Pick up at: the library (in and outside), outside town hall, transfer station, and Bracken Brae farmstand



Tyringham Valley looking north. This is a fitting image for Monterey celebrating the 175th anniversary of breaking away from Tyringham, becoming its own town.

Painting by Bob Horvath.

Lakefest culminated with a campfire and many, many smores (including glutenfree), roasted on huge sticks for a very "Sweet Lakefest."

A Sweet Lakefest Indeed! page 7

I'm drawn to in-between spaces, those liminal borderlands where meadow isn't yet forest or where sand and ocean waves conspire together to continually shift the boundary of a beach.

Sunrise, Sunset... page 16

You may have heard that the lake was named for President James A. Garfield after he was assassinated in 1881. But do you know why?

Lake Garfield's Name page 8

The wellness clinic is cancelled until further notice because no one has used this service for the last three months.

Council on Aging page 26

It's hard to believe that our fourth month is coming to an end.

Beth and Dave's Travels, pt. 4 page 19

Maybe the predator would think the moth was a snake, or an ancient king who is half snake.

Cecropias, Life Cycles page 18

It is also the largest lime-green moth, with a wingspan of five inches or more and thus easy to identify.

Luna Moths page 14

Despite this being an uncontested election, voters gave Jenssen support with 130 of the 143 votes.

Special Election page 2

The central issue, of course, is the abundance of material wealth our culture enjoys, and the absolute lack experienced in developing countries.

Balancing Surplus & Scarcity page 12

Momentum is building, and we aim to support it by informing residents of costs, benefits, and incentives—conditions that evolve continually.

Renewable Energy Group page 4

"As I walked by where a stream crosses under the road, something caught my eye. It was three good-sized river otters having quite the feeding frenzy!"

August Wildlife page 22

Update on the Monterey Master Plan

Saturday, August 20, the Monterey Planning Board and Seth Jenkins from the Berkshire Regional Planning Board held our second public meeting. This one focused on "Open Space and Recreation" in Monterey. There were thirty people attending in person and more participated remotely. The public meeting was held to provide input on the survey that will be available early in the fall. All who participated were very engaged and involved, and there were many questions and lively dialogue.

There will be a public survey open to all citizens in town that will guide the updated Master Plan. We hope to have a mailing sent to everyone in town with all information and dates of public meetings which will take place over the coming year. The goal of the mailing is to increase public participation both virtually and in person. We want all residents and homeowners to have input in your Master Plan. The goal is for the Master Plan to be completed within a year.

—Lauren Behrman Monterey Planning Board

Monterey Softball Open Call

All softball players
Join a 50+ year tradition of
pick-up slow pitch softball.
Ages 10 to 80.
Summer Sunday mornings
Greene Park, Monterey
Batting practice at 10
Games begin at 10:30

The *Monterey News* is published monthly by The Monterey News Inc, PO Box 9, Monterey, MA 01245-0009.

Special Select Board Election Scott Jenssen Elected

One hundred and forty-three people showed up to vote in the special election for the vacant select board seat. The vacancy was created the day after this May's town elections when John Weingold resigned with one year remaining in his term (until May 2023).

Scott Jenssen, who previously served on the select board for nine years (2007–2016), was nominated independently. No town party caucuses were held to select candidates.

Despite this being an uncontested election, voters gave Jenssen support with 130 of the 143 votes. The remaining votes were scattered among seven ballots with four write-in names, and two other ballots—one blank, and one with a protest statement.

-Stephen Moore

Gould Farm 5K Run

The Gould Farm 5K walk/run is on Saturday, September 24. This year we are offering both a timed and untimed 5K at Gould Farm as well as continuing to offer a virtual option.

The Gould Farm 5K supports our mission of helping adults with mental health and related challenges move toward recovery and independence. This event also boosts program availability and helps to provide financial assistance to families who qualify.

To register or to make a donation, go to GouldFarm.org, and scroll down a little to the "Gould Farm 5K" link. Online registration closes on Wednesday, September 21. Race day registration will be available beginning at 8 a.m.

We look forward to seeing you on race day!

—Liz Halla-Mattingly Development Associate

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Cultural Council Grant Applications

The 2023 grant cycle for Massachusetts Cultural Council is now open!

Have you been tinkering on a creative project you'd love to bring to fruition?

Do you have artistic gifts that could enhance the cultural fabric of our town?

Are there specific skills or knowledge you would like to share?

Here's a spark to help you get started: The Massachusetts Cultural Council is now accepting applications to fund projects in the arts, sciences, and humanities for its 2023 grant cycle. Applications will be accepted through Monday, October 17. But getting started on the process early can ignite the planning process and help bring the project into sharper focus.

Most grants range from \$300 to \$1000. Sometimes that relatively small amount is enough to help get projects off the ground.

Applying for a grant from the Massachusetts Cultural Council need not be onerous: It consists of a relatively simple online application, with a short description of the project and enough detail to show that it has a good chance of success.

Information and a video at massculturalcouncil.org/communities can guide you through the process and point you to the list of our local priorities. The state council is also offering an informational webinar for applying for local grants on September 13 at 6 pm (use the same url to register). And, if you have additional questions or issues, Erica Stern (ericastern71@gmail.com) of the Monterey Cultural Council has offered to serve as a mentor.



A ceremonial walk through Great Barrington to the Housatonic River, organized by the Alliance for a Viable Future, was one of the diverse offerings supported by several local cultural councils, including Monterey's, last year. Applications for the next grant cycle are open through October 17.

We don't want the process to get in the way of good ideas.

In 2022, the Monterey Cultural Council awarded over \$7,000 in state and local funds to twenty-one applicants, with an emphasis on local, home-grown activities. These included a series of history talks and a country fair at the Bidwell House Museum, the Monterey 175th anniversary commemorations, and a local poetry reading class. We also supported children's programs at the library and through the Flying Cloud Institute, a celebration in honor of Indigenous People's Day, and work to make Monterey a pollinator friendly community, among other things.

If you've been thinking about some activity, performance, or project that would enhance the cultural fabric of our town, now is an opportune time to start making it real.

— Janet Jensen Monterey Cultural Council

Pulling for the Pantry

Thursday evening, September 22, from 7 to 10, enjoy an evening of rockin' and swingin' music at The Egremont Barn in South Egremont, featuring The BTU's, Misty Blues, Rees Shad & The Conversations, and special guests Wanda Houston & Tyler Fairbank.

The People's Pantry of Great Barrington has been fighting food insecurity in south county for twenty-three years and in recent years demand has skyrocketed for their services.

The Pantry has recently embarked on a \$300,000 fundraiser to meet this year's projected operating costs in the midst of a continuing surge in client numbers and increased expenses. The musicians coming together for this concert all recognize the role the Pantry plays in our community. All proceeds from the evening will benefit the People's Pantry.

Tickets will be \$20 each, and can be purchased at PullingForThePantry.com. You can also get details on the evening's lineup.

—Rees Shad



Anniversary Book

Buy an ad!!

This is a unique opportunity to be a part of history. Buy an ad for your business or a personal/family ad. \$500 Platinum Full Page (includes 2 books) \$250 Gold Half Page (includes 1 book) \$175 Silver Quarter Page (includes 1 book) For more information, or to purchase an ad, email montereybook175@gmail.com.

The deadline for ads is September 16th.

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Monterey Renewable Energy Group September Report

Since its inception last winter, the Monterey Renewable Energy Working Group has done its research. We have spoken with experts, with officials from other towns, with officeholders in county and state government, with solar panel installers, and with academics. These efforts recently led us to an agreement, endorsed by the select board, with the UMass Amherst Clean Energy Extension program. Extension staff will assign a few students, under staff guidance, to assess Monterey's solar resources and infrastructure, conduct a survey of residents, and draft an action plan. Monterey will be the students' focus for the full school year, with the action plan due in May of 2023. The program is free.

We are planning for the student effort to dovetail with the work of a professional energy consultant funded by the federal American Rescue Plan Act and/or the state's Municipal Energy Technical Assistance grant. Beacon Integrated Solutions provides such professional services, and the Working Group has already had several conversations with Beth Greenblatt (a Beacon founder highly recommended by Steve Schatz, the former Stockbridge Select Board member who was instrumental in guiding that town to its municipal

solar installation). Ms. Greenblatt was enthusiastic about the benefits of student energy and idealism, and we feel that free student work undertaken in tandem with a professional's experience offers the best of both worlds. We look forward to an action plan specific to Monterey geography, infrastructure, and citizen input. Ultimately, the goal is specifications for a request for proposals from installers to provide solar arrays for town buildings.

