back into a lost past, though there are memories I enjoy visiting. Now I use the concept as a way to invite any ordinary old day to become a little extraordinary. And any of us can do that, Christmas-tree childhood, or not.

Give it a try. Any old day this July, get outdoors. Breathe—do it again. Look around. Let yourself really see the colors of the flowers, the greens of the leaves, the movement in the grasses where a critter moved silently by.

Listen, too. Is someone playing a piano nearby with the window open? Give the chatter in your mind a comforting pat on your head. Take your brain for a walk as you move your senses through the summer sunshine.

Now let yourself become aware of the surface you're walking on: highway? gravel shoulder? Path through the woods? Town beach sand? Become more aware of your body moving through space—the movements of muscles, the flow of the energy.

Sniff the air. What does its scent, movement, or temperature tell you? Neighbors having a barbecue? Rain likely by evening? Are you near a barn?

Find a body of water to explore. Note its depth or shallowness, movement or stillness—check out its sound. Step in or splash a bit (assuming you're somewhere that's safe to do). Does the water feel warm? Cool? Cold?

Let your senses light up and glow with summer this July—maybe August, too. Take the season in and treasure it. These are memories that can light you up next winter, bright as the lights on any of my childhood Christmas trees.

—Mary Kate Jordan



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The long-horned beetles are a big family, with more than 26,000 species over the world. Here in North America we have 1,200 of them, so you would think we who also live here would know them quite well. Or maybe you would just think, "Beetles? What's so remarkable about them? They are small, kind of brown, live in the woods and under things. It's no wonder we don't know them or notice them."

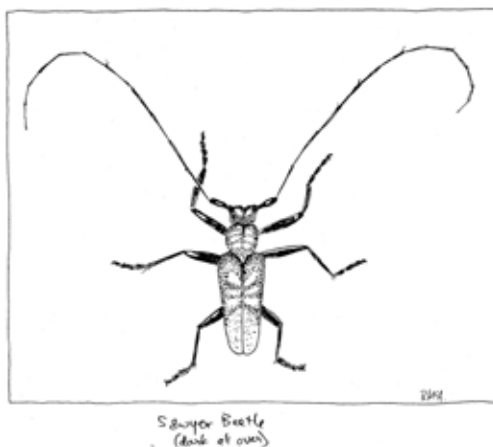
Mostly we know the things that present themselves to us, one way or another. We know Japanese beetles because they are colorful and lots of us gardeners find them munching our pole bean leaves or rose bushes. Pretty as they are, they make us scowl when we see them. We have our own plans for those beans and flowers, and we have our reasons. Sometimes we make war on the beetles, sometimes we just groan.

The long-horned beetles, also called longicorns, make their living eating plants. Even so, some early entomologists have called them graceful, elegant. In 1915 Edward Step wrote, "The sensitive persons who ordinarily shudder at the sight of an insect make an exception here, for the unusual length and slenderness of the body, combined with the great length of the antennae, give the insect a graceful air that quite dispels the common prejudice against the race."

Certainly the members of this family, the *Cerambycidae*, are known for their very long antennae (they don't really have horns). There are some species in which the antennae of the males are four times the body length. The females' antennae in these species are twice the body length, and that is still quite unusual and long, also graceful.

In his book, Edward Step presents many a marvel. He tells of the musk beetle, *Aromia moschata*. "To the attraction of elegance of form and brilliance of colouring is super-added a delightful fragrance, which often causes ladies to forget their regulation horror of beetles and to wrap this species in their handkerchief or glove in order that they may retain its odour." (*Marvels of Insect Life*, McBride, Nast & Co., NY, 1915). Back in the day, this was a beetle known to ladies.

The long-horned beetles in my life have been the sawyer beetles, big hand-



some adults with graceful antennae. They lay their eggs in cracks and crevices of tree bark, and these hatch to become larval forms that are well equipped with great big mandibles and an elegance which is only subtle in the larval form. They chomp away into the wood of the tree, leaving big holes and one day they emerge and fly off in adult gracefulness. We know them well here, having met them in our firewood and in our red pine logs when we were skinning the bark off and building our house. Sometimes we see the adults around, but we know they are finished with our house which is still standing after forty years.

In the middle of July I met a new and gorgeous character. I was under the extended roof of the tool shed, where we keep the garden trellis poles, looking for just the right one. Something landed on my head and fell to my shoulder. I brushed it off and looked to the ground to see what it had been.

