#### The Town

by Susan Gallant

#### **School Committee Candidate**

Maria Rundle attended the October 1 Select Board meeting to announce her candidacy for School Committee. The Board thanked Maria for stepping up and suggested she speak with outgoing School Committee representative Deborah Mielke about the committee. The Board summarized its stand on current subcommittees and their positions on the Monterey School. Issues include whether to restore the present building, which might be unfeasible, orto build a new school. Either way, the town is strongly in favor of keeping a school within the town. A recent proposal out of New Marlborough only strengthens that position. That proposal involves the creation of an Innovative School, which, if granted, would give New Marlborough residents first preference for attending the school, then Sheffield, and possibly leaving no room for Monterey.

The Board stressed the importance of communicating the town's needs to the School Committee. "We're putting ourselves out there in support of the building," Select Board member Wayne Burkhart added, "hoping that the election will bring new life to the School Committee and a clearer picture of how Monterey will fit in with that."

#### **Capital Expenses**

The Board reviewed and updated the capital expenditures spreadsheet, which includes



Monterey's new town flag was unfurled in September by (from l.) State Representative Smitty Pignatelli, Select Board Chair Scott Jenssen, and State Senator Ben Downing. (Photo by Susan Gallant)

Town Hall projects and capital expenses for the Highway, Police, and Fire Departments through 2025. Potential future projects not listed were discussed and added to the list. There were questions on the regulations regarding the transfer station expenditure. Select Board member Muriel Lazzarini will be calling Jamie Cahillane of CET for more information. This list will continue to be updated and referenced during the FY14 budget process.

#### The Monterey School

The Select Board met with the Finance Committee and the Monterey School Building Study Committee to review long-term capital expenses in light of the impending need to either build a new school or extensively renovate the existing building. The consensus supports construction of a new school building, because the current building is beyond repair.

Projected capital expenses going out ten years include requests for big-ticket items from the Fire, Police, and Highway Departments. Select Board chair Scott Jenssen began by asking that if a new school cost \$1 million, how would we juggle such an expense without resorting to external funding, and how would large



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purchases be spread out over the years, The Finance Committee suggested starting with the town's stabilization fund, and getting the balance from financing. The committee also pointed out that annual increases to the stabilization fund would have the least impact on taxpayers. It was agreed that many questions need to be answered and all possibilities need to be considered, including how to realistically evaluate and prioritize costly purchases.

Ideas brought up for a school building included the possibility of retrofitting an existing building or creating a new, multipurpose building. Scott described what a new structure needed to include. He envisioned a one-story building housing a main room of 45x60 feet that could be divided, a storage room, a mechanical room, a small kitchen, two means of egress, and two handicap-accessible bathrooms. Consideration is being given to putting it on the Wilson-Mclaughlin property. Kindergarten would be the foundation class of the school, with the possibility of having a pre-K, and first-grade classes as well.

All agreed that the amount of taxes saved by closing the Monterey School is minuscule, especially compared to the benefits of having a school in town. Having a school and adding broadband service would certainly make Monterey more appealing to young families with kids. But one thing is for sure: postponing the purchase of a fire truck for a year or two won't mean no fire department in Monterey, but putting off a school building will definitely mean the end of the Monterey School. (See related article, p. 5.)

#### Superintendent Screening Com.

Jonathan Sylbert submitted his request to represent Monterey on the Southern Berkshire Regional School District screening committee for a new superintendent. All three Select Board members were in favor of Jon serving on this committee.

#### WiredWest Broadband Survey

Monica Webb reported that as of October 15 only 37% of Monterey residents have filled out a card expressing interest in WiredWest service; even though Monterey has the highest response rate of all the participating towns, 50% response is what's needed. (See related article, p. 5.)

#### Statewide Tax Distribution

Select Board member Muriel Lazarrini provided noteworthy information from a meeting she attended at Lenox Town Hall on state taxation and revenues. One surprising statistic is that the amount of money collected in taxes is less than the amount exempted. Although the information presented was interesting, Muriel noted that methods for remedying inequities are yet to be determined. As it stands now, the only source of revenue for towns like Monterey is property tax, though occasionally towns are allowed to collect restaurant and gas tax. But the unanswered question remains how to redistribute tax money throughout the state. State Representative Smitty Pignatelli, who also was at the meeting, suggested municipalities join to push for reforms, such as excluding employee health and retirement costs and utility costs from



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Proposition 2½ levy limits. Smitty went on to point out that the money from taxes all of us pay for gas goes to Boston, and none of it comes back to the Berkshires, even though our infrastructure needs to be maintained just as much as Boston's.

#### Wilson-McLaughlin Committee

At the request of Joe Baker, the Select Board appointed Cara Carroll and Elizabeth Maschmeyer to the Wilson-McLaughlin House Committee.

#### Cell Tower News: Maybe One

Building Commissioner Don Torrico sent a letter to AT&T informing them that their building permit for construction of a tower on Chestnut Hill has expired and if a new building permit is not applied for prior to the December 2012 expiration date of their special permit, the whole process will need to begin again. AT&T's representative responded that the funds to begin construction are not being considered for release until late 2013 at the earliest.

On a brighter note, representatives involved with the Main Road tower have told Inter-Departmental Secretary Melissa Noe that AT&T hopes to have that tower built before winter sets in.

#### Beartown Mtn. Road Issues

The culvert replaced by the town on Beartown Mountain Road was done

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Halloween stories by John Porcino at Monterey Library. (Photo by Mark Makuc)

without permits from the Department of Environmental Protection (DEP). According to Chris Blair of the Conservation Commission, the project is under scrutiny by the DEP, which has advised the commission to do something about the omission or it would.

In response, the Conservation Commission surveyed the site with Director of Operations Maynard Forbes, and the commission believes that the materials and method used in the replacement would meet with DEP approval. Therefore the commission will be issuing an Enforcement Order for the work completed without a permit. The order will require the town to file a retroactive Notice of Intent (NOI). Chris also suggested that the town prepare a generic NOI for any maintenance projects that might take place over the coming year. He added that he is confident in stating that the work completed on Beartown was very well done.

#### Oh, Deer

Earlier in October, a deer collided with an automobile on Blue Hill Road, resulting in the deer's demise. Karen Shreefter, who lives on Blue Hill Road, joined the October 22 Select Board meeting to discuss problems related to the disposal of the deer carcass. Karen said she sent the Select Board documentation detailing ways to properly compost a carcass, and she wanted to know why the town didn't burn or bury the carcass as described in the regulations. Maynard Forbes, who was also in attendance, stated that burying requires an approved landfill, which we do not have, and burning is only allowed from January through April. Nevertheless, Karen felt it was not appropriate to leave a carcass so close to private residences, referring to statutes requiring dead wildlife to be moved at least 500 feet away from any residences (this is still being researched). As of October 22, Karen believed that a

Christopher Blair

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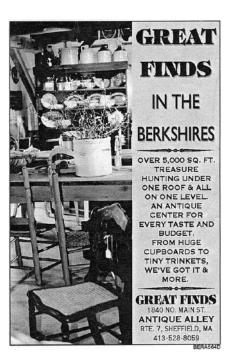
good part of the carcass was still on Blue Hill Road. Forbes went out to check on the situation and reported that nothing remained of the carcass.

As it turns out, the town has a list of people who will remove animal carcasses. Unfortunately the police officer who arrived at the scene was unaware of such a list. According to Muriel Lazzarini, all Monterey police officers have now been made aware of and have access to this list, so this problem should not come up again.

#### **Police Report**

Police Chief Gareth Backhaus reported the following Police Department activity since September 25:

- Assisted GB Police with motor vehicle accident on Route 23.
- Car vs. deer accident on Blue Hill Rd.
- Continued complaints of harassment on Blue Hill Rd. The department has contacted the Brien Center and Elder Services, neither of which has been able to assist.
- Lost dog on Blue Hill Rd., found and returned to owner.
- Assisted with a medical call on Wellman Rd.
- False alarms on Sylvan and Main Rd.
- Motor vehicle accident on Eaton Rd.
- Complaints of gunshots/fireworks on New Marlborough Rd. and Beartown Mountain Rd.



- Disabled garbage truck. Tyringham Rd.
- Two loose dogs on Lakeside Ave., returned to owner.
- Report of missing backhoe on Point Rd, still under investigation.
- Lockout on Tyringham Rd.
- Tree across wire on Hupi Rd.
- Disabled motor vehicle on Main Rd.; driver had no AAA, so Chief Backhaus again went above and beyond the call of duty and changed the woman's tire.
- Disoriented person on Wellman Rd.