Meanwhile, we also want to promote residential solar installations. Town building permits show roughly twice as many solar installations in calendar years 2020 and 2021 as there were in 2018 and 2019. Momentum is building, and we aim to support it by informing residents of costs, benefits, and incentives-conditions that evolve continually, and have changed most recently with the federal Inflation Reduction Act, and its provisions addressing climate change. To this end we have printed an informative flyer you can pick up at the transfer station and town offices. We also have a new email address (rewg@montereyma.gov) where we can answer your questions or steer you to reliable sources. We plan to add detail to our inventory of local solar installations, providing kilowatt capacity, cost, battery storage (if any), and the company names of installers.

Stay tuned. We're making headway.
—Peter Murkett, Chairperson
Renewable Energy Working Group

9th Annual Berkshire Pottery Tour Visit Local Ceramic Studios

The self-guided 9th Annual Berkshire Pottery Tour, which takes place the weekend of September 24 & 25, from 10 to 5 each day, is designed in a geographic loop and participants can start at any studio. Orange and white Berkshire Pottery Tour road signs will be posted at key turns on the weekend of the event.

A detailed map is available on the Berkshire Pottery Tour website, berkshire-potterytour.com, as well as on widely distributed brochures. Attendees who pick up a Berkshire Pottery Tour brochure and have it initialed at each studio will be entered into a raffle to win a gift of five pots donated by the host potters.

"The Berkshire Pottery Tour is quintessential Berkshires. In a community rich with artists, the tour provides a critical opportunity to support the artisans that enrich our region, to connect and to understand the hands and hearts that are behind the art," raves Lucie Castaldo, executive director of the Berkshire Art Center (formerly IS183).

This year's tour includes the following studios: Daniel Bellow (Great Barrington), Ben Evans (Richmond), Ellen Grenadier (Monterey), Linda Skipper (New Marlborough), and Paula Shalan >



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PHONE (413) 528-8900 FAX (413) 528-9132 (Stockbridge), and The Berkshire Art Center (Stockbridge), with additional guest potters at each studio. Grenadier Pottery of Monterey will host two guest potters, Michael McCarthy and Connie Talbot.

Together the potters tell a compelling narrative on the tour, though their styles are vastly different. Visitors will be treated to a variety of constructions, glazes, firing techniques (electric kiln, gas kiln, and smoke), and studio styles on display. They will also get an intimate look into the artists' studios.

According to Grenadier, "So many folks are turning to pottery for a hands-on creative experience. They want to see behind the scenes, the why and where and how others make pots. This tour is an invitation to poke around and ask questions!"

At each of the five studios, the potters will be available to talk about their clay work and/or to demonstrate their techniques. Plus there will be wares on display for purchase.

Visitors can see a preview of each studio via a short film on the Berkshire Pottery Tour website.

For more information, call Ellen Grenadier in Monterey, (413) 528-9973, or email her at grenadierpottery@hotmail.com.

—Ellen Grenadier

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September at the Knox Gallery

We hope you will make a trip to the library and the gallery before September 10 to enjoy *Julie Shapiro: Interleave*, which is on view. Longtime Monterey resident, champion and co-director of Knox Gallery, Shapiro and her paintings, drawings, and prints always enjoy—and deserve—an enthusiastic reception at the gallery. The centerpiece of *Interleave* is a group of prints called "Peeling Oranges" that the artist achieved using a variety of etching techniques while working with master printer Marjorie VanDyke at VanDeb Editions in Long Island City, NYC.

The artist gratefully cites the Martha Boschen Porter Grant from the Berkshire Taconic Foundation, which enabled her to work with a professional print shop, which was a long-held dream. At Knox Gallery, we are grateful to the Monterey Cultural Council and the Massachusetts Cultural Council, which support our artists' talks.

Lee O'Connor: Beyond the Verge opens Friday, September 16. O'Connor, a Berkshire County resident, grew up in the Scottish Highlands and completed both his BFA and MFA in drawing and painting at Edinburgh College of Art. After teaching for several years in Scotland, he received the Alastair Salvesen Painting Travel Scholarship in 2008, which took him to South America to research and develop artwork for a solo show at the Edinburgh Royal Scottish Academy. Before living in the US, Lee worked with the non-profit arts organization, Art Angel Dundee, supporting people suffering from mental health difficulties. His work has been exhibited nationally and internationally.

The artist states that "Interaction and interventions between people and the landscape broadly inform my art practice." He focuses specifically on the everyday interactions between people and landscape that appear to create oddities, such as the colors and shapes from signage staged against the backdrop of woods and mountains "beyond the road's verge." Using raw pigment and photographic processes, his recent work introduces saturated geometric shapes into imagery reminiscent of early photography.

Beyond the Verge will host an opening reception on Friday, September 16, from 5:30 to 7:30 p.m., with refreshments under



Lee O'Connor in his Berkshire studio.



Reduction Memory Refraction-IV cyanotype & pigment on paper 76x56cm 2022

the library tent. The artist will speak about his work in the Knox Gallery on September 30 from 5:30 to 6:30 p.m. Please join us for both events!

All Knox Gallery events are admission free. Exhibits can be viewed during library hours (see back page of this issue). At present, masks are required in the library, but we encourage visitors to check current Covid protocols before attending any of our events. Knox Gallery, Monterey Library, 452 Main Road, Monterey, MA, 528-3795; MontereyMassLibrary.org/Knox-Gallery; Facebook.com/KnoxGallery.

-MaryPaul Yates

Monterey Community Center



Connie Wilson leading a chair yoga class under the MCC tent.

Repeating activities Tuesdays:

Chair Yoga, 10 to 11 a.m. Mahjong, 7 to 9 p.m.

Tuesdays and Fridays: Bridge, 1 to 4 p.m. **Wednesdays:** Tai Chi at 10 a.m. \$8.00 per class or \$40.00 for the month of September.

Alternate Wednesdays: Support group for people with diabetes, at 1 p.m. See the MCC website (ccmonterey.org) or calendar for September dates.

Wednesday, September 7: Renewable Energy Working Group, at 6 p.m. First Wednesday of the month.

Thursday, September 1: Darn Yarners, at 10 a.m. First Thursday of the month.

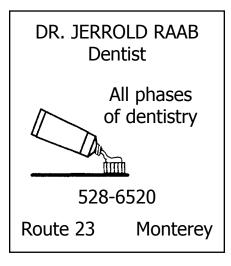
Fridays: Super gentle yoga, 10 to 11 a.m. To register, please email jamesboneparth76@gmail.com.

Saturdays:

Coffee Club, 8:30 to 10 a.m.

Ping Pong, at 2 p.m. Inside, as long as folks are interested.

Sundays: Al Anon family group meeting, at 9 a.m.





Karen Axelrod and Eric Martin

Special Events

Sunday, September 11: Concert with Eric Martin and Karen Axelrod, 4 p.m. On Sunday, September 11, at 4 p.m., the Axelrod-Martin duo will present a concert at the Monterey Community Center. Karen Axelrod (piano and accordion) and Eric Martin (fiddle and viola) specialize in traditional dance music from around the world. Their improvisational style makes each concert a unique experience filled with toe tapping fiddle tunes to hauntingly beautiful melodies and everything in between! Come on out to hear this dynamic duo!

The concert may be in the tent if it's still up, but if it is, the concert will be inside and masks, preregistration, and limited numbers will be needed.**

Thursday, September 15: Yoga Nidra, 6 to 7 p.m. By donation. Please register.**

Saturday, September 17: Monterey is a pollinator-friendly town. Now what? Cynthia Grippaldi, District Administrator of the Berkshire Conservation District, will talk about innovative ways to support pollinators, at 11 a.m. Please register.**



Galina Vromen

Sunday, September 18: Herbalism, with Angela Highsmith - transforming everyday food into medicine, at 1 p.m.

Friday, September 23: Galina Vromen reads a short story, "What would have happened if the biblical Abraham had told his wife, Sarah, of his plans to sacrifice Isaac?" That is the starting point of Galina's "Sarah's Story," which has been a selection of NPR's Selected Shorts program. You are invited to hear a reading by the author of her maverick take on this biblical story. There is no fee. 4 p.m. Please register.**

You can find more information on events at comonterey.org.

**To register, call (413) 528-3600, or email calendar@ccmonterey.org.

-Nancy Kleban

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A Sweet Lakefest Indeed!

Saturday, August 6, Montereyans joined together for this year's Lakefest, a long standing tradition at the Lake Garfield beach, celebrating our access to the lake, community, and the natural beauty we see every day. After a rain delay, we had an early afternoon-into-evening event filled with great conversations, catching up with old friends, meeting new friends, and enjoying the warm breeze.

Starting at 4 p.m. we had face painting and a sand castle contest with prizes for all participants.

At 5 p.m. there were hot dogs with all the fixings and watermelon provided by Gould Farm.

Then at 6 p.m. we were entertained by amazing music from a dock right across the lake. Bobby Sweet and Lara Tupper's soulful voices came across loud and clear amidst the gently lapping lake. They chose songs marking a moment in time to embrace our love for the lake, our community, and our lives.