I think I need the prose of the 1915 naturalist to describe my amazement. There before me, scurrying very ably on its long graceful legs, was a creature such as I had never seen. Until this moment I could not have known what I had been missing, for there, in striking patterns of yellow and black, was an insect of some kind, dropped into my life like a miracle, a gift, an awakening. My first thought was that this was some sort of yellow jacket, wasp, or bee. But it was much too big, about an inch and a half long, and it showed no inclination to flight, instead racing this way and that checking its path with dark antennae which seemed to emerge directly from its eyes.

I settled down. I thought of grabbing it and running down the hill to show Joe, and then to look it up. But I couldn't bring myself to interfere with the life of this individual

and I knew I'd seen it clearly and could look it up from memory. I let it dance off on its long legs, to rest awhile in the pile of poles before carrying on along its own plan.

I went right down to the house and looked it up. No problem: it is a sugar maple borer, one of the long-horned beetles. Never had I seen one in my life, and somehow I don't expect ever to see



one again. I've talked to a few observant friends around here, tree people, and they've never seen one. I am the lucky one. And now that I know its name, sugar maple borer or *Glycobius speciosus*, I can see what others have written about it. An entomologist for the USDA Forest Service wrote in 2017, "The adult borer is an attractive black and yellow beetle." I learned some things about the larvae, about the damage done to young trees. There was no mention of ladies getting over themselves about beetles and bugs.

—Bonner McAllester

Thai Yoga Bodywork

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Remembrance

Barbara (Jost) Tryon

Barbara (Jost) Tryon, age 92, passed away peacefully at her home on July 25 surrounded by her family and Taffy, her beloved golden retriever. She was born in Mt. Vernon, NY, on January 5, 1927, the daughter of Dr. Theodore A. and Elsie Archer Jost. The same year, her family built a house at Lake Garfield in Monterey where she spent her summers growing up. During college at Syracuse University, she worked on a farm in New York State, where she fell in love with farming and nature. She decided she wanted to marry a farmer. Fortunately, she knew a farmer, Dick Tryon, from her years growing up in Monterey, and in 1948, she and Richard D. Tryon were married. Together they established and ran a dairy farm at Lowland Farm in Monterey, restoring a 1786 colonial farmhouse in the process.

While raising their five children, she earned a degree in education and then taught fourth grade at the Stockbridge Plain School for twenty years, retiring in 1987. She served on the Monterey Planning Board from the time of its creation for twenty-five years. She was a founding member, docent, and trustee at the Bidwell House Museum for many years, and a dedicated member of the Monterey Historical Society. She loved to knit, sew, and became an accomplished quilter. Barbara will be remembered as a wonderful cook, gardener, bridge player, avid reader, and patron of the Monterey Library. She traveled extensively with Richard and with friends to Africa, Europe, Australia and New Zealand, the Caribbean Islands, Mexico, Galapagos Islands, and throughout the United States and Hawaii.

She is survived by her husband, Richard, and their five children: Cynthia (and husband Robert) Hoogs of Monterey, Linda Pilloud of Switzerland, Richard "Delmor" (and wife Susan) Tryon, Jr. of North Andover, MA, Roger (and wife Katherine) Tryon of Monterey, and Elizabeth (and husband Grant) Sorlie of Kalispell, Montana; nine grandchildren, and six great-grandchildren. She is also survived by her sister, Theodora Batacchi of Sheffield, MA. Another sister, Adelaide Prezzano, predeceased her.



Above: Dick and Barbara Tryon in 2012. Below right: Barbara Jost on Lake Garfield.

The family is grateful to Hospice Care of the Berkshires and Home Instead Senior Care for the wonderful care and assistance these organizations gave to Barbara and her family during the past months.

A memorial service celebrating Barbara's life will be held by Rev. Elizabeth Goodman on Thursday, August 1, at 1 p.m., at the Monterey United Church of Christ, the same church where Barbara and Richard were married. Burial will follow at Corashire Cemetery in Monterey.

Contributions in Barbara's memory may be made directly to the Monterey United Church of Christ or to the Bidwell House Museum. Remembrances may be sent via finnertyandstevens.com.



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Note to Barbara

Dear Barbara,

A few months ago, when we acknowledged this upcoming parting of the ways, you told me you knew you could always depend on me as a friend. So when I was asked if I'd write something for the paper now that you've left Lowland Farm, Dick, family and the rest of us behind, I figured, "I can't be undependable now. One last time, Barbara, especially for you." Bits and pieces follow here, like fabric cut and stitched into a quilt block.