#### **Hurricane Sandy Preparations**

Director of Operations Maynard Forbes, Fire Chief Shawn Tryon, and Police Chief Gareth Backhaus decided to close the Lake Garfield dam in anticipation of Hurricane Sandy. Since wind was expected to be a bigger problem than rain (as was in fact the case), the tree warden was asked to be on alert. National Grid also contacted the town with the name of a liaison specifically designated for Monterey. The Select Board also decided to call a preemptive state of emergency to be eligible for state and federal cleanup funds, if they are in fact needed. Chief Backhaus also reported that additional officers were to be put on standby.

#### **Hume New England**

At the request of the Select Board, Andy Mather of Hume Lake Ministries came in to discuss plans for Hume New England, which took over the 425-acre property on Chestnut Hill once owned by New England Keswick.

So far, Hume has made some upgrades, including cosmetic repairs to three

## Free Chair Yoga Class Tuesdays in November

The Monterey Parks Commission, in association with the Council on Aging, is sponsoring a chair yoga class. It will be held in the meeting room at Town Hall every Tuesday at 10:30 am through December 4. The class is free to Monterey residents and \$7.00 for nonresidents. Connie Wilson will be leading the class. For more information contact Connie at conoverannie@hotmail.com.

dorms and the house on the Hepzibah side of the property. Renovations have also begun on the motel. The Hume New England 18-member board is in the process of developing a master plan that will include repairing the dam and pond.

This past summer included six weeks of camp, which were very successful according to Mather. Ultimately, Hume wants to reach out to the entire Northeast, expanding the program to 500 kids, with different age groups attending simultaneously. Long-term projects include replacing the dorms, building an outdoor fire pit surrounded by five tiers of benches, building an athletic center with an indoor swimming pool, and eventually using the property for year-round events. With that goal in mind, Hume is planning to build a ski run, as well as a covered pavilion for ice-skating. The main concentration of Hume New England is on building an interdenominational, gospel-based Christian program for young people.





## Good News on School Building Front

The Monterey School Building Study Committee received some wonderful and exciting news at their last meeting from a supportive and generous member of the Monterey community. David Quisenberry, who owns a home in Monterey and is a partner at Quisenberry Arcari Architects LLC in Farmington, Connecticut, offered his firm's services to design a new school building and provide presentation materials as a gift to the town. The committee members and other residents attending the meeting expressed great appreciation for this generous gift.

Mr. Quisenberry's firm is licensed in Massachusetts and has designed numerous municipal buildings and schools in southern New England. He presented his latest project, a high school in Wethersfield, Connecticut, as a sample of the work he does.

Mr. Quisenberry agreed that building a new school building, rather than trying to renovate the current school, was the best way to proceed, and he was positive about the Wilson-McLaughlin site. Committee members will be gathering and sending ideas to Mr. Quisenberry regarding the design of the one/two-room schoolhouse. If you have suggestions, please email Mari Enoch at enochmari@yahoo.com and she will either pass on the information or give you Mr. Quisenberry's contact information.

On Monday, October 29, members of the School Building Study Committee met

with the Finance Committee and the Select Board to discuss the financial impact of such a town-funded project. Though the hope is that the school building project will be well under a million dollars, the Finance Committee will use a million dollars as a preliminary figure when looking at the all the capital-needs projects submitted to them. They will crunch some numbers to see what the twenty-year outlook will be. While there are some expensive equipment needs in the near future, namely a fire truck and grader, the consensus was that with the combination of a healthy stabilization fund and a twenty-year financing plan, it was not out of the question for Monterey to afford this project, should the taxpayers wish to move forward.

Please continue to let your Select Board and School Building Study Committee members know how you feel about such a project. The committee plans to hold a public forum to receive feedback on the preliminary plans in the future, but would love to hear from you now.

—Maryellen Brown, Mari Enoch, Scott Jenssen, Tika Roland, Cheryl Zellman

# From Monterey to Africa, and Back: Knox Gallery Photography Exhibit

The November exhibit at the Knox Gallery in the Monterey Library presents photographs exploring the experiences of Monterey residents Ian, Bruce, and Wyessa McAlister, who have spent time in Africa living, working, and even expanding family over a wide range of time. The countries where the photographs were taken include Zaire/Democratic Republic of Congo (the change in names reflecting two different eras in the same country), Rwanda, Ethiopia, and Cameroon. For such a small town as Monterey, is it simply a coincidence that so many people from this town have more than a travel connection to this distant continent?

The opening reception for this exhibit will be on Saturday, November 10, from 7 to 9 pm, with a slide show and presentation from 7 to 7:30 pm. The exhibit will run through November 26, during the regular library hours.

#### **Support WiredWest**

If you haven't completed your WiredWest Support Card yet, there's still time! Last week cards were mailed to those who hadn't responded yet. If you didn't receive one, they're available at the Monterey General Store, the Roadside Café, The Monterey Library and Town Hall. You can also fill one out online at www. wiredwest.net.

The WiredWest network is a municipal cooperative of forty towns working to-

gether to build a fiber-optic network to offer high-quality Internet, phone, and video service at reasonable rates. It's extremely important to the future of our town, as it will mean state-of-the art broadband access for all residents; it will help create jobs, improve education and healthcare, increase property values, and yet keep payments for service here in our communities.

Please express your support for this vital community-driven initiative, by completing your card!

-Monica Webb

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#### What's on the Nov. 6th **Election Ballot**

Do not forget to vote in the November 6th election. Important national, state, and local offices and questions will be decided. The polls in Monterey at the Monterey Firehouse will be open from 7 am to 8 pm.

The major party lines on the national level are well known (Obama/Biden[D] and Romney/Ryan[R] for President/Vice President; Scott Brown[R] and Elizabeth Warren[D] for US Senator; Richard Neal[D], unopposed for US Representative), but there are two lesser known lines for President/Vice President: Johnson/ Gray (Libertarian) and Stein/Honkala (Green-Rainbow).

Incumbent Benjamin Downing(D) is unopposed for State Senator, but Smitty Pignatelli(D) is being challenged in the State Representative race by Scott Laugenour(Green-Rainbow). The Eighth District Councillor race is between Michael Albano(D) and Michael Franco(R). Deborah Capeless(D) is unopposed for Berkshire County Clerk of Courts, as is Wanda Beckwith(D) for Berkshire Southern District Register of Deeds.

All ten seats on the SBRSD School Board will be decided (the last time all ten seats will be decided in one election; beginning now the terms will be staggered). Sheffield will have four seats, New Marlborough and Egremont two each, and Monterey and Alford one each. Only two of the seats are contested: Dennis Sears, Bonnie Silvers, and William

Tighe are vying for the two Sheffield two-year seats (vote for two). The unopposed candidates for the other eight seats are: Maria Rundle, Monterey (four years); Carl Stewart, Alford (two years); Frank Marinaro, Egremont (four years); Charles Flynn, Egremont (two years); Kristen Sparhawk, New Marlborough (4 years); Kenzie Fields, New Marlborough (two years); and Vito Valentini and Arthur Batacchi, Jr. (four years each). Remember that Monterey voters and voters in other district towns vote for all ten seats.

There are also five ballot questions, and only three are state-wide and listed in the red information booklets mailed by the state. (See the booklet for detailed descriptions of Questions 1, 2, and 3.)

Question 1, if passed, would enact a law requiring, beginning in 2015, motor vehicle manufacturers to make available to vehicle owners and independent repair facilities the same diagnostic and repair information that is available to dealers and in-state authorized repair shops.

Question 2, if passed, would allow a physician licensed in Massachusetts to prescribe medication, at a terminally ill patient's request, to end that patient's life, if both patient and physician meet strict restrictions specified in the proposed law.

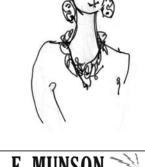
Question 3, if passed, would allow the medical use of marijuana if the patient qualifies under the restrictions specified in the proposed law.

Question 4, which is not binding, asks: Shall the state senator from this district be instructed to vote in favor of a resolution calling upon Congress to propose an amendment to the U.S. constitution affirming that (1) corporations are not entitled to the constitutional rights of human beings, and (2) both Congress and the states may place limits on political contributions and political spending?