Lakefest culminated with a campfire and many, many smores (including glutenfree), roasted on huge sticks for a very "Sweet Lakefest."

Thanks to everyone who provided encouragement, advice, funding, and labor, making this a very sweet Lakefest indeed. The following are some of the folks and groups—even if they couldn't be there—who helped make it happen (forgive us if we left anyone out):

Francine Leventhal, Wendy Germain, Julio Rodriguez, Doug Schmidt, Tom





Karen and Chris Traynor allow other boaters to use their dockfor the boat rides.

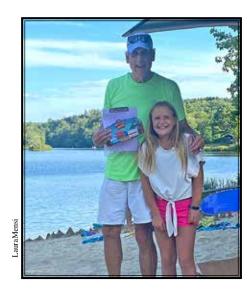
Right: Judge John Camp awarding prizes for the sandcastle contest

Ryan, the Makucs—Marya, Nadia, and Justin Makuc, the Hursts—Catherine, Oscar, and Vim, Zach Transport, Officer Keith Avalle, Cheryl Zellman, Lauren and Jeff Zimmerman, Tom Mensi, Steve Snyder, the Monterey Parks Commission, the Traynor family, John Camp, Hy Rosen, The Friends of Lake Garfield, Monterey Coffee Club, Kayli Vella, Denise Andrus, Stephanie Sloane, Ilene Marcus, and Mary Makuc.

—Mary Makuc and Ilene Marcus



Above: Tom Mensi getting the Hartford Whalers team logo.



Monterey Historical Society News

The Monterey Historical Society is pleased to continue our series of stories about the history of Monterey as we celebrate the 175th Anniversary of Monterey (and the 283rd anniversary of its settlement as Township No. 1 in 1739). We hope that you will join the historical society. It's easy. Send a check addressed to Monterey Historical Society, PO Box 381, Monterey, MA 01245. An individual membership is only \$15, family membership is \$25.

Our next event, a talk by Rob Hoogs, "The Mills of Monterey," will be held at the Monterey Library on Thursday, September 15, from 7 to 8 p.m. Hope to see you then.

How Lake Garfield got its name—and why.

You may have heard that the lake was named for President James A. Garfield after he was assassinated in 1881. But do you know why?

The Garfield name has been in Monterey since its founding as Township Number 1. Lieutenant Isaac Gearfield (as the name was then spelled) was one of the first European settlers, trekking from Weston, MA. According to family lore, he "crossed the mountains into the wilderness of Western Massachusetts in about 1739, and slept the first night under his cart." He married Mary Brewer here in 1742. She was also born in Weston, daughter of Captain John Brewer, for whom the lake was named Brewer Pond. They had twelve children here

at his homestead along the Boston-Albany Post Road (now Mt. Hunger Road). Their descendants lived here for many generations and their house still stands.

President Garfield was a cousin several times removed from Lt. Isaac Gearfield, and he was very interested in his Garfield family history.

President James Abram Garfield was born in Ohio in 1831. He attended Williams College from 1854-56, and while there, visited his relatives in Monterey/ Tyringham to walk in the footsteps of his ancestors. Here is what he later wrote about his family roots:

"My father moved into the wild woods of Ohio before he was twenty years of age, and died when he was thirty-three, and of course when his children were all small, and I, the youngest, but an infant." His mother raised their five children. Although James grew up in poverty, he was an excellent student and became a skilled orator and loved history."

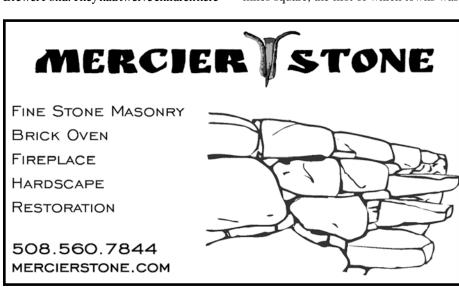
James continued that, "While I was in college [in Williamstown] ... I went down to old Tyringham (Monterey) ... and there found a large number of Garfields, some twenty families, old residents of that neighborhood ... In an old graveyard in Tyringham (now Monterey), I found the tombstone of Lieutenant Isaac Gearfield, and on the stone was recorded 1755 [sic, actually 1792], as the date of his death."

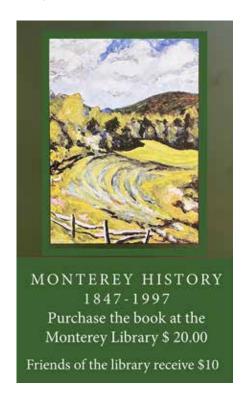
President Garfield continued, quoting from the 1829 History of Berkshire County: "In 1735 the Legislature authorized the laying out of four new towns, each six miles square, the first of which towns was



Tombstone of Lt. Issac Gearfield, Old Center Cemetery, Monterey, MA.

Tyringham. It was divided by lot, four of the proprietors being clergymen, and they drew the following lots... 'Rev. William Williams of Weston drew Lot No. 38, now (in 1829) occupied by Daniel Garfield [emphasis added] ... The settlement commenced in 1739. In April of that year, Lieutenant Isaac Gearfield and Thomas Slaton moved into (Township) No. 1 and John Chadwick joined them about the same time... About 1750, John Jackson moved into the town





from Weston, and persons by the name of Thomas and Orton...moved into it about the same time... The first log house in [the North Tyringham or Hop Brook] section of the town...was erected by Deacon Thomas Orton, about 1762, on the ground since owned and occupied by his son-in-law, Isaac Garfield (Lt. Isaac's son)."

The young James A. Garfield attended Western Reserve Eclectic Institute (later named Hiram College) in Hiram, Ohio from 1851-54, and met his future wife Lucretia Rudolph there. In 1854, he transferred to Williams College. After graduating Phi Beta Kappa, he returned to Hiram College, becoming its president. He had become enlightened by the abolitionist atmosphere at Williams College and decided to pursue a career in politics. He practiced law in Cleveland and was elected to the Ohio State Senate.



Statue of James A. Garfield at Hiram College in Ohio.



tions of the Fourth in South Berkshire. At Fargo's pond, in Monterey, there was an oration by C. E. Evans, and a short speech by C. B. Scudder, both of Stockbridge, poems by E. W. B. Canning and C. E. Slater, dancing in the hall and a dinner. The pond was rechristened "Lake Garfield," in honor of the president, and as soon as he is sufficiently recovered to be comunicated with he will be notified of the event by a committee appointed for that purpose. At Lake Buel there were

James A. Garfield served with distinction in the Union Army in the Civil War and was promoted to major general. He later resumed his political career, serving in the US Congress beginning in 1863. He was a firm supporter of black suffrage.

In 1880, as a newly elected senator, he became a compromise candidate for president and ran against Winfred Hancock, another Civil War general. James A. Garfield was elected president by a small margin in the popular vote but a large margin of electoral votes. He was inaugurated in March 1881.

Only three months later, on July 2, 1881, he left Washington, DC for a vacation in New England which was planned to include a visit to his alma mater in Williamstown and to his relatives in Tyringham and Monterey. As he was leaving, he was shot by a deranged and frustrated office seeker who wanted to be appointed

as ambassador to Paris. In those days before antiseptics and modern medicine, the president developed infections, lingering for two months before dying on September 18, 1881.

As noted in the clipping (above) from the *Berkshire County Eagle*, on July 4, 1881, two days after the shooting, the citizens of Monterey honored the long history of the Garfield family in Monterey and expressed their affection for President James A. Garfield by renaming Brewer's Pond to be Lake Garfield.

At that point, it was hoped and expected that President Garfield would recover and be able to complete his visit to his family's ancestral home and to the newly named Lake Garfield. Unfortunately this wish was not fulfilled. But his name and legacy continue to the present.

-Rob Hoogs



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Diorama Workshop

On Wednesday, August 3, Samuel Hurst, 14, who lives on Fairview Road, offered a diorama workshop for kids. The workshop was held in the library, and was supported by both the library and the Monterey Cultural Council.

Samuel had very nice manufactured kits (Basic - Scene ARama) for each person who attended. Unfortunately, only two children showed up, but that meant that Samuel was able to give them a lot of attention and support. He was an excellent teacher, gave careful and clear instructions, and knew when to step in and when to let the kids figure things out.

Samuel has been building dioramas since he was eight and still living in Germany. He shared some photos from one of his largest. The scale on the kits was 1:87 which is the same scale for model HO railroads, shown in his photos on the right. If you would like to learn more about the dioramas, contact Samuel at samueljameshurst@icloud.com.

The workshop lasted a bit less than two hours and was very much appreciated by Nara and Emmett. The library has more consumable kits which are available for the asking. The kits have excellent instructions, but for younger children some adult support is necessary.

Thank you Samuel.

—Stephen Moore

Full disclosure: Nara and Emmett are my grandkids.