You put an ad in the January 1997 *Monterey News* soliciting others willing to create a quilt of the town seal to celebrate Monterey's sesquicentennial. Some of us showed up, some of us stayed, some of us left. Gige O'Connell, Sally Pullen, and Marcia Doelman nestled into places that were emptied. You would have shrugged off the idea, but the twenty-year run of The Monterey Piecemakers—and the money we raised for various town organizations—were basically your fault.

You so loved the color red. You may have used it in all your quilts. You tried so hard to teach me needle-turn appliqué, always shaking your head in amazement at the appliqué style that I still prefer. I shook my own head over your dismay with embroidery.



Purple and yellow variegated lily.

—Bonsai Cox



L to r: Barbara, Pam Johnson, Jan Emmons, Kathy Bracken, Carole Zarlin, Shirley Olds, Glynnis Oliver, and me

There's a quilt block neither of us ever created, but its name fits here now: "Circle within a Circle." It's a good description of how the effects of your life ripple out like circles in a pond after a fish jumps, or as a pebble settles.

Now you've made that leap into light, and the news is beginning to settle in the rest of us. This shared circle of life is physically fractured but its light remains unbroken. Godspeed, dear friend.

—Mary Kate Jordan

Contributors July 2019

Barbara Tryon was an ardent reader, volunteer, and supporter of the *Monterey News*. Years ago she worked as the business manager. She said she read every word every month. And she was a consistent contributor. Thank you Barbara.

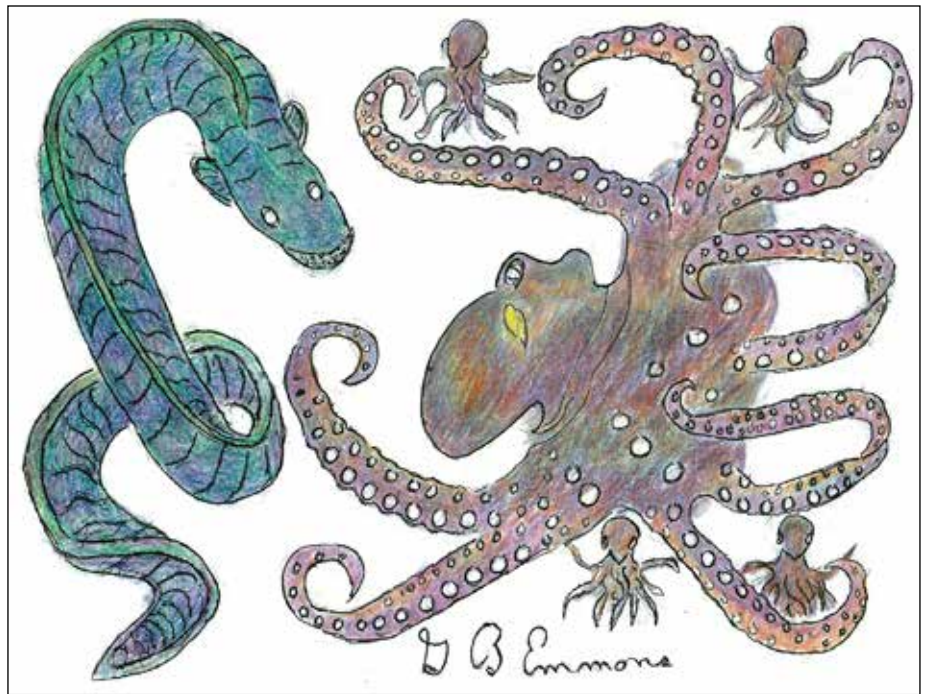
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Cathy Roth & Vicki Reed
Dan Stoller
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Kevin West



The Miraculous Octopus

In this modern day and age of natural history, human beings are now discovering advanced incredible phenomena about the previously esoteric octopus. Although oceans cover about 71% of the earth, it seems that human beings have barely scratched the surface of the immense and relatively shallow Atlantic continental shelf of North America, which extends beyond the south coast of Buzzards Bay. Understanding these animals becomes a trip back in time through a cloudy twilight time zone of almost three billion years of evolution. Evolution. While underwater the speed of sound is more than five times faster than through the air, wrecks of ancient ships seem to last forever, and the evolution of species is almost beyond chronological measurement.