Question 5, also not binding, asks: Shall the state representative from this district be instructed to vote in favor of a resolution calling upon Congress and the President to: (1) prevent cuts to Social Security, Medicare, Medicaid, and Veterans benefits, or to housing, food and unemployment assistance; (2) create and protect jobs by investing in manufacturing, schools, housing, renewable energy, transportation and other public services; (3) provide new revenues for these purposes and to reduce the long-term federal deficit by closing corporate tax loopholes, ending offshore tax havens, and raising taxes on incomes over \$250,000; and (4) redirect military spending to these domestic needs by reducing the military budget, ending the war in Afghanistan and bringing U.S. troops home safely now?

-Will Marsh







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# Turkey Vultures, Bobcats, Big Shore Birds—October Wildlife

At the end of September, Mary Makuc and family members saw two young bobcats on Route 23 near the parsonage. Mary turned around and stopped the car, and one bobcat went east, the other west. They looked "part cat, part dog, and were very round." Then almost a month later the same wildlife viewers saw two young bobcats again, this time down near the Umpachene Grange in Hartsville. Again Mary busied herself turning the vehicle around, for a better look, and the young passengers made good observations, including tufts on the ears, and short tails.

We have our only bear sighting for this report from Ted Warner, who saw four at once in September, a family group of one adult and three cubs on Route 57 between Hartsville and New Marlborough.

On Steven's Pond, Carl and Elise Hartman saw three big, long-necked, long-legged shorebirds on the same fallen dead tree by the shore: a cormorant, a great blue heron, and a big white egret with a strong thick yellow bill. This is what we used to call an American egret, now known as a great egret, which it certainly is (photo).

Early in October Carol Ingher reports the return of purple finches to her feeder and then cardinals and a red squirrel later in the month. Stephen Moore and Wendy Jensen went for a walk on Wellman Road and saw a big flock of bluebirds on October 10. A few days later, Stephen heard a ruffed

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grouse drumming in the early morning, the first he's heard this fall.

On October 13, Sue Protheroe reports a coyote killed on Route 57, also six garter snakes—five very small and one medium—along East Sheffield Road. She has seen "about thirty" woolly bear caterpillars and many bluebirds, now departed. An eagle flew over Lake Buel while Sue watched, and was carrying a big stick. Indoors, at Sue's place, the mice are moving in, including into the jar of peanut butter.

Will Marsh, *Monterey News* Turkey Vulture Reporter, notes there were still four vultures in his neighborhood on October 26, but most had left by about October 8. On October 16, Beth Reiter and others at the Gould Farm Harvest Barn saw two bald eagles, "swooping around in the wind directly overhead."

Ed Salsitz got a good photo of the black, bristly caterpillar of the giant leopard moth. These caterpillars look like all-black wooly bears, but they are fancier, with red "intersegmental" rings right down at skin level, among the glossy black bristles. Ed also spotted the cocoons

### Volunteers Needed for Ice Rink Setup Nov. 24

The Monterey ice-skating ring in the pavilion behind the fire station will be assembled the Saturday after Thanksgiving, November 24, from 10:00 am-noon. Volunteers of all ages and abilities are needed to help attach the sideboards and prepare the rink for the January–March season.

Hundreds of children, parents, and hockey players enjoy the rink managed entirely by volunteers. It's a community effort that needs greater participation to be successful. Please come and bring a broom, dolly, or cordless drill if possible. For more information, contact sgraves 8 @ yahoo.com anytime.



of some tussock moths. The caterpillar weaves its own white tufts or hairs into the cocoon and pupates inside, ready to emerge in the spring as an adult moth.

Send me accounts of your wild lives. Thanks.

—Bonner McAllester 528-9385, bmca@berkshire.net



# Items Sought for Gould Farm 100th Anniversary Exhibit

Gould Farm will be celebrating its 100th anniversary next year. As part of that celebration, the Farm will sponsor a traveling archive exhibit, which will first be shown at the Knox Galley at the end of January 2013. The Farm invites members of the Monterey community to submit memories, photos, poems, etc., for the exhibit. These can be sent to Gould Farm, attention: Claudette Callahan, or left at the Farm.

#### **Monterey Library Notes**

We're entering our sixth month of the new Evergreen software in CWMARS—if you haven't got the basics down please come in and we'll help you out. Many of the bugs have been worked out. We're actually starting to use the program in new ways. If you go to the cwmars.org site, you'll see links to lists of popular titles and even a link to the new titles in the Monterey Library! We know you're interested in what's new on our shelves—now you can browse from anywhere that you can get the Internet!

November will be another interesting month in the library—the Knox Room will have an exhibition of pictures from Africa, with an opening reception on November 10 from 7:00–9:00 pm. On Saturday, November 24, at 7:00 p.m., Mark Murray from Monterey will read from his just-published novel, *Of Nod.* Refreshments will be provided by the Library Friends.

-Mark Makuc, Library Director

# SHINE Helps Elders with Health Insurance Options

A SHINE counselor will be in the Monterey Town Hall from 2–3 pm on Thursday, November 8, to offer FREE, accurate and unbiased information and counseling on senior health insurance options. The objective of the SHINE Program is to provide Massachusetts elders with access to accurate, unbiased health insurance information, counseling, and assistance free of charge through trained health-benefit counselors.

The SHINE Program is a network of volunteer counselors trained and certified by the Executive Office of Elder Affairs to provide information, counseling, and assistance regarding health insurance and benefits to Medicare beneficiaries. Counselors are trained in original Medicare Plan, Medicare Advantage Plan, Medicare Rights and Protections, Prescription Advantage (the Massachusetts State Prescription Assistance Program), MassHealth, and other programs for people with limited income and resources. Also other Medicare, government, and private health plans.

Open enrollment for Part D (Medicare Prescription Drug Coverage) is October 15 through December 7 of this year. At this time you may change to another plan that could better fit your needs. The more information you have about your choices the better choices you will make. Please contact: Candace Marks, SHINE Counselor 9 am–3 pm at 413-229-3038 to set up a consultation.

# Who's Who at the Monterey General Store

After a mournful absence, the Monterey General Store is once again the bustling center of town. Scott Cole, the owner, is making it very convenient to shop or eat there, opening at 7 am and not closing until 7 pm weekdays, and even later on Friday night, until 9 pm.

Not only is the food at the café excellent and the stock of the general store appealing, but the staff is quite special. They greet us with big smiles and say "Thank you" when we leave. They're hospitable and welcoming, and make us want to return to the store. The three full-time staff members are Nina Campus, Kyle Pierce, and Emi Sato. As befitting a local store, they all live in town. In fact, Scott, Nina, and Emi live within about 300 yards of the store. Kyle's the outlier, living "all the way over" off of Route 57.

With a nod to alphabetizing, let's start with Nina Campus. First thing to know is how to pronounce her name—it's Nina with a long "i," as if spelled Nyna. Named after her Portuguese great-grandmother, Nina readily acknowledges that everyone mispronounces her name. Despite the constant confusion about how to say it, she really likes telling you that in Portuguese her name means "little girl in a field." Lovely.

Nina grew up in Greenfield and graduated from San Francisco State. She lived out there for thirteen years, waiting tables and managing restaurants. Her longest job in San Francisco was a seven-year stint in a Jewish deli. Nina returned to the east in



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2011 and moved in with her mother on Lake Buel. But after going through Hurricane Irene last August, they moved to Brookbend, next to the library. When Nina saw a "help wanted" sign at the store, she called—and was hired—immediately.

Nina's father makes the elegant wooden spoons that are sold at the store. Her mother is a weaver who makes the dishtowels that are on sale at the store. Nina, too, is a weaver, specializing in rugs.

Many of us already know Kyle Pierce, who's lived in the family house on Seven Arts Road most of her life. "It's still a summer house, but we're working on it," she says. Kyle has one daughter, four stepchildren, ten grandchildren, and five great-grandchildren. You may recognize her as one of the two organizers, along with Barbara Dahlman, of the monthly Monterey Community Dinners.

Kyle grew up working at her grandfather's inn, and was a waitress for fifteen years before becoming an oncology nurse. She loved that, saying, "People come into a hospice very scared. Helping somebody die is a wonderful thing."

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Kyle retired from nursing in 2006 and "played a lot of bridge." But when she heard that Scott had bought the General Store, she knew she wanted to work there. "I got psyched when I saw his sign requesting 'cheerful, energetic people,'" she says.

Emi Sato moved to Monterey in July from Great Barrington, where she was raised. After graduating from Simon's Rock, Emi spent a year in Japan, working on a farm and visiting family. She thought she'd live there forever, perhaps teaching English or working on her art. But she missed conversing in English, so she returned to the U.S. and settled in Amherst, working as a "sandwich artisan" in a café similar to the Monterey General Store. Obsessed with coffee, Emi became a traveling barista as well as a wedding caterer.