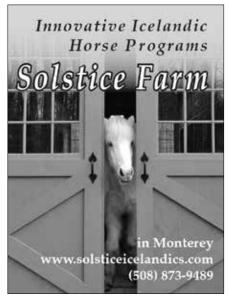




Above: Just a portion of a very large model railroad diorama Samuel created. Right: A close-up showing the level of detail he crafted.







Annual Book and Plant Sale

On the last Saturday in July the Friends of the Library held their annual book sale, with Myrna Rosen selling plants, donated by Clark's Nursery in Lee, to benefit the Native Pollinators group.

Photos and captions by Carey Vella.







Above left: The book sale is a great way to foster young readers. Above: It was a great day for book browsing at the Friends of Monterey Library annual

book and plant sale on Saturday, July 30.

Left: Myrna's plant sale is always a hit!

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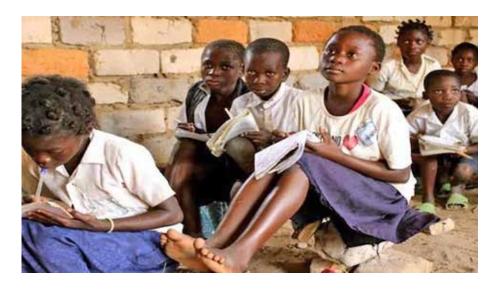
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Susan M. Smith Attorney At Law

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Balancing Surplus & Scarcity Upcycling Aids the Congo

A big question—one that Monterey residents, along with presenters Pauline Dongola, Leni Fried, and Mike Augsburger, discussed on a cool August evening under the Monterey Community Center tent. The central issue, of course, is the abundance of material wealth our culture enjoys, and the absolute lack experienced in developing countries.

Pauline, currently a resident of Great Barrington, grew up in the small village of Bikie in the Republic of Congo. She has been spearheading projects to bring material aid to Bikie, helping to build a school and upgrade the water supply. The Bikie residents themselves made bricks from local clay, and literally built the school from the ground up. It now serves 120 students, ages six to fifteen. Pauline co-ordinates the transport of large shipping containers of clothes and other supplies to support the village.

The collaboration of Pauline with Leni and Mike, from the Old Stone Mill



Center in Adams, enables refurbished bikes to be included in the shipments. Mike rehabilitates old cruiser bikes with coaster brakes which the Bikie residents use as their sole mode of transportation. The bikes are specially outfitted with platforms to carry unimaginable loads of water, agricultural goods, and other necessities.

A number of us in Monterey have been discussing how best to support this project. Look for some of those ideas in future issues of the *Monterey News*. Also visit oldstonemillcenter.org for more information and inspiration.

—Connie Wilson and Kit Patten



Contributions for August

As editor, I'm often asked if the *Monterey News* can be read "online," usually meaning through a website. Unfortunately we still don't have a website yet. However, readers are also happy to receive the *News* via email as a pdf file. A number of readers actually like having both the print version and the pdf. There are advantages to both.

An unfounded worry as the email list of recipients grew was that the emailed version would reduce the willingness of our readers to continue contributing to the paper. Happily this has not yet happened, and so we thank folks for their continued support regardless of which way they enjoy the paper.

If you would like to have your name added to the list to receive the emailed version, simply request it either by emailing MontereyNews9@gmail.com, or by asking for it when you make a contribution sent to Monterey News, PO Box 9, Monterey, MA 01245.

Thank you to these folks who recently sent in contributions to the paper:

June Thomas
Michelle Kaminsky
Kirsten Rosebrock
Nancy Ashen
Anna & Peter Poirier
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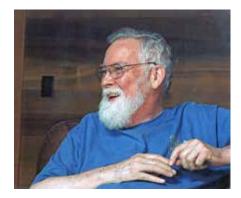
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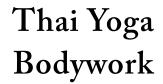
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Remembrance Terry Wing

Terry Wing (Arthur Kyle Wing III), a lifelong summer resident on Lake Garfield, passed away on August 1, after a long illness. Many of his eighty-eight years included summer time in Monterey on the Lake. When he was a boy he visited his Wing grandparents on Eaton Road and his Adams grandparents on Elephant Rock Road. Like many of us, he learned to swim, sail, row, paddle, and water ski on the lake; he went with Grandfather to pick up milk at the Tryon milk barn on the Tyringham Road, he borrowed books from Newman Abercromby at the library, chose boxes of animal crackers from the wire basket in Julius and Lester Miner's store, and hung out around the juke box in Nina and Della Tryon's tea room.

Terry grew up in Lancaster PA, in Chatham and then Nutley, NJ. He graduated from Montclair Academy in 1952 and Lehigh University in 1956. He and his high school sweetheart, Joan Finney, were



Local References



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Lotus Palm School Certified "The best massage I ever had." – E.D., Monterey

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Granddaughter Sarah with Terry and Joan clowning around.

married in 1957, and he did a two-year service in the US. Army (he used to say his war was the SuezCrisis). Together they had three sons: "Robin" (Arthur), Daniel, and John. Over the years their family and friends shared many happy times in their "Lazy A" cottage on Lake Garfield.

Terry's calling was in the ministry of the Episcopal Church. After receiving his M.Div. from Virginia Theological Seminary in 1961 and being ordained into the Episcopal Diocese of Newark, he served several congregations in the diocese. Later in his ministry he was certified for hospital chaplaincy and provided pastoral care to the residents, their families, and staff at New York State's Newark Developmental Disabilities Service in Newark, NY and Letchworth Village in Rockland County, NY.

People in Monterey knew Terry as a "people person." He was always ready for fun, for a party, for a joke. It won't be a surprise to know that he and Joan trained as clowns

in their retirement in Suffern, NY. They were known as "Beau" and "Peep," belonged to a Clown Alley in Rockland County, and volunteered at many social service programs in the area. It might be a surprise to know Terry was a major energy behind the "secret" Lake Garfield July 4th fireworks that occurred for many years over the lake.

Terry is survived by his wife Joan, his sons Robin (Sharlene) and Dan (Yvette Lucas), grandson Adam (Harriet), and granddaughter Sarah Wing ((Brian Shoyer), his sister Delight Dodyk (Paul) and nieces Phebe Dodyk Kiryk and Michaela Dodyk Schulz. His son John passed away in 2004.

Friends are invited to join the family in a service celebrating Terry's life in the Monterey Church of Christ on Saturday afternoon, September 17, at 2 o'clock, A reception will be held afterwards at the Monterey Library.

You were a true lover of life, Terry!

— Delight Dodyk



Luna Moths

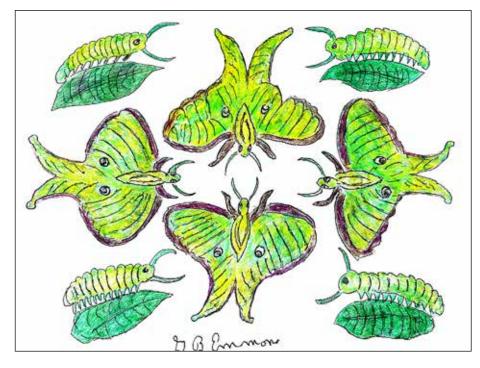
In 1987 the luna moth was chosen as the most beautiful moth in America and selected to appear on a United States postage stamp (below). More recently it was on the front cover of *National Geographic's 2016 Pocket Guide to Insects of North America*. It is also the largest lime-green moth, with a wingspan of five inches or more and thus easy to identify, making it a very popular species to observe



Remember 22¢ first-class stamps?

Luna moths live in the eastern half of North America, as far north as Saskatchewan in Canada, south to Texas, and in the east from Nova Scotia as far south as Florida. My illustration of the moths also shows four caterpillars, feeding on green leaves representing walnut, hickory, and birch leaves, known to be a favored food source in that stage of their development. The continental luna moth population is currently in decline because of deforestation of their habitat, pesticide use, as well as changing land use to more residential, business, or recreational environments not conducive to reproduction.

While both the males and females have bushy antennae, the male has a much



more noticeable, bushier antenna to detect the pheromones of prospective females prepared to mate. Once he finishes mating with one female, he flies on to find as many other females as possible. Once she has mated, she begins laying up to six hundred small round eggs. Luna moths in New England only lay one brood, but in the south they may lay up to three. The adult moths only live for a couple of weeks, solely for the purpose of mating. They have only vestigial mouth parts and no digestive tract, so they don't forage for nutrition.

In 1758 when the Swedish botanist, Carl von Linné (Latinized to *Linnaeus*) developed his classification system for plants and then animals, he named the moth *Actias luna*. (Luna for the moth's moon-like spots.) Subsequently, it is often mislabeled as an American moon moth. Over the years, philosophers, writing about the luna moth, express the moth's longing to capture the glow of a candle in its wings and fly away with it to light up eternal darkness as a character metaphor for achieving impossible dreams.