Greek seafaring mariners in 1500 B.C., judging by art work and designs of the period, were known to fear the octopus as a terrifying denizen of the deep. It was portrayed climbing aboard ships to threaten fishermen. Today the Atlantic hosts several varieties of octopuses that inhabit the relatively reclusive rocky ledges and reefs of protruding coast lines, as well as shallow tidal pools of the south coast of New England. New Bedford scallop dredgers occasionally come back into port with an octopus on board. And bottom fisherman have told of pulling one up, foaming from the mouth with a spray of ink as a defensive reaction to a predator. However, as a secretive dweller, it otherwise keeps a very low profile, minding its own business with very little interest in the shore line or boating activity.



My illustration shows a mother octopus turning bright red to face off an eel threatening its young. I have shown that its extended arms are covered with white circular adhesive discs to stabilize itself by attaching to an object, or a threat, such as an eel, so it can draw it in closer by muscular contraction. It may then inflict a bite with its razor sharp beak, introducing infection that ultimately dissolves its victim.

Recent research and periodicals about the octopuses seem to offer an amazing number of possible human medications. This might stem from some of its surprising differences from us. It has a sense of taste through its suction discs, and superb communication through its behavioral nervous system. It can make use of 168

kinds of sensory awareness cells that make connections of sensitivity for communication. (Humans have 58.)

An octopus, a member of the *Cephalopod* family, has three hearts, one systematic to circulate blood through the body, and the other two to pump blood through the gills for breathing. It has nine brains—a central brain, and then one at the base of each of its eight tentacles for independent movement. They have also evolved an advanced degree of intelligence, with remarkable problem-solving abilities and basic tool usage skills. Some have demonstrated an ability to use tools to be able to unscrew a bottle cap, or unlock the latch of the fence of their pool, moving out of sight to the consternation of their keepers. In captivity, they seem to relate to their aquarium keepers. They swim by drawing water into their mantle (an internal sac), and then expelling a jet of water through their siphon into the sea.

The ancient, metaphysical reputation of the octopuses, by separating fact from mythical fiction, has now been revised to show species of miraculous natural selection. It is an amazing specimen of environmental awareness and communication. Thank you for joining me in this submarine adventure in natural history along the shoreline of Buzzards Bay.

—George B. Emmons



Invaders at the Gate

Decades ago, soon after moving in to a house in Northern Idaho, I noticed purple, asparagus-like stalks coming up fast along its east side. Japanese knotweed, I later discovered. The spade-shaped leaves it sprouted initially seemed charming, reminiscent of the botanically incorrect jungle trees on the Henri Rousseau print, *Waterfall*, that hung on my wall. In no time at all, bamboo-like stalks rose past the windows, their broad leaves filtering the morning light.



Janet Jensen

Knotweed (above) can grow three feet a month. With just a push mower, I was unable to keep the patch down. By the time I realized it was a problem, it had reached the eaves.

Failing to make a dent in the knotweed from above, I tried digging (this was before the Internet offered guidance on such matters). I was astonished to find that, in iceberg fashion, it seemed to have more substance below ground than above. I picture myself (possibly hyperbolically) digging a waist-deep hole, with the dense woody roots entwined around me. In fact, the rhizomes can spread up to twenty feet horizontally and nine feet deep. They are truly formidable, as Timothy Scott describes them in *Invasive Plant Medicine*. "This is a warrior plant that has no fear of shovel, poison or extreme environment," he writes of the Japanese knotweed.

During this period, knotweed began invading my dreams as well as my yard. I had nighttime visions of plant-like beings from outer space or the *Little Shop of Horrors* cult classic. Knotweed clearly

has superpowers, forged on the volcanic slopes of Japan, where it pushes through several feet of ash to grow out of lava. Knotweed spreads rapidly, can grow through asphalt, destroy foundations. I was therefore discomfited to discover, after I moved to Brookbend, in downtown Monterey, that this particular weed had followed me there. Or, perhaps, made a parallel journey.

In short, my first meet-up with an invasive plants infestation left quite an imprint. Over the years I have encountered many others: I bemoan the encroachment of purple loosestrife and phragmites in some of our local wetlands and, of course, the abundant milfoil blooms that populate Lake Garfield. Japanese barberry, notable for its brilliant russet displays in fall and for being the plant most closely associated with Lyme disease, has escaped local gardens and is forming dense, prickly stands across our woodlands.