From Amherst, she moved to Hawaii, but "weddings there are more family style on the beach," Emi reports. She worked at Blue Hawaii Life Style, a café that served local, healthy Hawaiian food. Later she worked at a sushi restaurant in San Francisco, but that was a disappointment because the chef was so unhappy. "A bad

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From left: Kyle, Nina, Emi. (Photos by Will Marsh)

attitude doesn't produce good food," she asserted authoritatively.

In Emi's spare time, she concentrates on her painting and singing. She likes writing songs and is trying to learn to play the violin. Emi enthusiastically supports the local food movement, so she's pleased that Scott is selling local produce. A strong believer in community, she's hoping to start a knitting circle at the store. So if you're a knitter, chat her up the next time you're in the General Store.

In addition to these three full-time staff members, five local teenagers work at the store. Many of you undoubtedly recognize at least some of them. There's Claudia Martin, Sheridan McAllister, Hannah Mulvey, and Devorah and Shayna Sawyer. There's something special about having a local store where everyone who works there lives in town.

-Laurily K. Epstein



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## From the Meetinghouse . . . Monterey, Lenox, and the World, Again.

Remember the Lenox boys? They were pivotal actors in my series of articles on our local connection, through Midori and Gerry Curtis, with the Japan tsunami and the survivor-assistance work done in the shadow of Mount Fuji at a center called KEEP. Many of you made donations to the cause, and your money was put to good use.

In case you just moved to town, "the Lenox boys" are the now-alums of the former Lenox School in our neighboring town of the same name. While they were students there, some of them went to Japan for the summer, doing community service at KEEP as part of a school project. Although their school has closed, they still hold an annual reunion in Lenox, complete with a traditional hymn sing at Trinity Church and a buffet dinner at The Lenox Club. Liz Goodman and I recently joined the Curtises at this year's celebration, the fiftieth high-school reunion for the men who went to Japan while they were "Lenox boys."

It's an improbable combination: three local women and the husband of one of us all invited to enjoy an evening with alums of a boys' school that closed before any of the Monterey contingent came to the Berkshires, but that's actually the point.

When George Emmons and I crossed paths between the store and the post office one day last month, he reminded me

#### **Community Center News**

Many friends and neighbors have already made donations to our Capital Campaign, and we are very grateful. The money that has come in allows us to get started now on the first phase of the renovation of the Wilson-McLaughlin House. We're currently preparing the materials to send out to solicit bids from qualified workers to remove the exterior woodwork, which is contaminated with old lead paint.

Of course it's not that simple. Take off the old clapboards and what do you find? Just a framework, with no sheathing or insulation between the outside layer and the plasterwork interior wall. So to be practical, once the old siding is removed we need to apply some sort of sheathing in its place right away. Knowing that at some point in the construction process there will be some new windows and a new door in the east wall, we should at least frame out those openings before closing in the wall. And that wall, is it thick enough to meet code for insulating ability? Well, no, it is

about our local adage, "It's the people who make the town." We say it often here, and it's true. After my recent evening in Lenox, I dare to think even larger along those lines. Underneath the hoopla that makes for media bling, it's the people who make the place in the larger community around our little town, and in the world as a whole.

Anyone care to join me in that dare?

-Mary Kate Jordan

not, so the wall needs to be built out, or in, to accommodate the new dimension. One thing leads to another. But it is all do-able, and worth it, for this magnificent and historic structure will be host to meetings, classes, shows, and gatherings of all kinds once the community center is complete.

If you'd like a copy of our recent brochure, please pick one up in the lobby of Town Hall, or download the file from our website (www.ccmonterey.org), where you can also make a secure online donation. The Capital Campaign is well underway with checks, online donations, and money voted by the Town Meeting in May.

We are an all-volunteer, citizen-run nonprofit group (501)(c)(3); all donations are fully tax-deductible. We welcome your support, your questions, your comments, your assistance.

-Joe Baker



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Cw from 1: water buttercup, waterweed, curly leaf pondweed, eelgrass

## Attack Next Summer's Lake **Weeds Today**

Now that drawdown has begun, the land exposed around Lake Garfield docks is ready for weed abatement. Our forwardthinking Monterey Conservation Commission has collaborated with Friends of Lake Garfield by permitting shoreline property owners to take real steps toward proactive weed control.

Any property owner on the lake's shoreline can take these steps:

First, specific aquatic plants growing at your shoreline and next to your dock can be hand pulled out by their roots. Remember, pulling must be done from fall to early spring, before any flowers form. If you pull too late in spring, you may allow new seeds to fall. The specific plants you are permitted to pull are:

• Pondweed (*Potamogen*), including

but not limited to Curly and Big Leaf varieties

- Water celery or eelgrass (Vallisneria)
- Waterweed (Elodea)
- Water Buttercup (Ranunculus)

See above pictures of these plants. You'll surely recognize these too familiar green growths.

Second, benthic barriers, such as landscaping cloth or Aquascreen, or other vented plastic cloth can be lain easily on the exposed land to prevent regrowth of plants. It must be weighted down or fastened. These cloths may extend up to three feet beyond the far end of a dock, and up to twenty feet on either side of it. If there is no dock, the cloths can still be used, and may extend for twenty feet from shoreline.

Third, property measures to lower phosphorus run off can be continued and enhanced, including controlling septic seepage and updating aging systems, avoiding





fertilizer use, adding low plantings at the water's edge, and using low phosphate detergents whenever possible.

Because storm drains and runoff from anywhere in the Lake Garfield watershed can add phosphorus to the Lake Garfield waters, everyone living in the watershed can contribute to weed control in our lake by avoiding the causes of phosphorus runoff.

Shoreline property owners are encouraged to take immediate steps to decrease next year's weeds now. Get out there and get started.

Landscaping cloth in large rolls is available through Amazon.com, or better still from local hardware and garden shops. Septic upgrades to prevent seepage can be costly, but are clearly important to maintain the quality of our lake. We have in the past been able to lower the cost to individuals for septic washout, by getting a group price for several individuals. Perhaps off-season we will get a better price still. If interested, send an email to rosenhy@gmail.com.

If you have questions, or need further information, contact Pat Salomon, drpatsalomon@aol.com, or call 413-644-8833.

—Pat Salomon

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#### Monterey Walks, from Julius Miner's Recollections Part 2: West Otis Road and Library Park

Prepared by Barbara Swann for the Monterey Historical Society

Starting at the village church and going east on the West Otis Road [nowadays Main Road going toward Otis], the first house on our left was once a tavern. Note the front door on the second floor. It was the entrance to the dance hall. If you are interested in what fireplaces meant to our fathers and mothers, before stoves were common, by all means visit Brook Bend Tavern [now the Brookbend condominium] opposite.

On the left is the schoolhouse. Its predecessor was burned and for a time the school used the basement of the village church. Opposite the school was a blacksmith shop. Before that wire fence was erected, in winter, children would start up on the hill in back of the school, slide across the road and down across the meadow, climb the hill beyond and slide much of the way back again.

The next house on the left was built for the son of the owner of our first sawmill. Ask to see its hall door. It has two cut-out hearts in its panel as was the custom when a house was especially built for a newly married pair. Ask also to see the original front-door hook [the hook is attached to the outside right-side frame of the door now]

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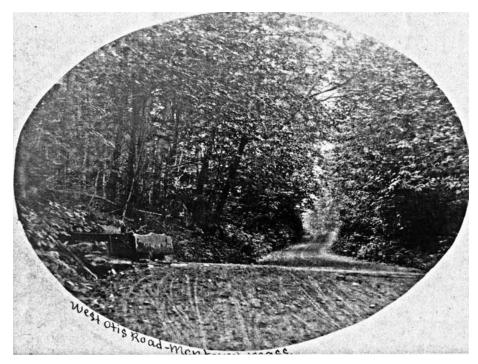
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West Otis (now Main) Road going toward Monterey; watering trough was fed by a v-shaped length of wood from a stream uphill. According to those who remember or were once told the location is in the mid-600s of our house numbers on Main Road. (Courtesy Barbara Swann and Monterey Historical Society)

from which, in accordance with custom, a newly killed deer was hung for four days. This was done that any passing Indian might, if hungry, help himself to a portion and might see that the white man did not wish to take all of the game from him. The son of these newly-weds was the first, Christian missionary sent from the United States to India, and that missionary's son (David Josiah Brewer) became Justice of the United States Supreme Court.