In my opinion, the luna moth is very worthy to be recognized. I believe in the Native American philosophy, "Every living creature on earth is sacred, even the smallest blade of grass." Carrying the "moon" spots leads many to believe it is a celestially-motivated spirit of earthly consequence. It is worthy of our recognition and appreciation.

-George B. Emmons



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The Journey Home

Perhaps on the journey home, climbing those ancient hills, days coming at us like a desert wind of loneliness, memory rushing through ruins we've failed to rebuild, scattered stones echoing history marked by the difficult passage they have known perhaps in that strict light, like a timeless reminder, illuminating those stone-strewn hillsides attending the wind, a place harder to let go than memory, carrying what we cannot leave behind, we will begin to draw near as naturally as water to parched lips, father to son, from a deep well of feeling, one exile to another, across the different hard distances we've traveled.

Perhaps there find the courage to burrow out of the dark confines of our inmost self-exile, out of alien fugitive landscapes, cities in which we sought refuge. Emerge from the labyrinths of a dislocated life—from the hardness of stone, from your absence, and for the first time see a path revealed ascending to each other, as if to a promised land.

Perhaps on the journey home climbing those embattled, pain-filled hills where so much has been lost, and gained, (a time and place always ours) in that pure light edging out of the desert illuminating a hard-earned wisdom, a country we may yet reach, we will begin the way we intended to begin our heart's journey.

—Amos Neufeld

(an earlier version of the poem first appeared in "Jewish Frontier," April/May 1986)

Two poems, both conversations with my father written decades apart—as a young man and an older one. Snapshots meditating on our lives.

—Amos Neufeld

What Would Heal You?

Though you survived, your scars of war would not heal. Too much you'd known and loved had perished. And I could not heal you—nor mend your shattered history: orphaned, carrying worlds lost you would not reveal.

What did I know about unbearable loss? You, who once escaped from slave labor to be with your dying mother, how could you foresee cattle cars, human freight, destined for a mass

grave in the teeming wound of sky? You were helpless to save your parents from an unkeeled world of pain, a wound unbounded that never healed flesh torn from earth—whose screams and scars you bear.

Father, you risked your life, but did you forgive yourself: that you survived—sought the will to live?

—Amos Neufeld

(First appeared in the 2022 issue of "Prism: I Could Not Heal You"



Sunrise, Sunset...

I'm drawn to in-between spaces, those liminal borderlands where meadow isn't yet forest or where sand and ocean waves conspire together to continually shift the boundary of a beach. The in-between moments that occur in time attract me, too. Maybe that's because I spent a lot of little-girl time with grandparents who savored those between-times, too.

On long summer evenings, after the work of Grandma and Grandpa's day was finished, I played on their front porch between the green enamel-painted rocking chairs they'd ordered from the Sears catalog. Meanwhile they relaxed contentedly side by side, silent, or speaking softly, or greeting neighbors taking an after-dinner constitutional—a stroll to get the digestive system moving before the body settled down to sleep. Any idea of what cherished toys or games I enjoyed at the time escaped me long ago, but the tranquil stability of those evenings still nourishes me.

And maybe I also love the liminal because of Zero Mostel. I saw him play Tevya in *Fiddler on the Roof* on Broadway in 1964. The poignant feelings that pierced my heart from the inside when I heard him sing "Sunrise, Sunset" from that stage are still with me. Those lyrics and that melody immortalized a simple, powerful metaphor for a life span.



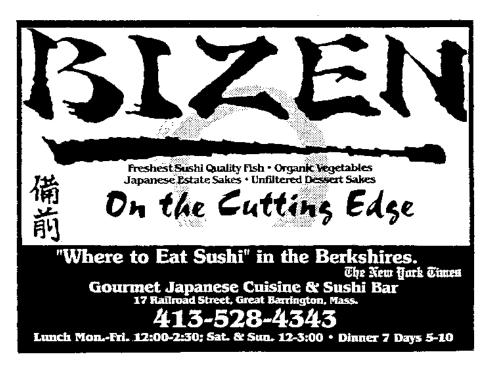
I snapped this pic just "over the border" to our west in Great Barrington.

That birth-to-death metaphor can include the challenges of sundowning, of course, the waning of mental acuity in some of the elderly as the day moves toward evening. After reading Maria Cheng's August 11 online article "Disturbing" on the Associated Press newsfeed, it seems to me that some health care practitioners and facilities north of the border in Canada are sundowning pretty severely themselves. The way they're using Canada's national euthanasia law assumes there's a class of disposable people. Who are these apparently unnecessary people? They're people whose minds or bodies chronically function differently from the mainstream image of hale and hearty.

In some cases, Maria Cheng writes, they've been offered, and have agreed to,

euthanasia for reasons other than those stated in the law as valid, or they've been offered death as an option without following other required protocols.

The first case she cites describes a man with multiple challenges who was hospitalized. He asked his brother to get him out of there as soon as he could. Not much later the family was notified that he had chosen to be euthanized, and that the facility had acted on his choice. The triggering cause listed on the documents as the reason for his death was hearing loss. Despite his difficulties, there was nothing in his medical records that would have qualified as a legitimate underlying cause for euthanasia. And that wasn't the only case Cheng cited.





Chilling, isn't it? Even more icy to me is the fact that, to preserve patient confidentiality, no family members were contacted about the patient's choice until after the deed was done.

Yes, confidentiality is important. So are the lives of those whose care requires the assistance of family members and/ or others to maintain their health. They may be vulnerable to pressure or given incomplete information, and may not know what questions to ask.

A number of years ago I got a phone call from Ginny, a long-time friend. We were erratic in our communications but close enough that after she moved from Massachusetts to Washington State, I'd been out to the west coast to visit. She'd been a guest with me in Monterey, and we'd met in New York when she'd been back on family business. She was a powerhouse in a tiny package, a woman who'd run in the NYC Marathon, worked as a journalist, and survived cancer several times, once with experimental treatment. After cancer, she'd become a successful fiber artist with a following on the west coast and in Italy. She lived near family in Washington and doted on her grand-niece.



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bottomlinebuilders.com Scott Jenssen

scott@bottomlinebuilders.net Massachusetts CSL 62673 - Massachusetts HIC 133864 Ginny called me one morning after more than a few months of silence. That happened sometimes between us so it hadn't seemed significant. She quickly cut to the chase.

"The cancer's back," she said. "This time it's in my brain and there's no treatment available. During recent months I've had times of clarity and times of total incomprehension. I've been in a clear period for a while now. I've started the process of requesting euthanasia. It takes weeks. My last interview is next Monday and I hope my mental clarity lasts another few days. I have to be able to think straight to get the point. So," she concluded, "I'm calling to say goodbye while I can."

It was a lot to swallow, all in one verbal paragraph, but it was pure Ginny: blunt, decisive, an extra large band-aid covering the heart on her sleeve. She knew what she was doing. We talked a few minutes more and then we said that goodbye.

Hard to hear. Hard to decide and yes, an appropriately hard process to ignite and accomplish, requiring informed consent from herself and her doctor, and multiple interviews spaced over time with a review panel schooled in end-of-life diagnoses as well as the law pertinent to the process. They all had to agree she met the requirements before euthanasia was prescribed.

Legal guard-rails were in place on the road Ginny chose in Washington State. As I understand it, only an adult with an already-terminal condition and who is mentally sound can make this decision. My call from Ginny was years ago and I hope those safety nets are still intact. Across the border, though, some Canadian experts say that the current euthanasia law in place there needs close review and tightening before it's expanded in 2023.

Maria Cheng's article also refers to advocates for that review who say they are aware of Canadian people who have sought euthanasia because they weren't getting enough government support to provide basic needs. She also quotes Marie-Claude Landry, the head of Canada's Human Right Commission, in her assertion that euthanasia "cannot be a default for Canada's failure to fulfill its human rights obligations." Others assert that the law as written had a "discriminatory impact" on disabled people and did not conform to international human rights standards.

All this is more than simply a sad comment on the state of affairs in a neighbor's house. Discrimination is contagious. Like greed and fear, it's a weed that does its best to sprout wherever it lands. So let's not just shake our heads, look over the border and exclaim, "there goes the neighborhood!" Let's each of us do our best to make sure that any laws ever considered in Massachusetts regarding euthanasia respect the essential worth of every human life.

—Mary Kate Jordan



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Cecropias, Life Cycles

A cecropia moth lives for one year. That's the whole story for one of these remarkable creatures, and only two months of that story, a sixth of its lifetime, is it out and about in the sunshine. The rest of the time, which would be about seventy-five years for many of us folks, the cecropia is not a moth and not walking around. It lives inside an amazing safe house of its own construction, made of "silk" so strong scientists and inventors have been figuring out how to make it in the lab or factory for all kinds of industrial and medical uses. So far, no one has proposed we curl up inside a sleeping bag of this material and come out decades later so we can fly, mate, lay eggs for the rest of our days. For a cecropia moth this is its last two months, for us, think fifteen years of our whole life cycle.