Several years ago, my cousin alerted my sister and me to the dangers of garlic mustard, which seemed, at the time, to be taking over acres and acres of woodlands. When my sister first noticed the biennial cropping up in the seemingly pristine McLennan Reservation in Tyringham, she was alarmed enough to organize annual garlic mustard pulling events. That work with garlic mustard proved to be somewhat satisfying—when the ground is soft, the plant can be uprooted in one strangely

fulfilling yank. If you get it before it seeds, spreading can be mitigated. And whether it is true, as I have read, that garlic mustard naturally dies out after a few years, or whether we were just extremely effective, or both, the garlic mustard has diminished significantly in that neck of the woods.

Goutweed is another story. As I write, it continues its march in from the perimeters of the Brookbend lawn, almost everywhere except where it is outdone by the knotweed or kept down by weekly mowing. Its dense pads of interconnecting rhizomes provide a tangible illustration of the power of "grass roots." If eradication seems impossible, as I am told, goutweed, at least, seems containable, with the few layers of cardboard and mulch.

This summer I developed a close personal relationship with another invasive plant at my boyfriend's cottage on Monument Valley Road, an attractive vine that seemed to be taking over a slope heading to the woods. I was told it should be removed, which did not look too difficult early in the summer. I figured I'd just cut the vines off at the base to staunch their upward trajectory. The task has proved more difficult than that, as the vine also spreads from underground root systems. When I saw "all-around nice guy" Kevin West slashing away at the vine near his maple tree, I learned its name. Oriental bittersweet, he told me. "It kills trees." It is also the plant, I am told, whose twisted



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vines gave Tanglewood its name (by way of Nathaniel Hawthorne).

In early summer, the plant is so sweet and innocent looking, with its delicate tendrils and smallish, pale green leaves curling upward. Then comes the bitter part: the tendrils grasp at anything they touch, weaving in and around fencing or other branches, twining around one another, their blunt thorns locking them into place. They gain strength and support from nearby vines, eventually forging woody ropes of up to four inches in diameter that climb and climb, up to ninety feet, girding, strangling, and smothering large trees, sometimes pulling them down.

Since trees are rooted in place, vines have the competitive advantage of mobility. Bittersweet moves quickly by essentially walking all over other plants in its quest for sunlight. Coming up to the Berkshires along the Saw Mill Parkway, I witness acres and acres of trees disappearing under the weight and profligacy of Oriental bittersweet (often confused with its native cousin, just plain bittersweet, with which it seems to be interbreeding).

Observing Oriental bittersweet apparently waging war lends credence to the notion that plants are highly intelligent. In this case, though, it seems like a Machiavellian intelligence. Some would go farther. One columnist described Oriental bittersweet as downright evil.

When trying to eradicate the pesky vine, it is tempting to think so. But it seems churlish to impugn the motivations of plants. Much has been written recently about the communitarian, even altruistic behavior of plants toward other members of their species or families. Nonetheless, the evolutionary imperative is to thrive and propagate, come what may. As biologist David George Haskell, author of *The Songs of Trees: Stories from Nature's Great Connectors*, sums it up, "Living networks are not places of omnibenevolent Oneness. Instead, they are where ecological and evolutionary tensions between cooperation and conflict are negotiated and resolved."

Scott's book on plant medicine, subtitled *The Ecological Benefits and Healing*

Abilities of Invasives, counters the aggressive response that plants like knotweed, goutweed, and bittersweet can spark, and offers a more sympathetic perspective. The basic premise is that nature does not make mistakes, and that the "treatment" for invasives, when it takes the form of chemical eradication, can be worse than the problem.

Invasives, Scott writes, elaborating principles put forth by his teacher, the great herbologist Stephen Harrod Buhner, serve ecological functions in disrupted or damaged ecosystems. They tend to show up, for example, in disturbed, often toxic environments, where they can bio-remediate the land. I notice that knotweed is prominent along the shores of the Housatonic where, one hopes, it is dealing with PCBs still left in the river. What though, I wondered, is it doing in the wooded backyard of Brookbend? But then I recalled that a century ago, this part of the Konkapot was home to a number of mills for processing wool, lumber, and paper. Maybe contaminants were dumped in the current knotweed patch where they are even now being transformed.