The next point of interest is Indian Cave. Ask for permission to see it. This cave sheltered the last Indian to live at Monterey. Recently a skeleton was exhumed there and is thought to be that of an Indian. Look for Indian pottery and for meteoric stones. After passing the stone house look across the big meadow and see if you can locate the site of the first log cabin built in town.

Next is a group of farm buildings. Ask for permission to go to the shore of the lake and visit Bull Head Rock. Look for bits of Indian pottery and jasper. You may also see a muskrat mound. Return to the West Otis Road and watch for a small lake on your right. [This pond, once called

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Fargo Pond, then Palmer Pond, is now on private property. Please don't follow Julius Miner's invitation.] Walk to the dam and look carefully for wild life in the water. Here are minnows, lizards, water-snakes, frogs, large turtles, muskrats, heron and sometimes a bald-headed eagle appears. Please do not harm any of these.

The next house on the right was, during the Civil War, the home of a mother and son who were outspokenly in sympathy with the South. Monterey boys learned of this, dragged the son from the woodshed where he lay hidden and made him kiss the Stars and Stripes, then making the mother do the same. Whatever their inner thoughts, the mother and son never again talked in favor of the South.

A considerable distance farther, we find the road turning abruptly to the left past a house. Crossing a small, stream we see a basin on the right where years ago Baptists were immersed [this basin is long gone]. As we pass a group of our first summer residences, we have one of the finest views of Lake Garfield. A mile further on [at the Town boundary with Otis], a small lake is seen on the right. Crossing the little dam and walking by the lake we come to a knoll where are buried three soldiers of the army of the British General Burgoyne.

Let us now return to the village,

#### Library Park

At the dam, back of the Library, was once a sawmill with an up and down saw. If you would see some of the logs thus sawed, look under the rear of the Langdon Store. Notice the beams. In the store you may see the calipers used in scaling the logs. The jaws are five feet long [now in the collection of the Monterey Historical Society].

The mill yard was where the Library now stands. Often complaints arose from the huge logs rolling too far out into the highway. Next down the stream was a large building where were made cloth, woolen blankets, felt hats and fellies. The wool was brought from local farms, in burlap, or large sheets pinned together by thorns from the thorn apple trees which grow about the town in such abundance. Metal pins were altogether too expensive for such use in those days.

What a burden rolled from the shoulders of the good housewives when it became possible to take to the mill the wool which they had previously washed and carded, and dyed and woven at home. The home method was to soak the wool and keep the tub in the cupboard under the brick oven so that it would not freeze. Soon, the ammonia smell would permeate and saturate the whole house. Every few days one must wring out the wool and if it were not perfectly clean, repeat, the process.

At the mill, the same process was employed upon a larger scale. Thus ended weaving at home. After the mill closed, a cider mill was started. The children of the town watched the entire process with great interest. Apples bobbed about in the hopper, the great screws were turned down on the press and the delectable drink poured forth.

Every local child was welcome to all the sweet cider he could drink and many filled their bottles on the way to school. This annoyed the teachers greatly but they compromised by requiring that the bottles be kept on the window sills.

The next cellar site is that of a house in which some of the mill workmen lived. This ends the Library Park trip.

## SUSAN M. SMITH Attorney At Law

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# **Submissions Sought for Knox Gallery Community Exhibit**

Celebrating the second anniversary of the Knox Gallery with a light-infused group exhibition, *Mirrors of Winter: Light and Reflection to Brighten Winter Days* will open on Friday, November 30. A reception from 6–8 pm that evening will kick off the Monterey Makers Open Studio Tour the next day. One piece of work by each artist, which may be in any medium, that features themes of light and reflective surfaces in materials or imagery, will help us celebrate the holiday season—and brighten the darkest days of the year.

Monterey friends and artists who would like to participate must submit an entry form by Wednesday, November 21. Work must delivered to the Monterey Library on Monday, November 26, or Tuesday, November 27, during library hours (7–9 pm on Monday, 9:30 am–noon on Tuesday). Entry forms with specific information and address for return of forms are available in the Knox Gallery at the Monterey Library, at Monterey Town Hall and online at the Monterey Library web site under "Forms & Brochures/Forms" at www.montereyma.gov/Public\_Documents/MontereyMA\_About/MontLib.



#### November and the Snowbirds

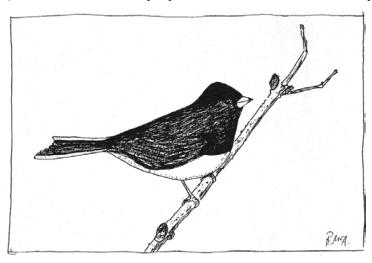
Mornings before sunrise there are flashes of white in fields and orchards around here. Snowbirds brighten the dawn as they forage down low, giving their double hop or characteristic chicken scritch. They like meat meals, insects

and worms still available near the surface. So they use their strong long toes to go after them, just as our hens do, preferring meat to grain as long as they can find it. I've noticed the birds mix in some seeds, even before the ground has frozen and closed the meat locker door. The little birds are after all sorts of seeds at about the height of goldenrod tops. So they work on the ground and hop up to the seed heads, both. All the time they are flash-

ing their side tail feathers, brilliant white against the slatey body, also against the November grey.

These are the juncos. At one time we could look for at least three different kinds, back in the day of John James Audubon, around 1820, or Edward Howe Forbush, the state ornithologist for Massachusetts a hundred years later. Until recently, the taxonomists called our local bird the slate-colored junco. There was one on

the other side of the continent, lighter in color, called the Oregon junco. There were also Mexican juncos, grey-headed juncos, white-winged juncos. They were all roughly grouped into those with grey sides and those with pinkish sides. Now these two groups are put together and called dark-eyed juncos.



This new classification has been hard on some old-school bird people, who learned their juncos years ago and bought the field guides then, too. These folks may speak with a frown of the "lumpers" among taxonomists and themselves still refer to the various races of the birds by their historic names. Old ways die hard for a human being, but a junco knows a fellow junco no matter what the name. One way is by appearance, another is by

song. No doubt it takes both, at least. The junco's song just now is short and to the point, consisting chiefly (to my powers of observation) of utterances such as, "twit," or "click," sometimes expanded to an actual "twitter." Though it may not seem like much, this is one way the social flock keeps in touch. Another important

way is by flashing those side tail feathers. Here I am, one of the club, I see you, I hear you, we are the flock, no problems right now, good seeds all around here, all is A-okay.

These dark-eyed juncos will stay with us all winter, feeding mostly on or near the ground, but also popping onto the birdfeeders for seeds. They will hop and scritch, knocking a lot of seeds onto the ground, which is where juncos would rather be for

grabbing them. Ground feeding puts them in some danger from any local cats, but you can put a cat fence around the zone under the birdfeeder. We did this, and it is confusing for the porcupines that walk around under there hauling down blackberry leaves during the summer.

In August 1926, Edward Howe Forbush climbed in the White Mountains of New Hampshire, up the Tuckerman Ravine trail to the top of Mount Washington. He noted birdsongs heard that day as he went way up the ravine to the snowfields of late

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summer. Here he heard "the smacking notes of the ever-present Juncos" drinking from little streams of snowmelt, where they "then bathed in the frigid waters with much fluttering and splashing of spray, reminding me of other Juncos which I have watched in midwinter, similarly engaged in bathing, but in light dry snow, just as other sparrows take dustbaths in hot weather" (Birds of Massachusetts and Other New England States, 1929).

In December 1863, Henry David Thoreau made a journal entry on "slatecolored snowbirds" which were hopping lightly on top of the snow, feasting on all sorts of small seeds. Here in our woods I have seen the tracks of small birds in winter, going after the birch seeds that shake down and are blown into every wind-sculpted or rain-pocked dimple in the surface. Sometimes I remember the way Thoreau finished that detailed entry: "Will wonder become extinct in me? Shall I become insensible as a fungus?" I find it hard to believe that he of all people would a.) consider a fungus insensible and b.) even dream of the extinction of wonder in himself.

—Bonner J. McAllester



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Slow Melt, watercolor by Joe Baker

# Extreme Local: Monterey Makers Studio Tour Dec. 1

Discover The Monterey Makers Studio Tour on Saturday December 1, from 10 am to 4 pm. Save the date for visiting the amazing assortment of Monterey talent opening their individual studios and small businesses for a special holiday showing and sale.

The Studio Tour is the premier town-wide event sponsored by the energetic volunteers of the Monterey Cultural Council.

The website for updates and locations of the studios, and printable map, is www.montereymacc.org. Printed maps will be available at the Monterey Library as well.