The cecropia is named for a mythical king of Athens who had a man's body for his upper half and a snake's from the waist down. He was called Cecrops, meaning "face with a tail." The moth, once emerged from the cocoon, has huge wings with bright colors against a greybrown background, and so-called reniform



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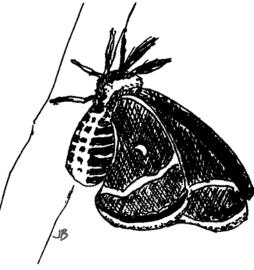
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spots and curving lines that to someone looked snake-like. So, name the creature "cecropia." It's possible those patterns on the wings, which are five inches across, could frighten off a predator. Maybe the predator would think the moth was a snake, or an ancient king who is half snake.

Our cecropia moth is one of the "giant silkworm moths," a group which includes the polyphemus moth, the promethea moth, the tulip-tree silk moth, the Columbia silk moth, and our well known luna moth.

The eggs are small and white. A female moth lays about one hundred of them early in the summer. She does not eat and only flies at night. The job of the adult moths is to get those eggs fertilized and set up on the right sort of leaves. Two weeks later they hatch as little black caterpillars and for their first meal they eat up their egg shell. Then they start on the leaves. As they grow, these caterpillars get to be too big for their skin so they must molt. They do this four times, and they change as they grow, turning yellow and then green with remarkable decorations all along their bodies. Some of these knobs are bright orange or red, some blue. Some knobs also have little black "spinules" sticking up, all symmetrically arranged and handsome. By this time, the caterpillar has quit eating and growing. It is time to start on the cocoon, which when finished looks like a few dead leaves stuck together to make a sort of purse which is attached to a bare twig and is pointed at the downward end.

After the first week and a half in this cocoon, the brilliant caterpillar sheds its outer skin one last time and becomes a

pupa. There it stays safe and sound until the next summer, when it emerges: a cecropia moth. For a few hours it stays in place by the cocoon, "inflating" its wings. The males have big brushy antennae, the females have very big abdomens. Now they must find each other. The female stays put, emitting molecules of pheromones. The male sweeps the air with those antennae and can detect the presence of a female, even three miles away. He starts flying upwind in the direction of a greater and greater concentration of pheromone molecules until he finds her. They touch tip to tip at the tail end of their abdomens and the eggs are fertilized. Sometimes they stay joined for a whole day.

Now the female goes to lay her one hundred eggs, in small groups in just the right places. They will hatch in two weeks, start munching and growing, and so the cecropias live on and on, cycling year after year, life after life.



Rick Mielke took this wonderful cecropea caterpillar photograph (above). And go to the National Park Service website (nps. gov) for good photographs of both adults and caterpillars. Find "species spotlight" and put in the name of this creature.

And while researching "cecropia," be diverted to the cecropia tree! Is it half man, half snake? Can it fly and lay eggs? I don't want to spoil it for any eager readers, but this tree has long skinny fruits called achenes that might seem snake-ish to some, being six inches long and half an inch in diameter. They grow at the tips of the branches in clusters and stand up straight at first, then hang down. They taste like honey or maple syrup, and if the weather keeps on like this they may come north from Central and South America to grow in tropical New England.

We'll see how our cecropia moths like adjusting to the great big foot-wide leaves that cluster at the top of these subtropical trees that share the name. If things work out well, that mythical king of Athens will be smiling.

-Bonner McAllester

Beth and Dave's Travels, Part 4

It's hard to believe that our fourth month is coming to an end. During this month we had some great highs mixed with some lows.

After a long but interesting ride along the Columbia River our next stop was Ridgefield, WA which is located just north of Portland. Here we explored the Bonneville Dam complex, both the Oregon and the Washington sides. This complex provides electricity for the surrounding area. In Oregon there was also a state-of-the-art fish hatchery for salmon, complete with fish ladders for the migrating salmon.

Next, a trip to Mount St. Helens. I guess we all know about this volcano and many of us probably remember seeing the pictures of it on TV. But, until you actually see the devastation that is still visible, even after forty years, it is so hard to imagine the power of this volcano. The river that runs down the mountain still runs gray with ash and the banks and shores are still gray. Also, there are still areas that look like moonscapes, on the mountain, with no vegetation yet to be established.

It seems the northwest heat has been following us no matter where we have gone. It's been in the 90s to 100s every day, so a one-hundred mile trip to the Pacific coast was a welcome change in temperature. 60°—a breath of fresh air! While on the coast we visited Sea Lion

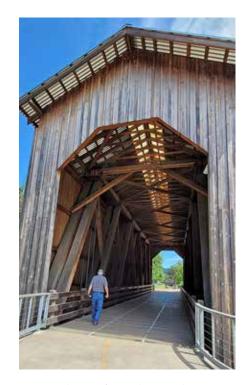


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Caves. The sea formed a very large cave and we were able to go down an elevator and see the sea lions in their habitat, from an observation area. This was fantastic. These were Steller sea lions. They live there pretty much year round.

In Oregon we stayed at two different places, one in Creswell which was a bison farm and also had a donkey, pigs, cats and dogs. One cat came to our cottage each day and meowed at the door for Beth to come out and pat him and give him treats. We don't get too many places like this one and it was so relaxing and felt like home to be on this little farm. The other place we stayed in Oregon was Grants Pass. Another little place out in the middle of nowhere. Deer would come into the yard many days and we could watch them.

While in Oregon we did one thing that you would relate to the Northeast-went on a covered bridge tour. We saw eight different bridges, including the covered railroad bridge at left. As temperatures were rising it became harder to find enjoyable things to do outside. While in Grants Pass I started not feeling well and the truck was ill too. The front tire had a leak that finally needed fixing and the front brakes needed to be replaced. Mid-week, while I still wasn't feeling well, we decided to go to Crater Lake. Amazing! This lake was formed after the volcano erupted, over 7,700 years ago. This lake is filled only with rain water and snowmelt which has provided a two-thousand-foot-deep lake of the bluest water you could ever imagine: there are no words to describe this blue. The balance between precipitation and evaporation maintains the lake level. Nature sure is wonderful.

Later this week Beth started not feeling well. We moved on to Redding, California and Beth was really not well. So, this week was spent in our Airbnb, going out pretty much only to go get meds of various types. Thank goodness for Zoom calls to be able to confer with the doctor.

The one trip we did make, at the end of this week, was to go to Lassen Volcanic National Park. We never heard of this national park. It was very interesting. Of course, it was a volcano, but this park has four different types of volcanoes within it. There are hot springs, boiling mud, stinky sulfur in the air, hydrothermal areas of steam and boiling water. There are many burned areas from the Dixie fire of 2021, but it is recovering. Beth took a hike out to

Cont. on page 20



the thermal basin, with mud pots, boiling water, and steam clouds. It was a long hike, and it was hot. She still had not recovered fully from being ill. When she came off the trail she was really done in. It was hard for her to breathe, not only from her illness but the altitude of 8,550 feet which didn't help. It took her a couple of hours, which was a long time for two and a half miles. I met her with some water and we sat and talked with some people for a little bit while she recovered.

Our fourth week finds us in Eureka, California. This makes me very happy, as I am always complaining about the heat. And what a difference in the weather! Nice and cool, in the 60s, no more 100 degree days!

As a college-educated forester, our trip and walks among the giant redwoods were a thrill for me. As with so many things we have encountered on our trip, it is hard to wrap your mind around these magnificent trees. Really seeing, touching, contemplating these trees for real is the only way to gain such appreciation for them.

We've been on the search for elk and banana slugs since coming to Eureka, and Eureka! We have seen both!

We hope everyone has enjoyed their summer as much as we have and we will keep in touch through the fall months as we continue our adventures.

-Beth and Dave Gilmore



Beth and Dave seem to be measuring our country in units of Daves.

Editor's Note: I asked Beth if she had recovered, reminding her that the readers know her and wouldn't want to be left hanging, and she wrote this: "I am fully recovered now. We both are. I ended up with an ear/sinus infection that required antibiotics and a cough that would not quit and needed a prescription for that too."



Laura and David Hirsch, with Tracey Brennan behind.

Movie Night

On Friday, August 12, over four dozen movie fans enjoyed the classic family movie, "The Sandlot," on a twenty-seven-foot diagonal screen on "Outdoor Movie Night" at Greene Park. Complimentary popcorn and cotton candy were provided during this event sponsored by the Monterey Parks Commission.

—Tom Mensi Parks Commission



A great way to relax after a mad dash back across the lake to the dock to beat the darkening clouds and rumble of thunder. —Anonymous

(perchance embarrassed if caught?)



Birds Birds Birds—In Monterey!