Scott also talks about the ways in which opportunistic non-native plants,



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Goutweed heading towards the back yard of the library (note the new fence). It makes such a thick ground cover that everything else gets shaded out. And it is very difficult to fully and permanently remove.

like bittersweet and some even more pernicious vines, tend to fill in the gaps and soften the edges and “wounds” caused by highways, clearcuts, and other human developments, “creating a netlike barrier to prevent further human intrusion.” Buhner, writing in 2010, also takes our thinking about invasive plants into the political realm. He says that fright of the “other” in the human world has been projected onto the plant

kingdom. A local plant expert, Bridghe McCracken of Helia Land Designs often mechanically pulls out invasives, after thanking them for their service, and tries to restore balance with a mix of hearty native species, and close attention to the soils.

Another feature of invasives, according to Buhner and Scott, is that they often have incredible healing powers and tend to grow in areas where they are needed. Japanese knotweed, for example, in addition to being largely edible, is full of vitamins and other beneficial compounds. It is the world’s most concentrated form of resveratrol, the substance that gives red wine its healthful properties. Now a multi-million dollar industry, resveratrol is touted for its anti-aging qualities, and said to be protective against cancer, heart disease, inflammation, and a long list of other maladies. According to Buhner, who has developed a respected herbal protocol against Lyme disease, knotweed roots also provide the single most effective agent against the elusive and sometimes-crippling spirochete that causes it. Using invasives, as food, medicine, and even biofuel, Scott and Buhner suggest, is one way to deal with them.

Anyone in need of a bountiful harvest of wild-crafted medicinal knotweed roots? They’re free! U pick ‘em.

— Janet Jensen

Fishing Derby August 10

The remaining derby dates at the Berkshire National Fish Hatchery, down River Road, are on the second Saturday mornings—August 10, September 14.

All events are 9 to 10:30 a.m., for children thirteen and under, rain or shine. Prizes are awarded, and limited equipment and assistance is available. Don’t forget to wander up to the hatchery and observe the fish in the tanks or check out the museum room past the tanks in the low building to the left.

Virginia Wasiuk Lay Circuit Judge

Missouri Governor Parson appointed Virginia Wasiuk Lay as associate circuit judge for the 21st Judicial Circuit. Lay is a special assistant circuit attorney for the Missouri Division of Employment Security, as well as an adjunct professor at the Washington University School of Law. She earned a B.A. in English and American Studies from Columbia University in 1990, and a Juris Doctor from Washington University School of Law in 1993.

Lay is currently a member of the Missouri Bar Association, St. Louis County Bar Association, and the Bar Association of Metropolitan St. Louis. She serves as a member of the Missouri Bar Criminal Practice and Procedure Committee, as well as on the board of Unleashing Potential, a nonprofit dedicated to unleashing the potential of St. Louis’ children, families, and neighborhoods. She lives in St. Louis County with her family.

Note from Virginia: I am Kyp and Joe Wasiuk’s daughter and I live in St. Louis now but have returned almost every summer of my life. My children are the fifth generation in our family to be lucky enough to spend time in Monterey, for which we are grateful. My recent appointment as a circuit judge achieved a life long dream that I wanted to share with the community.

— Virginia Wasiuk Lay

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August Wildlife

Bears, Butterflies, Dead Fish, and More

A bobcat visited Bonsai Cox at her place near Stevens Pond, in late June. She got a good photo of this cat. Early in July, Nancy Kleban on Beartown Mountain Road saw two bear cubs up a tree near her garage and her next-door neighbor saw the mother bear and a third cub at his place. A week later, Nancy saw another, or maybe one of the same bears, strolling up her driveway.

Peter Murkett wrote to tell of a mother bear and three cubs in his part of town, which is the New Marlborough Road and Harmon Road neighborhood. Pete also wrote of a remarkable small beetle that had antennae like tiny arms, each with three “fingers” at the end which it would flex and wave. The beetle came in with some lettuce from Taft Farm.

Carol Edelman has a native plants garden with Culver’s root in bloom. She was visited there by a tiger swallowtail butterfly and took a fine close-up photograph. She also found a female polyphemus moth that had recently died, and explain that the males have a broader, fancier set of antennae, as in the photograph she sent in last month. Also See Ed Salsitz’s photograph this month.

Ed sent a Polyphemus and a luna moth from his place and reports frequent sightings of turkey vultures sitting on Gould Farm fence posts, which he passes when he is on his way to the transfer station. Ed also found a handsome garter snake looking confident of its protective coloring in the grass.



Lake Garfield shallows

—Susan McAllester

Colta Ives has seen two “striped creatures” and gotten good close-up photographs. The bristly one with black wings is a species of Tachinid fly, called a bristle fly or a bee mimic fly. The Tachinids are a large family and nearly all species are parasitic, laying their eggs on insect hosts. Colta’s other insect in stripes is a Nessus sphinx moth, one which flies in the daytime and visits flowers for nectar, including lilacs, phlox, and geraniums.