A sampling of the makers, as we go to press, will be: Ellen Grenadier, Joe Baker,



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Julie Shapiro, Ruth Green, Kit Patten, Rawson Brook Farm, Honey Hill Farm Llamas, Michael and Maureen Banner, and more.

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#### Mountain Lion, or Catamount

Catamount is another name for mountain lion, cougar, panther, or puma. All are essentially the same big cat, with some size variations due to adaptation of species to different habitats. Around here the smaller cat, hunted to the brink of extinction, is best called catamount, like the local Ski Resort. Unlike the giant Western mountain lion, which may kill one deer a week to survive, the catamount may be more adapted to eating porcupines, raccoons, birds, small mammals, foxes, and mice, as well as deer.

The recent sighting by Monterey resident and General Store employee Kyle Pierce of a catamount crossing Route 23 near the Appalachian Trail in one or two gigantic leaps with a long tail trailing has happened there before. In 2000, my article and drawing in the Monterey News featured an identical sighting by the late Anson Olds. I dared to assert a potential significance to many a doubting Thomas, but found a supporting reader in the late Ernie Beckwith, a local trapper and gamechecking-station official. Several times since then tracks in the snow indicate that part of Route 23 is an easy crossing of little exposure between ranges of East Mountain and Monument Mountain for this the most solitary camera shy feline in the our wild kingdom.

"Return of the Wild" is a popular literary concept for those thrilled by backyard visits of deer, bears, beavers,

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Local References



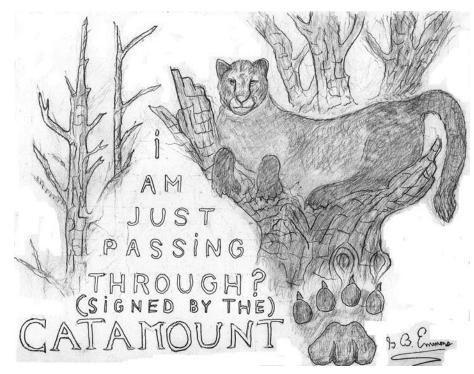
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moose, and wild turkeys, until they become a nuisance. All are listed in Ernest T. Seton's *Big Game Animals of North America*. With some experience, we have learned to be careful what we wish for. Do we want catamounts to return? State wildlife officials are naturally cautious, using an evaluation classification to get to the bottom of every authentic written report. Much contradiction of state and local opinion may be due to the nature of the beast.

A male catamount may travel 25 miles a night when hunting and require up to 175 square miles of territory for its home range. Like all cats, they are very curious critters and are known to keep tabs on humans who infringe on their domain. They are good climbers and can leap 20 feet up into a tree from a standstill. They are most active at dawn or dusk,

mostly in areas far from humans, which is why they are sometimes called the phantom of the forest. The unexpected likely presence here was first acknowledged in the *Monterey News* by the late former editor David P. McAllester.

As the high cheekbones of our mountains are streaked with deciduous paint of autumn, reincarnation of extinct species appears to turn the hands of the clock back in time! Now the October Algonquin Hunger Moon turns to their November Beaver Moon. Archers take to tree stands and farmers bring in the three sisters for Thanksgiving. Somewhere up in the crotch of a tree may be a catamount watching, not to be seen. And all too soon the constellation Orion, the Hunter, will glow in the winter sky while still light years away.

-George B. Emmons

#### \*

## Dennis J. Downing

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#### Who's Who in Monterey Bob Hebert

Introducing Bob Hebert. Right here in town, but not always visible. He was brought up in the "Corner House," which is across the street from the church on Route 23, by Mom Hazel and Dad Arthur. He and his sister Pat enjoyed Monterey in their teens, when the church, school, Gould Farm, and town were closely connected. The library lawn was their ball field—broken windows and all, with librarian Newman Abercrombie seeing to it they did the repairing. Stories are many, as they were ingenious in finding mischief. Later water-skiing, skating, snow skiing with innovations, and Bob's interest in cars grew.

Bob and wife Linda moved into the present home behind the Corner House, where his love of cars and racing grew successfully. "Artie" their son, a chip of the old block, is now a lawyer and also a car lover. Daughter Cindy lives in Hew Hampshire and pops in often for a Monterey fix.

Linda has developed a fine real estate business. We see her in driving about, with license plate "WIFE." You may see someone around the Corner House repairing, clipping bushes, painting—this will not be the hired man, but Bob, keeping up the old home, which he rents. Give him a wave. Still a hot shot with his cars—he has a few.



And he is well known on the driving scenes as the rest of this article shows.

Bob was drawn into racing in the late 1960s when he answered an ad and for \$25 could drive around Lime Rock Park. While continuing to run the family real estate and major construction businesses, his heart went racing.

From a start in a Formula Ford in 1969 he quickly moved on to drive Lotus Formula Two cars for Lotus Racing East, the Lotus importer of the East Coast, where he raced in the pro-racing series for four years. Bob has raced from Canada to South

America with over 40 years of participation. Venues included all the premium tracks in the U.S. (from Watkins Glen and Road Atlanta in the east to Laguna Seca and Sears Point in California) and Canada, as well as Colombia and Venezuela.

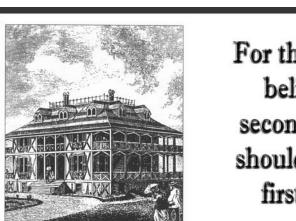
Bob took a short break in the early 1970s, but returned to sponsored racing in the IMSA Pro-Series. He raced six times in the 24 Hours of Daytona in the '80s and '90s, with a third in class as his best finish.

Bob has driven in Vintage Racing for Sid Silverman and Donovan Motorsports since 1991, often enough and fast enough to be named SVRA Driver of the Year in 2000. Bob is well known in both vintage and professional racing.

Bob was recently honored at a Lime Rock Race Track luncheon with his installation into the prestigious Road Racers Drivers Club of America. By becoming a member of RRDC he joins such wellknown drivers as Sir Jackie Stewart, Dan Gurney, Mario Andretti, and Bobbie Rahal. Congratulations, Bob!

Just a bit of a bio of a very nice guy in our town.

—Fran Amidon



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#### The Universal Learner

Last weekend I returned to Middlebury for homecoming. As I wandered around the campus, I was struck by how at home I felt. Yes, I'm well out of school, but there's something about returning annually that makes it still feel familiar and accessible. I also instinctively feel that natural urge to learn returning as I soak in the unique atmosphere of a college environment. My learning experience as an alumni goes beyond the pages of journal articles and response papers. Here are five so-called lessons.

First, my college professors and mentors will remain an integral part of my life, professionally and personally, for as long as I continue to stay in touch. They are smart and brilliant individuals who care deeply for their students, current and former. They invest and they educate, but they also enjoy the interactions with young people. I was incredibly fortunate to go to school at an institution where the faculty is so committed to the continued success of those they educate. Every time I show up and knock on someone's door, I always get greeted with a smile and a hug or handshake. The exchange is engaging and relaxed, and I usually walk away feeling energized with life and career food-for-thought.

Secondly, while the students at Middlebury continue to be brilliant (perhaps even more so than seven years ago when I enrolled), I also have real-life experience, and it is its own brand of success. In Washington, it's easy to feel a sense of urgency and competition. I get caught up in ambition, drive, direction, and comparisons. But, in context, I also realize that this atmosphere teaches you how to prioritize, how to interact with individuals of many diverse backgrounds, and how to analyze the world and problems through a more nuanced lens. Academia helped enhance those skills, providing tools for the real world, but it is not a substitute for living in it.

Third, my experience with Roosevelt continues to inform my professional capacity as well as my personal values. My conversation with the young lady working to revive and strengthen Middlebury's Roosevelt chapter was a reminder of how much I learned through my six years with the organization. My ability to think on my feet, strategize without indecision, analyze ideas and options quickly, those are all largely a product of that work experience. My interest in the future and the role of young people and my commitment to their ideas are firmly ingrained as part of my worldview.

Fourth, I love learning, and yes the academic kind. While I was waiting to meet with someone, I observed groups of students at tables in the lounge area with their books and laptops out, quietly working away or talking in low hushed tones. I couldn't help but feel mildly envious of them. As a student, I was always too tired and stressed to realize what a gift it is to be allowed to spend all day learning-reading, absorbing, and expanding your knowledge. Reflecting on my time at Middlebury brings an odd sense of nostalgia, yet it reminds me that there is no end to the knowledge the world offers, and one need not be in a college bubble to seize the opportunity to learn. For a few hours I dropped by a Women and 2012 Election panel cohosted by the political science and women and gender departments. Students from all years, and majors, attended, reminding me again of the value of a liberal arts education and how politically aware and active the entire community is when it comes to events like elections. In a way, it makes sense that I value DC for that reason; I'm used to it and I've come to expect that level of awareness from others.