It is with pleasure I present to you a listing of the 107 species I have been honored to observe, since January of this year, within the boundaries of the town of Monterey. Monterey has a diversity of habitat and the word is out—this place is for the birds!

—Pauline Banducci

Birds I saw near/in lakes, streams, swamps, rivers:

American Black Duck

Belted Kingfisher

Common Merganser

Canada Goose

Great Blue Heron

Hooded Merganser

Louisiana Waterthrush

Mallard

Northern Waterthrush

Osprey

Pied-billed Grebe

Red-winged Blackbird

Ring-necked duck

Spotted Sandpiper

Wood Duck



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Blue-headed vireo

Red-eyed vireo

Warbling Vireo

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Other colorful birds:

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Evening Grosbeak

Scarlet Tanager

Hawks, Falcons, Birds of Prey—soaring and perching all over:

American Kestrel

Bald Eagle

Coopers Hawk

Barred Owl

Broad-winged Hawk

Red-shouldered Hawk

Red-tailed Hawk

Sharp-shinned Hawk

Birds who came to people's feeders:

American Crow

American Goldfinch

American Robin

Baltimore Oriole

Black-capped Chickadee

Blue Jay

Brown-headed Cowbird

Carolina Wren

Chipping Sparrow

Chipping Sparrow

Common Grackle

Dark-eved Junco

Downy Woodpecker

European Starling

21

Fox Sparrow
Gray Catbird
Hairy Woodpecker

House Finch House Wren

House Sparrow Mourning Dove Northern Cardinal

Purple Finch

Red-bellied Woodpecker Red-Breasted Nuthatch Rose-breasted Grosbeak Ruby-throated hummingbird

Song Sparrow
Tufted Titmouse

White Breasted Nuthatch White-crowned Sparrow

White Throated Sparrow Yellow Bellied Sapsucker

Swooping over pasture land and in the Gould Farm gravel pit:

Common Nighthawk

Barn Swallow

Bank Swallow

Tree Swallow

Northern Rough-winged Swallow

Ethereal and flute-like songsters—Usually only heard; shy in the forest:

Hermit Thrush

Wood Thrush

Veery

Saw & heard in the forest and on pasture land:

American Woodcock

Bobolink

Brown Creeper

Cedar Waxwing

C D

Common Raven

Eastern Bluebird

Eastern Towhee

Field Sparrow

Golden-crowned Kinglet

Savannah Sparrow Northern Flicker

Pileated Woodpecker

Red Crossbill

Ruby-crowned Kinglet

Ruffed Grouse Turkey Vulture

Wild Turkey Winter Wren

Yellow-billed Cuckoo

August Wildlife Report

This past month the insects and mammals have crowded the airwaves from observers all over town. Peter Poirier was lucky and got a real treat watching three otters having great success hunting for fish in a brook. Peter was standing nearby and sent this account.

"As I walked by where a stream crosses under the road, something caught my eye. It was three good-sized river otters having quite the feeding frenzy! The stream makes a small pool right at the edge of the road and it was filled with fish that were soon filling the otters' bellies. I watched them for at least ten minutes. They saw me but didn't seem to care... for a while. Eventually one of them locked eyes with me and swam slowly in my direction. When he/she got close it started to make what I assume was a warning call. I backed off a little, but the calls kept coming. I said goodbye and left them to enjoy their dinner. It was very special, and I have been looking for them since."

The little brooks around town are shrinking during this dry time, so trout in the pools are getting easier to see for any of us and are making easy pickings for those otters. The drought is hard on the fish and many other wild neighbors. Folks have asked whether we have more bears now or if maybe they are just getting bolder about coming into our yards, cars, garages, kitchens even, as we learned from Kit Patten in last month's Monterey News. Don't miss the August MNews pgs. 10-11 spread on bears, with Peter Murkett's fine story on "Archimedes" and Kit's wonderful "Open Door Fridge Cleaning and Defrosting" piece.

The answer to the question about numbers of bears versus bolder critters may lie in the heat wave, making food scarce all around the food web, unless you are an otter. But those trout need a good supply of insect food themselves.



Delight Dodyk sent a charming photograph of a "teenage bear" by the back door at their place (above). The profile shows a sort of ski-jump nose, curving up to the tip. Bonsai Cox wrote late in July about a bear on the deck and sent the photograph(right above). And out on Main Road, Paul O'Reilly-Hyland watched a young bear stroll in front of his place, between the house and the road, and took a video of this. That's it for bears this time, unless you count the one that tried its luck getting into our car about 5:30 one morning. I was getting dressed and suddenly heard a quiet beeping outside. I went out and found bear paw prints on the locked car, windows, and doors. Turns out the



car was politely telling the bear that he had forgotten the remote key. He'd given up and moved on by the time I got there.

Bonsai has sent photographs of the grey foxes that prowl below the birdfeeder for spilled seeds. Here is a particularly handsome one (below).



We also have a fine turkey photograph from Bonsai's place (below).





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Carol Edelman sent in a photo of a young red-tailed hawk from her yard, back in July (above).

Otherwise, this month has been all about the insects. Lin Saberski sent a "trifecta" photograph with a bumblebee and two kinds of butterflies enjoying the echinacea blossoms in the Community Garden, in Cora Baker's plot (below).



Early in August, Maureen Banner saw several young caterpillars of the hickory tussock moth feasting together and sent in the photograph (at right). She also sent a black swallowtail caterpillar (bottom) on a parsley plant and a cluster of pearly eggs laid by someone on a dawn redwood leaf (middle right) Last month, Maureen took a photograph of a young katydid, with the wings not yet fully grown (lower right).

Suzanne Sawyer sent a monarch chrysalis (bottom right) and a bumblebee at rest on a blooming butterfly weed, which is a milkweed cousin (below).

Cont. on page 24















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Bidwell House Museum

We have had a great summer at the Bidwell House Museum, sharing the Bidwell story with visitors and seeing so many people enjoying the gardens and grounds. On July 29 we held our summer fundraiser, Bidwell in Bloom, in amongst the many colorful flower beds below the house. This year we honored Rob and Cindy Hoogs, two people who have done so much for the museum over the years. Guests at the party enjoyed hors d'oeuvres by Kate Baldwin, great summer tunes from DJ Drew and gorgeous weather. Special thanks to the party committee and event volunteers: Diane Austin and Aaron Nurick, Steve Gilbert, Linnea Grealish, Rob Hoogs, Jane Johnson, Justin Makuc, and Kathryn Roberts. Thanks also to Ken and Mimi Heyman for donating flowers and to our wonderful interns Jackson Decker, Kaeleigh Heath, Grace Makuc,

Wildlife cont. from pg. 23

Wrapping up the insect extravaganza this month, we have a report from Steve Moore and Wendy Jensen. Steve calls it "an outbreak of dragonflies," and sent a description: "... just off the end of the porch, literally three to eight feet away. We sat and watched as they were eating small bugs that were rising up from the grass. Perhaps hundreds of dragonflies. After a while we made our way out and just stood in the middle of the crowd and they didn't care one whit."

Steve further reports that he has learned some things about dragonflies including how successful they are as predators (100%), and that their wings and muscles are arranged so that they can fly in any direction, fast and accurately. Steve also learned the basic dragonfly design has remained unchanged for "over 300 million years, except that they no longer have up to six-foot wingspans." This makes me wonder how big the prey insects were back in those days. Or if they were picking off other kinds of critters, too, at their 100% success rate.

Thank you, everyone, for your observations and your enthusiasm.

—Bonner McAllester (413) 528-9385 bonnermca@gmail.com



Robert Oakes related scary stories to an attentive audience last fall.

and Margaret Ryan for working so hard that day. We couldn't put together such a great bash without the help of our friends and neighbors.

Upcoming Events

On the programming side, we have some wonderful plans for the fall. Coming up in September and early October, we are hosting two Housatonic Heritage walks at the museum.

Saturday, September 17: Rob Hoogs will share the fascinating story—"Charcoaling in the Berkshires." This walk will start at the museum with a short fifteen-minute Housatonic Heritage produced video, followed by a walk to some of the charcoal pit sites on the property.

Sunday, October 2: Join Tom Ryan for "An Interpretive Hike in the Bidwell Woods" where you will learn about tree and plant identification, carbon sequestration, climate and wildlife habitat and adaptive forestry.

Each of these hikes begins at 10 a.m., and will take about two hours. You can expect to encounter some rough woods, roads, and trails. Wear good hiking shoes, bring water, and a snack if you like. Both walks are limited to twenty participants, and all attendees must pre-register on the museum's website here: bidwellhousemuseum.org/events.

In addition to our walks, we are also hosting a three-part lecture series on the history of gravestone making in early New England.

Saturday, September 24: Attendees will hear the talk, "Reflections on the Marble Corridor," a region along the Taconic Range (today's Route 7) that was the center of the marble industry in the eighteenth and nineteenth century.