In mid-July both Jeremy and Kate Vallianos reported they had been out on the east part of Lake Garfield and seen first a few and then many dead fish. Dale Duryea helped out with a notice from the Division of Fisheries and Wildlife on the subject

of summer fish kills that says most “are the result of low oxygen levels at higher temperatures” especially in shallow water.

About this same time, Chuck Pierce wrote to say he and John Farrell had gone




*Above: Colta Ives’s Tachinid fly
Below: Her Nessus sphinx moth*



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for a walk on Diane’s Trail and been rewarded by the sight of an otter swimming in the Konkapot. The otter swam to shore and went up the bank. Chuck says it was about three feet long, “from nose to the end of a very long tail!”

Later in July, Mark Makuc sent in an account of a bear with three cubs near Art School Road. While Mark watched and took photographs, the mother and two cubs walked off, giving the third cub the chance to dive into the stump with no competition from its siblings. It went in head first, hanging onto the top of the stump with its hind legs and feet, as it dug for a feast of insect larvae, maybe carpenter ants or woodborers.

Thanks, as always, for sending us your wildlife news.

—Bonner McAllester, 528-9385, bonnermca@gmail.com.



Above: Carol Edelman's tiger swallowtail
Below: Her female Polyphemus moth



Above: Ed Salsitz's Polyphemus moth
Below: His luna moth



Mark Makuc saw one cub investigating as the other two and their mother left



Ellen Coburn's black swallowtail



Bonsai Cox sent in this photo of a mourning dove on her porch railing.

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New Town Clerk Office Hours

Beginning in August, the town clerk's office hours will be Tuesdays, 4 to 7 p.m., Wednesdays, 10 a.m. to 5 p.m., and Saturdays, 8 a.m. to 1p.m.

— Kenn Basler, Chair
Don Coburn and Steve Weisz
Monterey Select Board
(kenn@monterey.gov)
(don@monterey.gov)
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For general inquiries, please click "Contact Us" at www.montereyma.gov.

Cell Tower Progress

Select board member Steven Weisz sent word that the Monterey cell tower has been fabricated. It is ready to ship from the Indiana-based Tower Builder company. The actual installation will have to wait until the bidding and permit process is complete. A maintenance road and base also have to be constructed on Hume Lake site. The road construction may take place in September and, weather permitting, the tower should be operational by Halloween.

Select Board Corner

Welcome to the Select Board Corner. Our goal is to submit an article each month to the *Monterey News* to keep everyone up to date on important issues, office closings, highway projects, etc.

MontereyMA.gov

Our town website is a great way to access information about the town.

Meetings and Events

Board of Health: Mondays, August 5 and 19, at 4 p.m.

Conservation Commission: Wednesday, August 14, at 6 p.m.

Council on Aging: Mondays, August 12 and 26, at 10 a.m.

Visiting Nurse: Berkshire VNA will be here on Thursday, August 8, from 2 to 3 p.m. No appointment necessary.

Parks Commission: Wednesday, August 7, at 6 p.m.

Planning Board: Thursdays, August 8 and 22, at 7 p.m.

Select Board: Wednesday, August 7, at 6:30 p.m., and August 21 at 9 a.m. Please call 528-1443 x111 to be placed on the agenda.

Town Hall Closings

Most individual office closings are posted on the town calendar and on the department's voicemail message. We recommend always calling ahead.

Other News

The Select Board annual second homeowners' meeting will be held at town hall at 10 a.m., on Saturday, August 10.



It was a high scoring affair well into double digits for both teams at the annual July 4th softball game at Greene Park in Monterey. Informal, co-ed, pick up games continue through September every Sunday at 10:30 (10:00 batting practice). All levels welcome with equipment provided.

—Steve Graves

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Come Join the Fun!

Calendar

Sundays: Slow-pitch softball, Greene Park.
10 a.m. batting practice, 10:30 games.

Tuesdays:

Chair yoga, with Connie Wilson, 9 a.m.,
community center. Sponsored by the
parks commission.

Cards and games, 1 p.m., community
center.

Community chorus, 7:30 p.m., com-
munity center.

Mondays and Wednesdays: Mahjong,
3:30 p.m., community center.

Wednesdays: Balance Review classes,
10:30, community center.