And finally, I am still growing and discovering my adult sense of self. We are all learners in this sense, discovering roots or tendrils of ideas, dreams, and emotions. The world, both in front and within, asks tough questions. Middlebury is nestled in the green hills of Vermont, tranquil and removed from much of the bigger faster world. In an atmosphere of observation and questioning, one is free to explore the future and ponder in the presence of sage old mentors and bright young minds.

Every time I return to Middlebury, the town and college, I am often overwhelmed by the realization that I had the opportunity to spend time there and grow so much. It's a home, and I'm truly fortunate to forever be a member of such a rich and supporting community.

—Tarsi Dunlop



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# "Garden Gustation" What's Cooking from Monterey Gardens & Farms

#### Peace, Love, and Garlic

The frost of a couple of weeks ago has brought some peace. Not that I don't love the garden and the piles of veggies, but there's a season to everything and when the first frost comes . . . sometimes it's a relief. We had an okay season this year, despite the dry conditions and various creatures both mammal and insect. I often consider how difficult it must have been for our ancestors to grow most of what they needed to get through a winter. And we can just head to the General Store!

As for the love in the garden . . . it has to be garlic. I know I've mentioned it before when I wrote about the garlic scapes, but the garlic cloves themselves are most worth noting. No creature other than us humans eats it. It is purported to have medicinal qualities, and it makes almost everything taste good. The tomatoes, peppers and onions might be lost without it. And how about the taste of butter and garlic on bread or sautéed with greens of any sort? But it isn't just its flavor that

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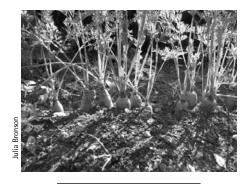
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makes me love garlic; it's the growing cycle too.

Grow enough garlic to have enough to plant for the following year, simple. One clove of garlic will grow one head of garlic. Here in the northeast, we plant our garlic in the fall, mulch it well with compost, chopped leaves, or straw, and wait until the spring. It's the first beautiful green thing peeking up in tidy rows and certainly makes the garden look good early on. And what else needs to be done??? If the mulch keeps the weeds back and the ground moist, practically nothing. The scapes must be cut off so the plant will focus its energy on the bulb growing below. The dark green leaves stay so until it is nearly time to harvest in mid to late July when the lower leaves begin to turn yellow. Pull up a plant to check the bulb. Someone told me a long time ago that the way to tell if the garlic is ready to be harvested is that you must make a cross section cut across the bulb and if the cloves are beginning to pull away from the center stem, it is time. We grow a hard neck variety so it may be a bit different for others. We then lay all of the bulbs, still attached to the plants, across the woodpile under the shed to dry out and "cure" for a few weeks. The tops will dry, as will the roots. Before it gets too cold we cut off the remaining leaves and roots and rub off any loose soil to store them for the winter. We keep the heads in a cardboard box in the basement where it is cool, dark and dry. We will break apart many heads to get our "seed" cloves for the fall. This year we are growing about 250 heads. One of our favorite ways to



eat garlic is one of the simplest—roast it! Add some freshly harvested potatoes and voila . . . garden comfort food.

#### **Roasted Garlic and Potatoes**

Potatoes

Garlic

Olive Oil

Salt & Pepper to taste

No recipe really needed here! Wash and cut potatoes into like-size pieces, leaving the skins on, and place in a large bowl. The smaller the pieces, the crispier the potatoes will get, I usually cut them into wedges. Remove the skins from as many garlic cloves as you'd like (no such thing as too many) and add them to the bowl. Drizzle the olive oil over the potatoes and garlic, add some salt and pepper and mix to get a good covering. Place in a shallow baking pan and bake at 375° until the potatoes and garlic are soft, mixing once during the baking. It usually takes about 30-45 minutes, depending on the size of the potatoes.

Peace out!

—Wendy G. Jensen wendygj@gmail.com

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#### Remembering Lena Kinne Pedersen

Lena Emeline Kinne Pedersen, 89, of Main Road in Monterey, passed away October 5, 2012, at Fairview Commons in Great Barrington.

A native and lifelong resident, Lena was born in Monterey on January 22, 1923, daughter of Clarence and Ellen Daley Kinne. She attended the Monterey Elementary School and was a graduate of the former Searles High School in Great Barrington.

Lena married her husband, Alf Bjorn Pedersen, on May 22, 1954, in Monterey. Together the couple assisted Lena's parents at "Kinne's Grove" located on Lake Garfield in Monterey. In the late 1960s Lena and Alf took over the family business, which they ran for over 35 years until retiring in 2003.

A dedicated wife and mother of six, Lena worked as a secretary at the Rising Paper Company for ten years and later drove a school bus for the Southern Berkshire Regional School District.

Along with Alf, her husband of 58 years, she is survived by three sons, Paul of St. Petersburg, Florida, John of Dallas, Georgia, and Eric of Monterey, and three daughters, Ellen (Pedersen) Allison of Trussville, Alabama, Ann (Pedersen) Gazdik of Schenectady, New York, and Hannah (Pedersen) Moran of Great Barrington. She also leaves twenty grandchildren, nine great grandchildren, and numerous nieces and nephews.

She was predeceased by her two sisters, Ruby Bennett and Mildred Walsh, as well as a grandchild and a great-grandchild.

In lieu of flowers, donations may be made to the Renewal House (For Victims of Family Violence) through Finnerty & Stevens Funeral Home, 426 Main Street, Great Barrington, MA 01230.







#### Remembering Anna Cohen

Longtime summer resident Anna Cohen passed away October 10, 2012. She was born Anna Pasquerella in Schenectady, New York, on November 8, 1918. Anna attended Albany Memorial Hospital's Nursing School and graduated in 1942 with her RN. She had a lifelong career at New Rochelle Hospital both as a nurse and as a clinical instructor. She met and married her late husband, Milton Cohen of Monticello, New York, in 1942. They were married for thirty-four wonderful years and raised their family in Mt. Vernon, New York.

In 1956 they purchased a cottage on Lake Garfield and took advantage of many wonderful and tranquil summers there. Anna is survived by her three children, Janet Feldman, Richard Cohen, and Robert Cohen, son-in-law Martin; three grandchildren, Margeaux Cohen, David Feldman, and Mathew Feldman; daughter-in-law Cheryl Feldman; as well as her three great grandchildren Benjamin, Julia, and Madeline Feldman.

Donations in her memory can be made to the Monterey Fire Company, Attn: Maynard Forbes, PO Box 99, Monterey, MA 01245.

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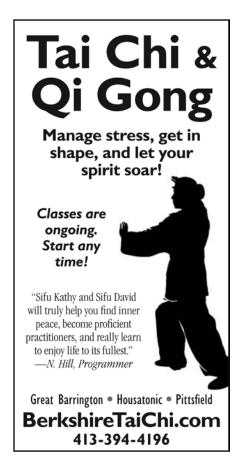
#### Civility in Monterey

To the Editor:

Early in October I was very excited to visit our new Monterey General Store. It has all the necessities, fresh vegetables and fruits, a deli and restaurant. The delicious bakery items are an enjoyable temptation! The people working there are very polite and efficient. We are so fortunate to have our store back in business.

Unfortunately, the visit was upset by the lack of civility of a customer. The adult man became very rude and bullied the young woman at the cash register. I became so upset by his actions I was shaking. I couldn't believe that an adult would act that way to a young girl starting a new job. Whether we are a full-time or part-time resident, or a visitor, we are so fortunate to be in peaceful Monterey. Being polite and respectful to everyone we encounter in Monterey, or anyplace else, creates a kinder and better place to live and a better world.

—Elizabeth Drummond, Monterey



#### Vote Yes on Ballot Questions 4, 5

To the Editor:

Ballot Questions #4 and #5 offer Berkshire County another opportunity to strengthen democracy. By now, we have all received our sample Massachusetts ballot information booklet with the bright red cover in the mail. Many of us are marking these up in preparation for the election on November 6. Unfortunately, two questions that will appear on our Monterey ballot, and in many other counties across the state, are not included, because they are nonbinding resolutions. They are nevertheless important and deserve your attention.