Saturday, October 1: John Hanson will discuss research from his recent book *Reading the Gravestones of Old New England*.



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Saturday, October 8: For our last lecture Bob Drinkwater will discuss the topic of his recent book *In Memory of Susan Freedom: Searching for Gravestones of African Americans in Western Massachusetts* along with research into his upcoming book about the eighteenth-and nineteenth-century gravestone carvers of the region.

All three lectures will be in person at the museum, with possible visits to local cemeteries included in the program. Preregistration is required to attend and if the Covid situation changes one or all of the lectures may move to Zoom. Visitors interested in attending all three lectures will be able to buy one discounted ticket. For full details, the times for each talk, and to register, head to the "Events" page on the museum website, bidwellhousemuseum.org.

Saturday & Sunday, October 8 & 9: We are excited to again be hosting the popular program "Scary Stories Around the Fire" with local author Robert Oakes. Oakes, author of *The Ghosts of the Berkshires*, will share readings on Berkshire Colonial-era history and ghost lore and tell a number of scary tales in front of a blazing fire. Following the outdoor fireside presentation, Robert will lead a candlelit ghost walk through the house. Information and tickets for this event can be found on the museum website in September.

Finally, don't forget the house is still open for tours by appointment. Tour times are Monday, Thursday, Friday, and Saturday at 11 a.m., 1 p.m., and 3 p.m. Check out the "Plan Your Visit" page on our website for more information.

As always, the museum grounds—192 acres of woods, fields, historic stone walls, trails, and picnic sites—are open all year free of charge. You can take the "Outside the House" tour, walk the Native American Interpretive Trail, view the gardens or hike the trails. Maps of the trails can be found on the front porch of the museum or downloaded from the website.

—Heather Kowalski Executive Director

A jazz trumpet song Floats across the shining lake Heaven sent morning

—Lin Saberski

Anniversary

our old truck only starts with trickery but works well enough to get us to the beach

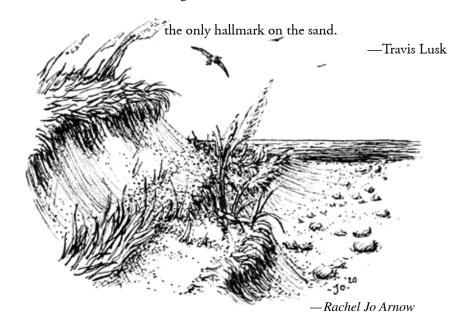
you're in the shade while I'm in the waves getting pushed closer then away

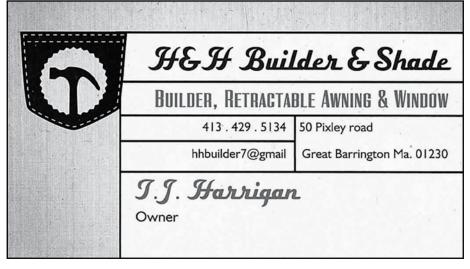
taking me far down the shore walking back with sea legs

by then you're in beyond breakers diving at what shines

we're together before dusk, still amazed by ships their humming slow progress

dark water is another territory & we start back forget our blanket, return for it







In mid-July, Stella Hurst (at right) led a class in jewelry making—bracelets and necklaces—under the tent at the community center.

—Photos by Mary Makuc



Mina Reif-Caplan



Sadie Newman





Bridget Starczewska

Council on Aging

I am sorry to share the news that our outreach coordinator, Emily Hadsell, has made a decision to move in new directions and completed her work with the council on August 25. She has been immeasurably helpful to the board and we will miss her creativity, energy, and compassion. We wish Emily the best of everything and much success in her future endeavors.

We will be advertising shortly to fill this position. Until we do, you can address all questions about council on aging activities to our voicemail at (413) 528-1443, extension 247. The messages are picked up once daily.

Movie Night: This month's movie, *Breaking Away*, will be shown on Tuesday, September 13, at 7 p.m., in the Monterey Library.

Flu shot/new Covid booster clinic: This is planned for Tuesday, October 25, from noon to 2 p.m., in Monterey. Exact location still to be determined. Look for additional information in the October *Monterey News*.

Ongoing Services

Wellness Clinic: The wellness clinic is cancelled until further notice because no one has used this service for the last three months. Please contact the council if you have concerns about this.

Parkinson's Support Group: This month's meeting is on Thursday, September 1, from 2 to 4 p.m. in the Monterey Library. Call the council at the number above if you'd like more information about the program.

Transportation: For seniors and people with disabilities needing trips to Great Barrington and Pittsfield. Call (413) 528-1881. Forty-eight-hours notice required to be sure of a ride.

Foot Nurse: Beverly Dunn is available for home visits. Call (413) 446-2469 to schedule an appointment. The council on aging covers \$10 of her fee.

Free Safety Vests: Vests to ensure you are visible to car traffic are available in town hall for walkers and bikers.

—Lin Saberski Chair, Council on Aging

Calendar

Monterey Community Center events on page 6.

Bidwell House events on page 24.

Sundays: Monterey softball continues. Batting practice at 10, games begin at 10:30 as weather permits.

Saturday, September 10: Fishing derby, 9 to 10:30 a.m., Berkshire National Fish Hatchery, River Road.

Sunday, September 11: Eric Martin and Karen Axelrod in concert, 4 p.m., at MCC. See page 6.

Tuesday, September 13: Movie night, showing *Breaking Away*. 7 p.m., library.

Friday, September 16: Knox Gallery reception for *Beyond the Verge*, 5:30 to 7:30 p.m. See page 5.

Saturday, September 17: Rob Hoogs, "Charcoaling in the Berkshires," 10 a.m., Bidwell House. See page 24.

Thursday, September 22: Pulling for the Pantry concert and fundraiser for the People's Pantry in Great Barrington. See page 3.

Saturday, September 24: Gould Farm 5K run. See page 2.

Saturdays, September 24, October 1, and October 8: A series of talks on gravestone-making in early New England, Bidwell House. See pages 24–25.

Saturday & Sunday, September 24 & 25: Berkshire Pottery Tour, 10 a.m. to 5 p.m. See page 4.

Saturday & Sunday, October 8 & 9: "Scary stories," Bidwell House. See page 25.

Tuesday, October 25: Flu shot/new covid booster clinic, noon to 2 p.m..

Police Emergency Contacts

- For real emergencies, call 911.
- The email address for the dispatch service is:

dispatch@sdb.state.ma.us.

• Police dispatch service number:

(413) 236-0925.

 For non-emergencies to contact the Monterey Police Department, call:

528-3211

MontereyMA.gov

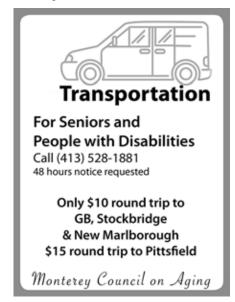
Our town website is a great way to access information about the town.

— Justin Makuc, Chair Susan Cooper, Scott Jenssen Monterey Select Board (justin@montereyma.gov) (susan@montereyma.gov) (scott@montereyma.gov)

For general inquiries, please click "Contact Us" at montereyma.gov.

For agendas and links to watch public meetings of towns and boards, go to the town website (above), select the board or commission of interest, and choose "Agendas" or "Minutes." Links for online viewing are listed in the agendas.

You can also search YouTube.com for more recent meeting videos. Search "Monterey, MA Board & Committee Meetings" and click on videos.



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Monterey News

The *Monterey News* is an independent nonprofit corporation dedicated to fostering communication in the Monterey community. We invite signed letters, articles, drawings, poetry, and photographs. Submissions may be sent via email to montereynews9@gmail.com or to PO Box 9, Monterey, MA, 01245.

For advertising rates or other information, contact the Editor at (413)528-4007 or email.

Town Contact Information

Emergency! 911

Town Administrator:

528-1443 x111

admin@montereyma.gov

(for town boards and misc. questions)

Assessor: 528-1443 x115 assessors@montereyma.gov Building Department: 528-1443 x118 buildingsafety@montereyma.gov

Community Center: 528-3600 calendar@ccmonterey.org

Fire Department (non-emergency):

528-3136

chief@montereyma.org

Highway Department: 528-1734

dpw1@montereyma.gov **Library:** 528-3795

montereylibrary@gmail.com

Police Department (non-emergency): 528-3211, Alt./Emergency 528-3211

mpdchief@montereyma.gov **Post Office:** 528-4670

SBRSD (Schools): (413) 229-8778 **Tax Collector:** 528-1443 x117

montereytax@yahoo.com

(for questions about your tax bill)

Town Clerk: 528-1443 x113 clerk@montereyma.gov

Town website: Montereyma.gov, under each department, for office hours.

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Contributions from local artists this month: Rachel Jo Arnow, pgs. 15, 25 Joe Baker, p. 18; George Emmons, p. 14.

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