Thursdays:

August 1 and 15: Darn Yarners, 1 to
3 p.m., community center.

Gould Farm farmers market, Roadside
Cafe, 4 to 6 p.m.

Fridays: Cards and games, 1 p.m., com-
munity center.

Saturdays:

August 3, 17, 24, and 31: Ping pong, 2 to
4 p.m., community center.

Thursdays: August 1, 8, and 15: Vikki
True leads "Spiritsongs," community
center. See page 3.

Saturday, August 3: Live animals from
Leahey Farm, library, 10:30 a.m.

Friday, August 9: Tag sale to benefit the
library, 10 a.m. to 2 p.m., community
center. See page 2.

Saturday, August 10:

Fishing Derby, 9 to 10:30 a.m., Berkshire
National Fish Hatchery. See page 23.

Jeff Boyer as the Bubble Man, library,
10:30 a.m.

Moving Arts Exchange open house,
10 a.m. to 2 p.m. See page 8.

Tuesday, August 13: Movie night, town
hall, 7 p.m. *Quartet* will be shown.
See page 5.

Saturday, August 17:

"Aliens: Escape from Earth," with Science
Tellers, library, 10:30 a.m.

"Acupuncture: The Healing Art of Aging
Gracefully," 11 a.m. to 12:30 p.m.,
community center. See page 7.

Library opening celebration, noon to
2 p.m. See page 2.

Lenox Contra Dance: 8 to 11 p.m. Live
traditional New England dance music.
Lenox Community Center, 65 Walker St.
LenoxContraDance.org. Contact 528-4007.

Transfer Station News

On Sunday, July 14, someone, probably not
knowing, took a large chrome four-wheeled
cart from outside the swap shop. This cart
was about six feet long and had a middle
shelf. Beth had been using this cart to haul
heavy items on, such as boxes of books,
so she could wheel those items in under
cover at night. It would be a big help to
Beth if the cart could be returned.

Talking about the swap shop, Beth
would like to remind everyone that if
you have items that we normally have to
charge for disposal, like air conditioners,
de-humidifiers, large chairs, tires, and the
like, these items can't just be dropped off at
the swap shop, even if they work, without
seeing Beth first.

Hopefully, by the time you read this,
I'll be back to working at your transfer
station. It has been a long haul, about six
months, but now I feel great and ready to
get back to work. I would like to thank
all the people who sent me "get well"
cards and would ask Beth weekly as to
my health. All your caring thoughts and
prayers helped get me through the hard
times. Thanks once again.

Guess that's all for now. I hope every-
one is enjoying themselves this summer
here in the Berkshires.

—Dave Gilmore

Tuesday August 20: Census workers
recruiter, library, 9:30 a.m. to noon.
See page 6.

Monterey News deadline.

Wednesday, August 21: Census workers
recruiter, library, 2 to 4:30 p.m. See
page 6.

Saturday, August 24: Bidwell History
Talk, 10 a.m., Tyringham Union Church.
See page 15.

Saturday, August 31: Bidwell House,
"Tracing Native Histories on the Land-
scape," 1 p.m. See page 15.

Police Emergency Contacts

- For real emergencies, call **911**.
- For non-emergencies to contact the
Monterey Police Department, call:

528-3211.

Monterey News

The *Monterey News* is an independent
nonprofit corporation dedicated to fos-
tering communication in the Monterey
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Transfer Station Summer Hours

Sunday	10 a.m.–6 p.m.
Wednesday	8 a.m.–1 p.m.
Saturday	8 a.m.–1 p.m.

Upcoming Blood Drives

American Red Cross

RedCrossBlood.org

Friday, August 16: 10 a.m. to 3 p.m., at
Lee Council on Aging, 21 Crossway,
Lee, MA.

Friday, August 30: 2 to 7 p.m., at
Berkshire South community center
on Chrissey Road in Great Barrington.

MONTEREY NEWS

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MONTEREY LIBRARY

Ask about museum passes!

Monday.....	7-9 p.m.
Tuesday	9 a.m.-12:30 p.m.
Wednesday	2-5 p.m.
Thursday	4-6 p.m.
Friday.....	4-8 p.m.
Saturday ..	9:30 a.m.-12:30 p.m.
.....	7-9 p.m.

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*Contributions from local artists this month:
Rachel Arnow, p. 2; George Emmons, p. 20;
Bonner McAllester, p. 17 (and pgs. 6 and 23.).*

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