The additional questions you will see on the ballot are:

Q. #4, which asks for support for overturning the Supreme Court decision (Citizens United v Federal Elections Commission) extending First Amendment rights of free speech to corporations (www. movetoamend.org/massachusetts)

Q.#5, which supports a federal budget that preserves Medicare, Social Security, and education funding; uses federal dollars to create jobs by investments in renewable energy and infrastructure repair; and makes funds available for this by decreasing our military expenditures on wars and if necessary increasing taxes on those with incomes greater than \$250,000 annually (www.budget4allmass.org).

#### **Personal Notes**

Congratulations to **Doug and Julie Neu**, of Bidwell Road on the birth of their daughter, **Caroline Hope Neu**, on May 12, 2012, with a weight of 6 lbs. 13 oz. and a height of 18½ inches. Caroline was fortunate enough to spend her first summer in Monterey, surrounded by family and friends, and trying, fairly successfully, to ignore the failings of the Red Sox.

People in Monterey have unambiguously lent their support to resolutions and petitions on these questions already. Now you can go to the polls and vote YES on ballot questions #4 and #5.

Speak out as a community against the control of our elected officials by the unlimited dollars corporations use to fill our airways with ads to get them elected. Speak for a budget that puts people's needs first, turns away from war as foreign policy, and makes better investments in our future.

Both ballot questions are nonbinding and are part of a long process beginning at the state level to make the government more fully democratic and an instrument of the people. Monteruvians can contribute to a democratic future by voting YES on ballot questions #4 and #5.

-Pat Salomon, Monterey

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## Support Charlie Flynn for School Committee

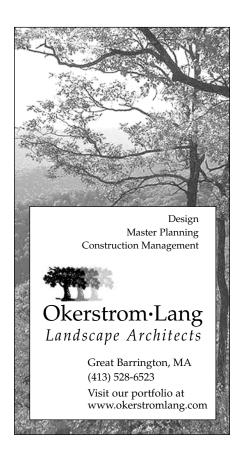
To the Editor:

In the upcoming school committee election which occurs during the Presidential election, we will be voting for all the representatives on the committee, including those from other towns.

I would like to remind voters that when the current superintendent put forward the plan to close all the outlying schools there was only one member who initially spoke against the plan and helped to allow the people of the district time to discuss and influence the final vote on the proposal, which would have dramatically altered the composition of the physical plant of the Southern Berkshire Regional School District.

That representative was from Egremont, but he spoke up and supported both the Monterey School and the New Marlborough School as well as the Egremont School. I will be giving Charlie Flynn from Egremont the credit he is due by voting for him this coming election.

—Mark Makuc, Monterey



# Mark Firth Opens Bell & Anchor in Great Barrington

Before moving to Monterey with his wife, Bettina Schwartz, Mark Firth was a Brooklyn restaurant pioneer with Diner and Marlowe & Sons. Now he is bringing the same standards of delicious food to his new restaurant, Bell & Anchor, at 178 Main Street in Great Barrington, where his plan is to "keep the menu simple and cook whatever we like." The emphasis will be on locally grown food, including produce, eggs, honey, maple syrup, pigs, ducks, and guinea hens from Mark and Bettina's Monterey farm.

In case you're curious about the name, "Bell and Anchor" was Mark's favorite pub in Cape Town, South Africa, where he grew up.

#### **Contributors**

Thanks to the following folks for their recent contributions:

Jane Walsh & Kraig Petersen
Bette MacDonald
Richard & Louise Skolnik
Nancy Torrico
Rebecca Phelps
Mitchie Takeuchi & Susan Strickler
William & Joyce Pasco
Michael Solomon

## Stress Solutions at Nov. 14 Community Potluck

At the first-of-the-season Monterey Community Potluck in October, we had a marvelous and informative talk on honeybees by Alex Tinari. Many thanks to her for an enjoyable evening.

For the November 14th Potluck (remember it's EARLY this month!), we have Eileen Lawlor presenting "Stress Solutions for Busy People." Eileen, who is a clinical social worker and a Monterey resident, will share the "skinny" on how best to maintain health and balance in days often filled with too many demands and to-dos. Eileen has been a life-management therapist at Canyon Ranch for the past sixteen years, and in that time she has developed a set of tools, techniques, and strategies that are simple to learn and easy to apply to real life.

This presentation promises to be engaging and lots of fun. Please come with questions you may have about stress management and the relaxation response.

The next Monterey Community Potluck Dinner will be held in the Fellowship Hall of the Monterey Meetinghouse at 6 pm on Wednesday, November 14. Please come with a dish to share with a serving utensil, and a place setting and silverware for yourself. Everyone is welcome.

—Barbara Dahlman & Kyle Pierce



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#### Calendar

**Every Monday except holidays**: Select Board meeting, Town Hall, 9 am.

**Every Tuesday**: Zumba Class, 5:30–6:30 pm, Monterey Firehouse. \$10/class.

#### Sunday, November 4:

Daylight Savings Time ends, Standard Time resumes (set your clocks back one hour). Transfer station goes on winter hours (Wednesdays & Saturdays 8 am–1 pm, Sundays 10 am – 4:30 pm).

Sandisfield Historical Society Wine and Cheese Party, 2 to 4 pm, Route 183, South Sandisfield. Information: 258-4786 or email freedmj1@aol.com.

**Tuesday, November 6**: Election Day. Polls open at Monterey Firehouse from 7 am to 8 pm.

Tuesdays, November 6, 13, 20, 27, December 4: Chair Yoga class with Connie Wilson, 10:30 am, Town Hall meeting room. Free to Monterey residents, \$7 nonresidents. See p. 4.

Thursday, November 8: Free Blood Pressure Clinic with Berkshire Visiting Nurse Assoc., Town Hall Meeting Room, 2–3 pm. Also from 2–3 pm, a SHINE counselor will be available to offer free, accurate, and unbiased information and counseling on senior health insurance options. See p. 8.

Saturday, November 10: Opening reception of Ian, Bruce, and Wyessa McAlister's exhibit of photographs from Africa, 7–9 pm, Knox Gallery, Monterey Library. See p. 5.

Monday, November 12: Veterans Day observed; Town Offices, Library closed. Wednesday, November 14: Community

#### **Monterey News**

The Monterey News is an independent nonprofit corporation dedicated to fostering communication in the Monterey community. Our editorial address is PO Box 9, Monterey, MA, 01245. We invite signed letters, articles, drawings, poetry, and photographs. Submissions may also sent to the email address below. Address requests for advertising rates and further information to the Editor, or telephone us at 413-528-4347 or email montereynews 9@gmail.com.

Potluck Dinner, 6 pm, Monterey Meetinghouse Fellowship Hall. Program by Eileen Lawlor on Stress Solutions. Everyone welcome. See p. 22.

Wednesday, November 21: Submission forms deadline for Knox Gallery December group exhibit. See p. 13.

**Thursday, November 22**: Thanksgiving; Town Offices, Library closed.

#### Saturday November 24:

Volunteers need to help set up Monterey ice-skating rink, 10 am-noon, Firehouse Pavilion. See p. 7.

Mark Murray reads from his new novel, *Of Nod*, 7 p.m., Monterey Library.

**Friday, November 30**: Opening reception for group exhibition *Mirrors of Winter: Light and Reflection to Brighten Winter Days*, 6–8 pm, Knox Gallery at Monterey Library. See p. 13.

Saturday, December 1: Monterey Makers Studio Tour 10 am-4 pm, various Monterey locations. Maps available at www.montereymacc.org or Library.

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## The Observer September 26 – October 25

High temp. (10/5)	72°
Low temp. (10/13)	24°
Avg. high temp	59.2°
Avg. low temp	42.2°
Avg. temp	50.7°
Total rainfall	5.24 in.
Rainfall occurred on 19 days.	

#### **Hunting Season**

Archery deer season opened on October 15 and will run through November 24. Shotgun deer season opens Monday, November 26, and runs through December 8. Primitive firearm deer season runs from December 10 through December 31.

For those interested in other game, black bear season is from November 5 through November 24 and coyote season is from October 13–March 8, 2013.

Hunting hours are from one-half hour before sunrise to one-half hour after sunset. Per a Monterey bylaw, all hunters must have written permission from landowners to hunt on their land. And, according to Massachusetts law (MGL Ch. 21 § 17C), "Any landowner permitting use of his or her property for recreation without charging a fee is not liable for injuries to recreational users of the property except in cases of willful, wanton or reckless conduct by the owner."

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Contributions from local artists this month: Pat Arnow, 10, 20; Maureen Banner, 6, George Emmons, 16; Bonner McAllester, 14

